



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course Twosome Relay 5 km

Certificate number MB-2025-008-LJJL Distance 5 km Race date June 1, 2025

City Winnipeg Province Manitoba

Race contact name Christa Rusk Race contact email Run4YourCause@gmail.com

Course Information

Start elevation 235 m Finish elevation 235 m

Elevation change 0 m/km Percent separation 0

Measurer Information

Measurer name Murray Rose

Measurement date May 11, 2025 Expiry date December 31, 2034


Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Signature of certifier  May 16, 2025

Date

Any inquiries regarding this certificate should be directed to coursemeasurement@athletics.ca



Twosome Relay 5 Km

Winnipeg, Mb



Course Route:

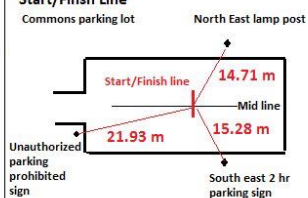
Start west bound in parking lot
Turn left at parking lot exit (South)
Turn left onto bike path (East)
Turn left staying on path at first intersection (North)
Turn left staying on path at Roblin intersection (West)
Turn left onto Chalfont Rd (South)
Turn left onto sidewalk at Grant Ave (East)
Merge onto bike path at trail intersection (East)
Turn left at parking lot exit and veer right to finish (East)

Km Splits:

Start/Finish: On midline of parking lot. 21.93 m east of Unauthorized Parking Prohibited. 14.71 m SW of lamp post at NE corner of lot
1 Km: 40.5 m south of Tuxedo Golf club entrance
2 Km: At Assiniboine Park 500 m sign
3 Km: At north edge of house at 260 Chalfont
4 Km: 22 m west of "Hickling" bench

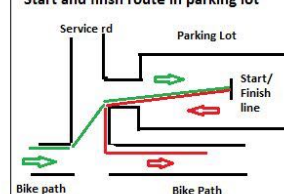
Start/Fin Line

Commons parking lot



Measurements are to mid-line of parking lot

Start and finish route in parking lot



Red line is start path
Green line is finish path



Athletics Canada Certified
MB-2025-008-LJJL
Certification Expires Dec 31 2033