



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____

Certificate number _____ Distance _____ Race date _____

City _____ Province _____

Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____

Elevation change (m/km) _____ Percent separation _____

Measurer Information

Measurer name _____

Measurement date _____ Expiry date _____

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course which results in a course that is less than the stated distance, this certification becomes void, and the course must then be re-certified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

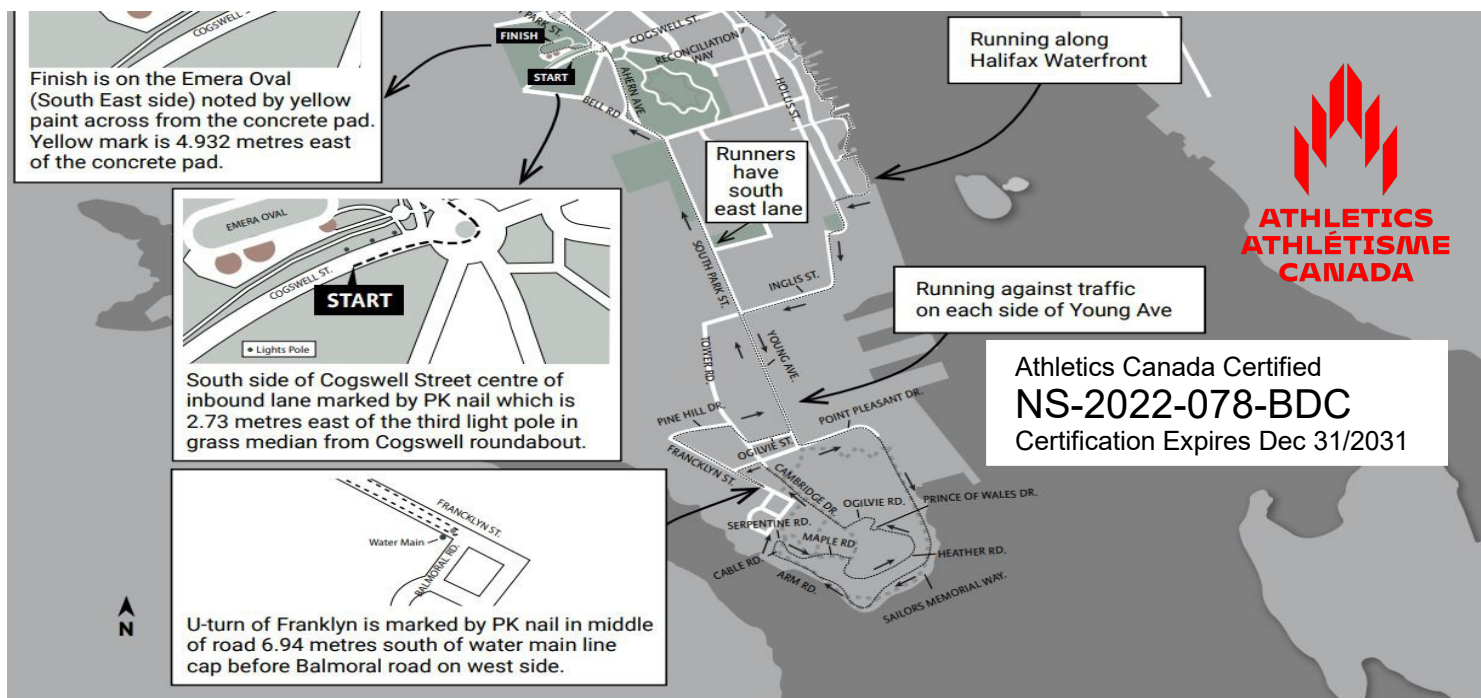
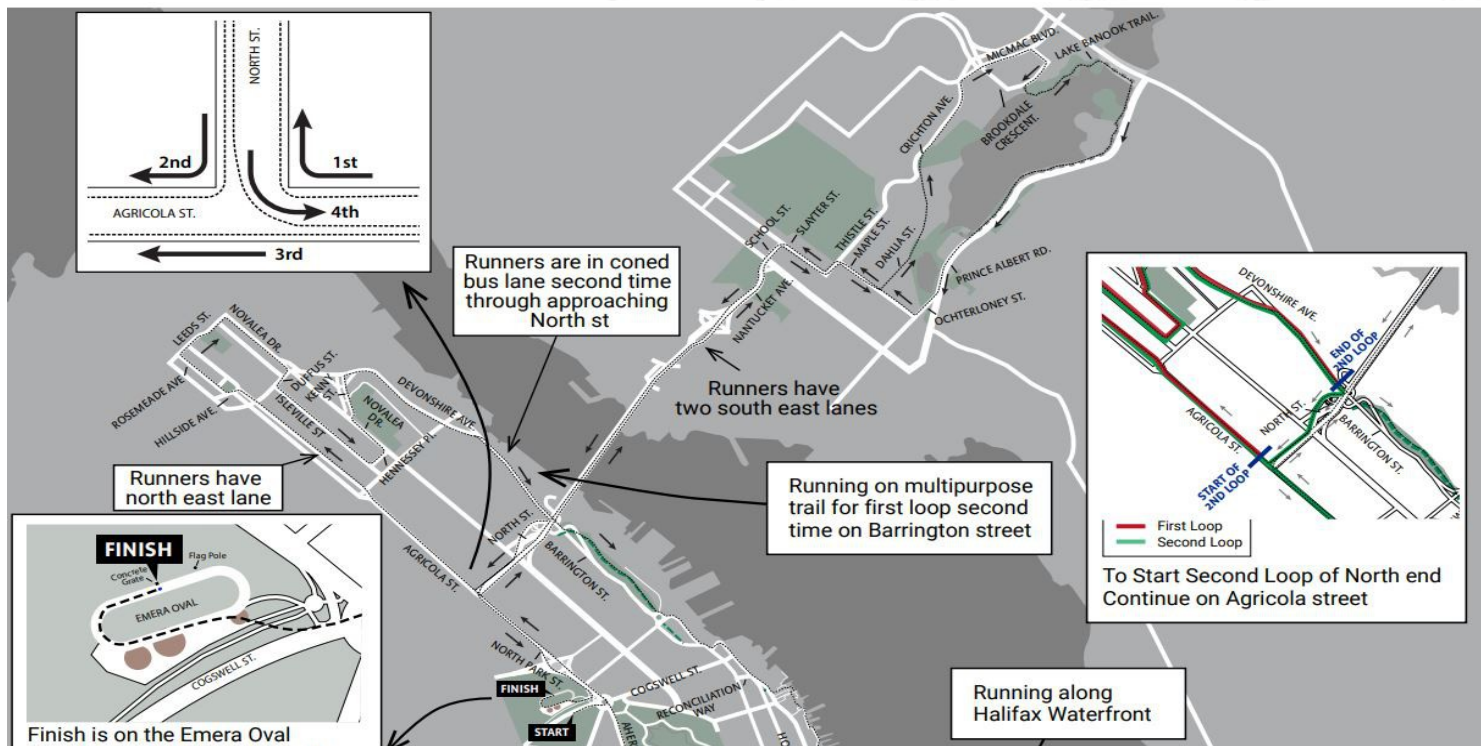
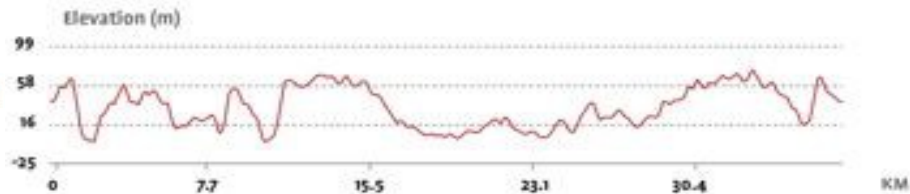
Signature of certifier

Date

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca



Blue Nose Full Marathon Halifax, Nova Scotia



The route begins on Cogswell Street heading North end via the Commons. It then makes its way to Dartmouth via the A. Macdonald Bridge. The route then does a loop through a residential area coming around Lake Banook up Maple Street and then making its way back to Halifax via the A. Macdonald bridge. The route then proceeds to the North end completing a small loop around the Hydrostone neighborhood before heading south via the multipurpose trail along Barrington Street then to the Halifax Waterfront then to the south end of Halifax. Here, runners continue to Point Pleasant Park where they complete a loop of the park perimeter before exiting to a south end residential area. They return to Ahern Ave and head north to North Park/ Agricola where they will commence their second loop of the North end/ peninsula.

After completing their second loop of the North end they proceed to the finish line on the Emera Oval at Cogswell Street.

The course has a mixture of elevations and descents; it is relatively flat for the first 1km, there is a gradual uphill grade for a few kms as they cross the Macdonald Bridge and go up Nantucket, followed by a relatively flat section with a few gradual uphills. Once they return to Halifax there is a gradual increase in grade as they head to the North end followed by a decent as they make their way onto Barrington Street. The route then proceeds along the Halifax Waterfront which is relatively flat until they come to Inglis Street where this is gradual uphill. In the Park, the route has a winding uphill grade inside Point Pleasant Park, then to the North end again, finishingat the Emera Oval.