



# ATHLETICS CANADA

## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course Winnipeg 10 & 10 | 10 Mile

Certificate number MB-2026-022-PTBA Distance 16.09344 km (10 miles) Race date 2026-09-13

City Winnipeg Province Manitoba

Race contact name Rachel Munday Race contact email rachel@manitobamarathon.mb.ca

### Course Information

Start elevation 238 m Finish elevation 235 m

Elevation change -0.2 m/km Percent separation 2.1%

### Measurer Information

Measurer name Chris Walton and Laurent Lacroix

Measurement date 2026-07-19 Expiry date 2035-12-31

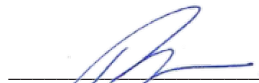
## Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

### Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

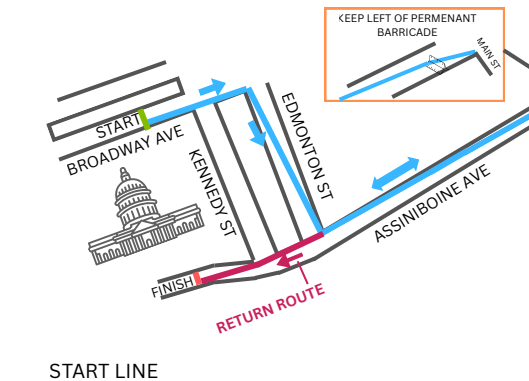
### As Nationally Certified by

 Paul T.B. Adams 2026-08-15

Signature of certifier Date

Any inquiries regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)





MAIN ST - CONED FROM ASSINIBOINE TO LYNDALE:

ASSINIBOINE TO MAYFAIR: RUNNERS HAVE SB CURB LANE AND INSIDE LANE. KEEP LEFT OF LIGHTS AT MAYFAIR

STRADBROOK TO LYNDALE: RUNNERS HAVE SB CURB LANE

## WINNIPEG 10 & 10:10 MI COURSE MEASUREMENT MAP

Measured by Chris Walton & Laurent Lacroix, July 19, 2026

FULL USE OF ROAD UNLESS OTHERWISE INDICATED

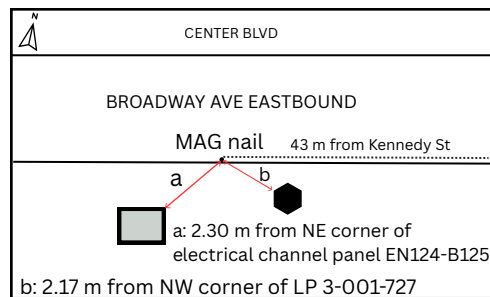
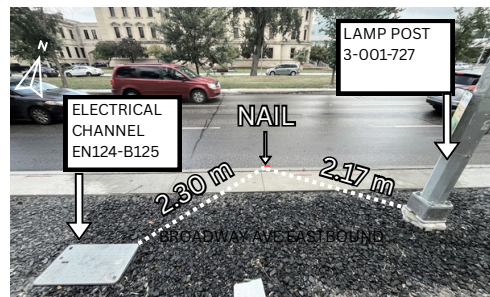
Athletics Canada Certified

**MB-2026-022-PTBA**

Certification Expires 2035-12-31



### START LINE



### COURSE DESCRIPTION

#### OUT-AND-BACK COURSE

START ON BROADWAY AVE EASTBOUND  
TURN RIGHT ON EDMONTON ST (SOUTH)  
TURN LEFT ON ASSINIBOINE AVE (EAST)  
TURN RIGHT ON MAIN ST (SOUTH)  
TURN RIGHT ON LYNDALE DR (SOUTH)  
TURN RIGHT ON ST. MARY'S RD (SOUTH)  
TURN RIGHT ON ROSEWARNE AVE (WEST)  
ROSEWARNE BECOMES KINGSTON ROW  
TURN LEFT AT KINGSTON PARK (SOUTH)  
TURN LEFT ON KINGSTON CRESCENT (EAST)  
TURN RIGHT ON DUNKIRK PL (SOUTH)  
TURN LEFT ON OAKCREST PL (EAST)  
TURN LEFT ON NORFOLK AVE (NORTH)  
TURN RIGHT ON KINGSTON ROW (EAST)  
KINGSTON ROW BECOMES ROSEWARNE  
TURN LEFT ON ST. MARY'S RD (NORTH)  
TURN LEFT ON LYNDALE DR (WEST)  
TURN LEFT ON MAIN ST (NORTH)  
TURN LEFT ON ASSINIBOINE AVE (WEST)  
CONTINUE ON ASSINIBOINE TO FINISH LINE AT THE MANITOBA LEGISLATIVE BUILDING

### FINISH LINE

