



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course Fall Colours 5 km

Certificate number ON-2025-037-LJJL Distance 5 km Race date Oct. 11, 2026

City Cumberland Province Ontario

Race contact name Adam Kourakis Race contact email adam@somersault.ca

Course Information

Start elevation 64 m Finish elevation 64 m

Elevation change 0 m/km Percent separation 0.5%

Measurer Information

Measurer name Dave Yaeger, dave.yaeger1@gmail.com; Adam Kourakis

Measurement date October 21, 2025 Expiry date December 31, 2034


Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

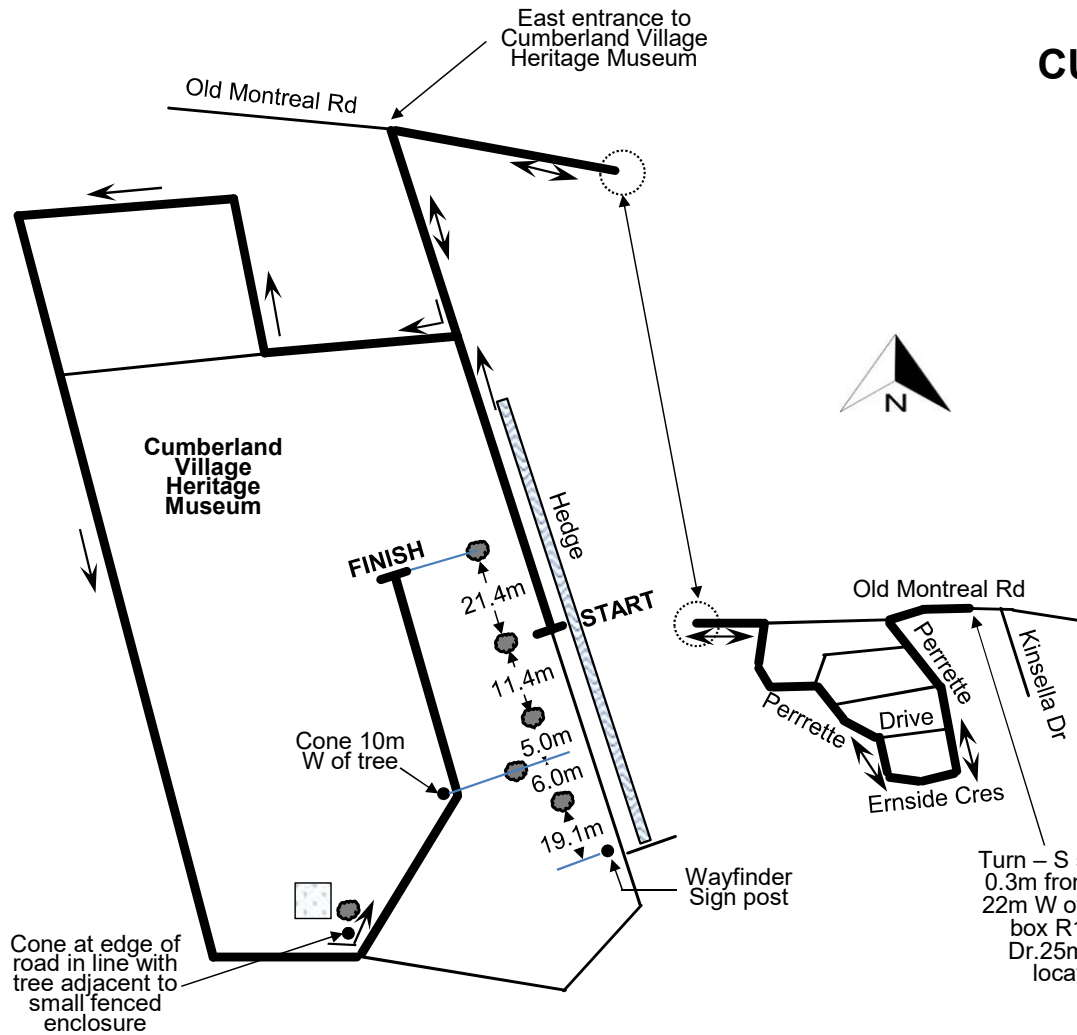
Signature of certifier  December 14, 2025

Date

Any inquiries regarding this certificate should be directed to coursemeasurement@athletics.ca



FALL COLOURS 5 KM CUMBERLAND, ONTARIO 2026



Road Constraints

Full width of the hard pack roadway within the Cumberland Village Heritage Museum.

Out and back use the same side of the road.

Old Montreal Rd – half the road on the south side.

Pierrette Dr, Ernside Cres, and Pierrette Dr – half the road on the outside of the “semicircle”.

Turn – S side. Nail and washer
0.3m from edge of pavement.
22m W of pae green electrical
box R1190 W of Kinsella
Dr.25m E of satellite dish
located in front yard.



Athletics Canada Certified

ON-2025-037-LJJL

Certification Expires Dec 31, 2034

Dave Yaeger
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November 2025