



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course Lindenwoods Fall Classic

Certificate number MB-2025-021-LJJL Distance 10 km Race date October 5, 2025

City Winnipeg Province Manitoba

Race contact name Rochelle Reynolds Race contact email lwfc@outlook.com

Course Information

Start elevation 234 m Finish elevation 234 m

Elevation change 0 m/km Percent separation 1.4%

Measurer Information

Measurer name Murray Rose, mvrose@shaw.ca

Measurement date June 14, 2025 Expiry date December 31, 2034


Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Signature of certifier  June 19, 2025

Date

Any inquiries regarding this certificate should be directed to coursemeasurement@athletics.ca





10 Km = 2 Laps

A to B: Runners use lane bounded by left curb and cones located 2 meters from left curb.

Course:

Start NW on Lindenwoods to Lindenshore (B)
Left at Lindenshore and left at first intersection (Still Lindenshore)

Move to path and head east to first trail intersection and turn right (South)

Turn left at sidewalk (East)

Turn left at path (North)

Follow path to school parking lot and proceed

straight through to Princemere

Princemere to Lindenwoods and turn left.

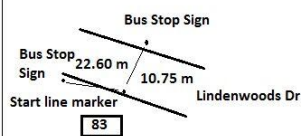
Repeat lap to school parking lot.

Veer to right at west end of parking lot to finish line

Km Splits:

- 1 Km: At 317 Lindenwoods address sign
- 2 Km: 13 m S of tall green electrical box at park
- 3 Km: 120 m S of trail intersection
- 4 Km: 21 m E of trail spur at 171 Shoreline
- 5 Km: 4 m W of east edge of concrete island
- 6 Km: At 307 Lindenwoods address sign
- 7 Km: 22 m N tall green electrical box at park
- 8 Km: 155 m south of trail intersection
- 9 Km: 14 m S of trail spur at 171 Shoreline

Start:



Finish:

Runners enter parking lot staying left of finish on 1st lap and veering right to finish line on 2nd lap

