



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____

Certificate number _____ Distance _____ Race date _____

City _____ Province _____

Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____

Elevation change _____ Percent separation _____

Measurer Information

Measurer name _____

Measurement date _____ Expiry date _____

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

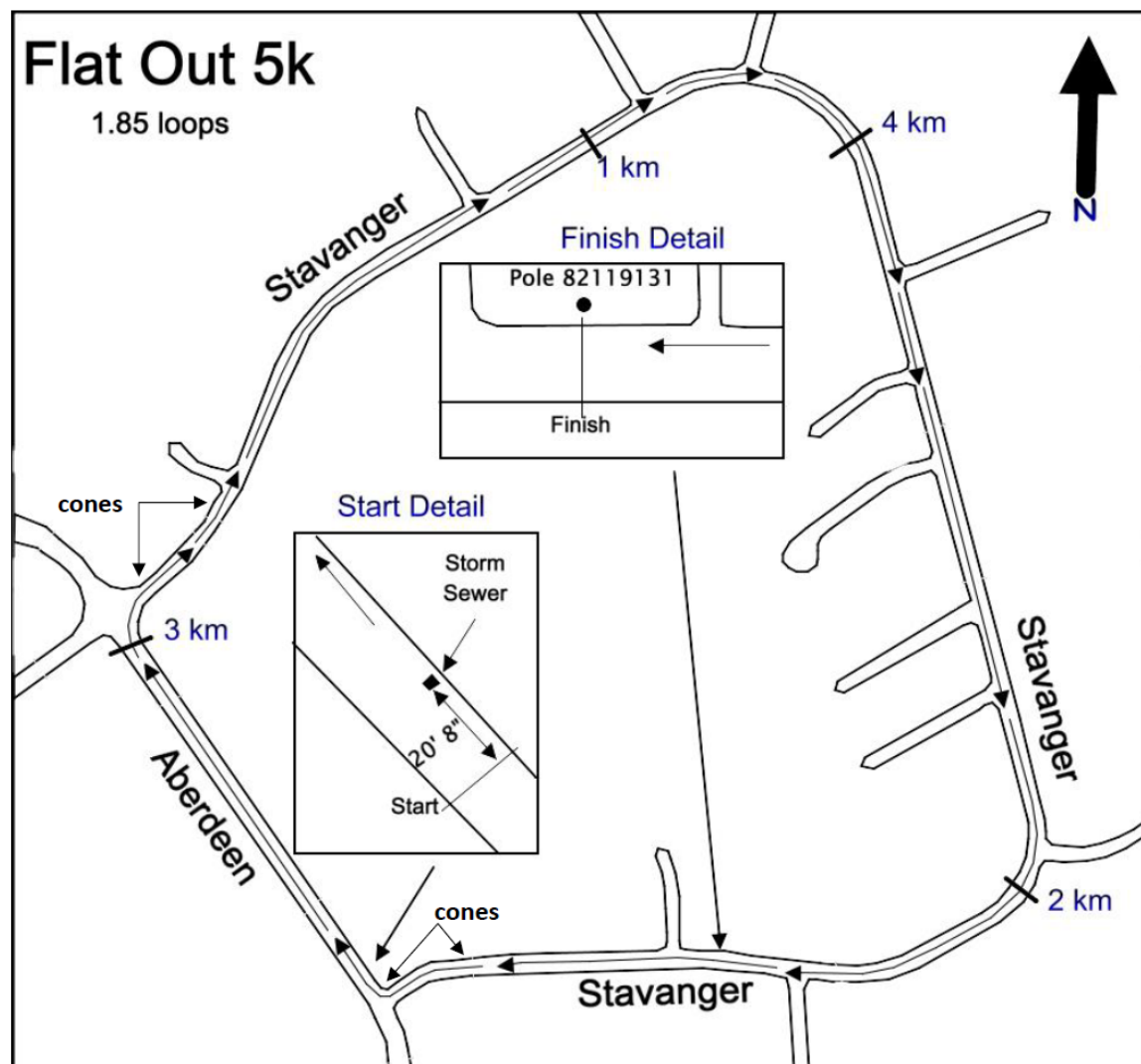
Paul T.B. Adams

Signature of certifier

Date

Any inquiries regarding this certificate should be directed to coursemeasurement@athletics.ca





Roads are closed in the direction of runners, but only the curb lane of Aberdeen is closed to vehicles, using a line of cones to mark the closure.

Runners to keep to the right of the centre line of all roads, except that they must keep to the right of the cones on Aberdeen.

There is a line of cones on Stavanger along the right turn lane line, just before the intersection with Aberdeen, near the start. Runners to keep to the right of these cones.

There is a line of cones on Stavanger, along the centre line, just after the turn from Aberdeen. Runners to keep to the right of these cones.

Complete 2 loops of the course, with the finish just a little before the start line.

Start	20' 8" South of Storm Sewer Grate in front of former Princess Auto, Aberdeen Drive, near the intersection with Stavanger.
1 km	112' 4" east of storm sewer on the west of the entrance to Tansley Street.
2 km	47' 0" East of Hydrant to the East of #352 Stavanger.
3 km	31' 7" South of Hydrant near Pier 1, near the Aberdeen/Stavanger intersection..
4 km	45' 8" South of Storm Sewer Grate across from #259 Stavanger
5 km	Pole #82119131 in front of Marie's convenience store, Stavanger Drive