## Bytown Walkers Club de marche

Saturday, May 13, 2023 Carleton University Canal Building, Room 2104

## **<u>Course Measurement Workshop</u>**

"Our doubts are traitors, and make us lose the good we oft might win, by fearing to attempt"

0900 – 0945 "Bytown, meet Jones"

- counters and bikes

- let's check your homework

- the process in a nutshell (many more details this afternoon)

- the Counter Grand Prix (some people will make a competition out of anything!)

1000 – 1100 Let's calibrate! (Experimental Farm)

1115 – 1230 Measuring a "Marathon Course" (Experimental Farm) (after Ottawa's successful bid for the 2040 Olympic Games)

- if possible, measurement teams of three, with at least two bikes per team

- keep good field notes: you will need them

"He was ever precise....and follows close the rigour of the statute"

## **Lunch Break**

1330 – 1345 So far, so good? Review and questions

1345 – 1430 The Big Picture – The Calibrated Bicycle Method from A to Z "Let me hear you speak farther. I have spirit to do anything"

- Background (you knew there would be stories, right?)
- World Athletics (WA) and AIMS
- Athletics Canada
- 1445 1600 Getting Real (Experimental Farm)

## - if time and conditions permit, teams install a calibration course for future use "We have strict statutes and most biting laws"

1615 – 1700 More review and questions (not a "wrap-up" as such: you have paperwork to do at home – and the sooner the better!)

The William Shakespeare quotations come from his play "Measure for Measure", of course!