



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____

Certificate number _____ Distance _____ Race date _____

City _____ Province _____

Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____

Elevation change (m/km) _____ Percent separation _____

Measurer Information

Measurer name _____

Measurement date _____ Expiry date _____

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course which results in a course that is less than the stated distance, this certification becomes void, and the course must then be re-certified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

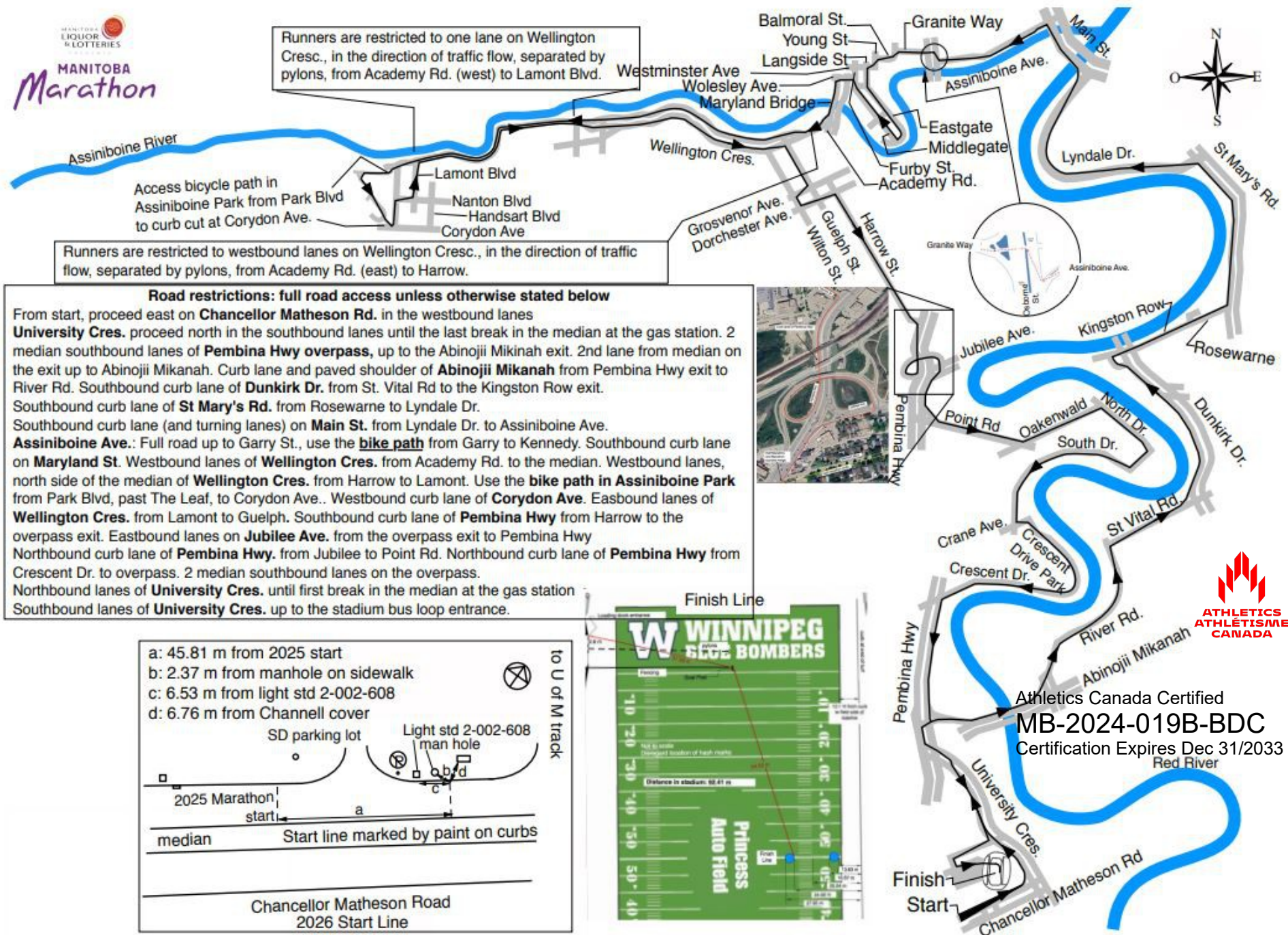
As Nationally Certified by

Signature of certifier

Date

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca





Runners are restricted to one lane on Wellington Cres., in the direction of traffic flow, separated by pylons, from Academy Rd. (west) to Lamont Blvd.

Access bicycle path in Assiniboine Park from Park Blvd to curb cut at Corydon Ave.

Runners are restricted to westbound lanes on Wellington Cres., in the direction of traffic flow, separated by pylons, from Academy Rd. (east) to Harrow.

Road restrictions: full road access unless otherwise stated below

From start, proceed east on **Chancellor Matheson Rd.** in the westbound lanes

University Cres. proceed north in the southbound lanes until the last break in the median at the gas station. 2 median southbound lanes of **Pembina Hwy** overpass, up to the Abinojii Mikanah exit. 2nd lane from median on the exit up to Abinojii Mikanah. Curb lane and paved shoulder of **Abinojii Mikanah** from Pembina Hwy exit to River Rd. Southbound curb lane of **Dunkirk Dr.** from St. Vital Rd to the Kingston Row exit. Southbound curb lane of **St Mary's Rd.** from Rosewarne to Lyndale Dr.

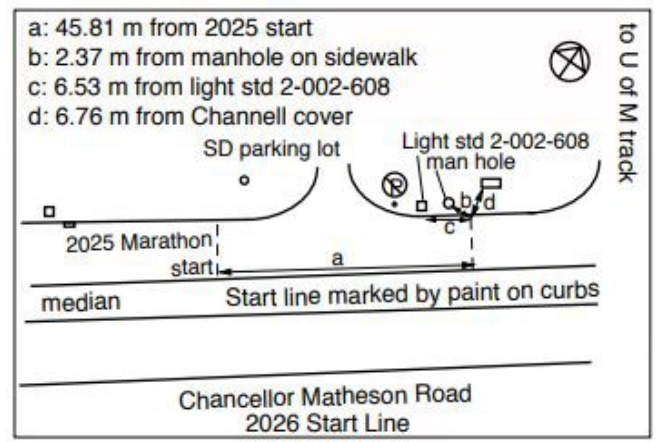
Southbound curb lane (and turning lanes) on **Main St.** from Lyndale Dr. to Assiniboine Ave.

Assiniboine Ave.: Full road up to Garry St., use the **bike path** from Garry to Kennedy. Southbound curb lane on **Maryland St.** Westbound lanes of **Wellington Cres.** from Academy Rd. to the median. Westbound lanes, north side of the median of **Wellington Cres.** from Harrow to Lamont. Use the **bike path in Assiniboine Park** from Park Blvd, past The Leaf, to Corydon Ave.. Westbound curb lane of **Corydon Ave.** Eastbound lanes of **Wellington Cres.** from Lamont to Guelph. Southbound curb lane of **Pembina Hwy** from Harrow to the overpass exit. Eastbound lanes on **Jubilee Ave.** from the overpass exit to Pembina Hwy

Northbound curb lane of **Pembina Hwy.** from Jubilee to Point Rd. Northbound curb lane of **Pembina Hwy** from Crescent Dr. to overpass. 2 median southbound lanes on the overpass.

Northbound lanes of **University Cres.** until first break in the median at the gas station

Southbound lanes of **University Cres.** up to the stadium bus loop entrance.



ATHLETICS ATHLETISME CANADA

Athletics Canada Certified
MB-2024-019B-BDC
Certification Expires Dec 31/2033
Red River