

ATHLETICS CANADA ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course Mundy Pond 5k			
Certificate number NL-2025-014-LJJL	Distance 5 km	Race date May 10, 2026	
City St. John's	Province Newfoundland	1	
Race contact name Selina Asgar	Race contact email sasga	ar@gmail.com	
Course Information			
Start elevation 95 m	Finish elevation 95 m		
Elevation change 0 m/km	Percent separation 1.6%		
Measurer Information			
Measurer name Stephen Delaney, wewillremain@gma	ail.com		
Measurement date June 2, 2025	Expiry date December 3	Expiry date December 31, 2034	
	Official Notice		
Based on examination of data provided by the above named accurate in measurement according to the standards adopted becomes void, and the course must then be recertified.		•	
	Validation of Course		
In the event a National Open Record is set on this course, or at a qualified measurer. If such a remeasurement shows the course			
As Nationally Certified by	Λ		
Signature of certifier	aloy	June 4, 2025	
Signature of certifier		Date	
Any insuluse removaling this contificate charled by directed	to company and Oathlatics on		

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca



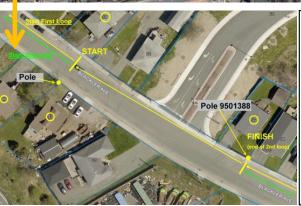


Roads are closed in the direction of runners, and Pearce Avenue is closed in both directions.

Runners to keep to the right of the centre line of roads, except on Pearce Avenue where full width of the road can be used.

Stay to the right of coned sections of the road: Blackler from 78 to 98, Blackmarsh from 122 to 158.

Complete 2 loops of the course.



- Start In front of 68 Blackler Avenue, in line with an unnumbered Pole across the street located on the boundary between 43 and 47 Blackler Avenue.
- 1k The mark is across from a point 11' east of Pole SLA-11-F1 which is located just west of the west entrance to 50 Mundy Pond Road.
- 2k In front of 122 Blackmarsh Road, 12' 4" west of Pole 9722307.
- 3k Across from 148 Mundy Pond Road at a point 36' 6" from the near edge of the storm sewer to the east.
- 4k Pole 9501545 in front of 25 Pearce Avenue.
- Finish Pole 9501388 on the boundary between 54 and 56 Blackler Avenue.