



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____

Certificate number _____ Distance _____ Race date _____

City _____ Province _____

Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____

Elevation change _____ Percent separation _____

Measurer Information

Measurer name _____

Measurement date _____ Expiry date _____

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Paul T.B. Adams

Signature of certifier

Date

Any inquiries regarding this certificate should be directed to coursemeasurement@athletics.ca

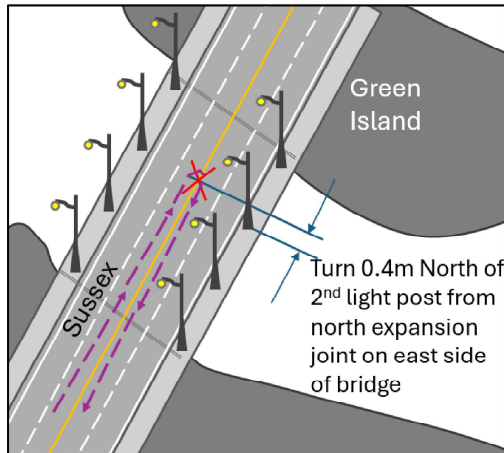


2025 CAR 5K

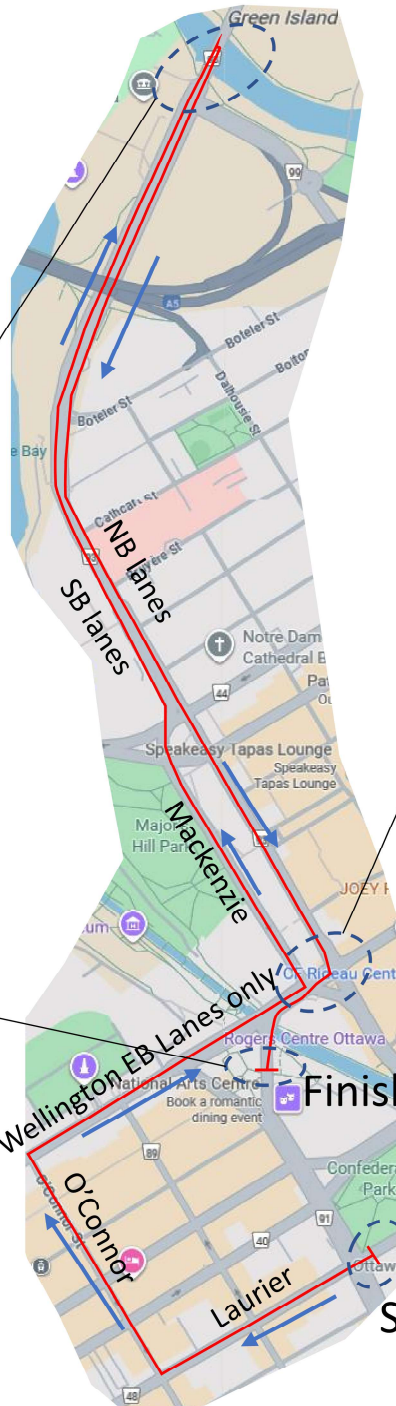
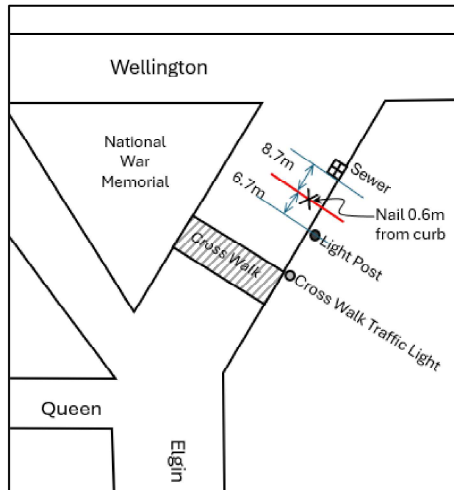
Notes:

- Runners have entire road surface unless noted

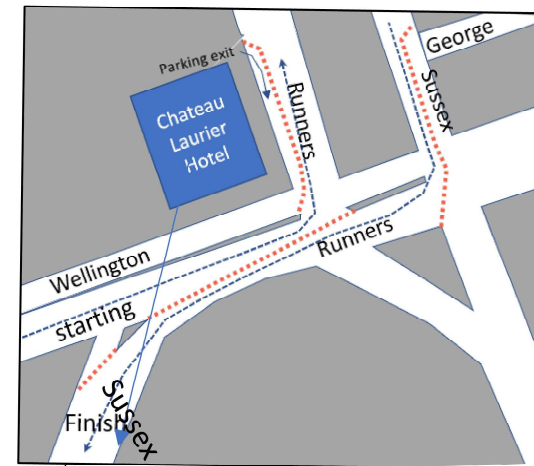
Turn Detail



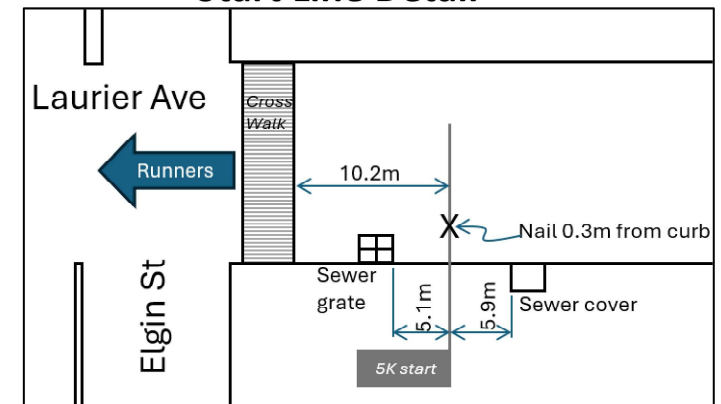
Finish Line Detail



Rideau/Sussex detail



Start Line Detail



Athletics Canada Certified
ON-2022-045a-PTBA
Certification Expires 2031-12-31



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|----------------|
| John Halvorsen |
| 613-447-9106 |
| Sept 1, 2025 |

