

# INTERNATIONAL MEASUREMENT CERTIFICATE

Name of Race

Distance

Location

Country

Date of Race

Date of Measurement

Elevation Change

Separation

% of race distance

Name(s) of the measurer(s)

World Athletics – AIMS Grade

Country

Certificate Number

Expiry Date

International Measurement Administrator

Registered On

Signed

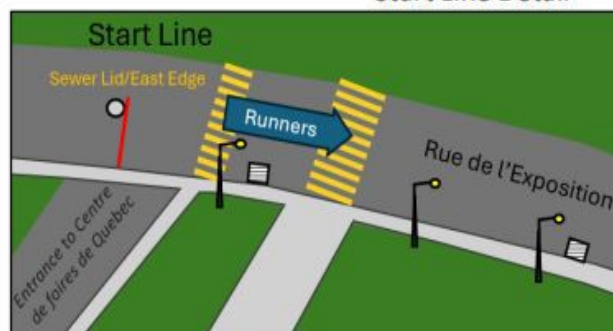


In cooperation with

This certificate certifies that the length of the above road race has been established by an accredited World Athletics – AIMS Grade A or B measurer employing the method of a bicycle calibrated with a "Jones Counter". It remains valid for 5 years subject to the course defined in the full measurement report submitted by the measurer being unchanged in any way. Any modifications to the course, however minimal, will nullify this Certificate and require a new measurement to be undertaken. Possession of this certificate does not indicate any sanction of the race by World Athletics or membership of AIMS.

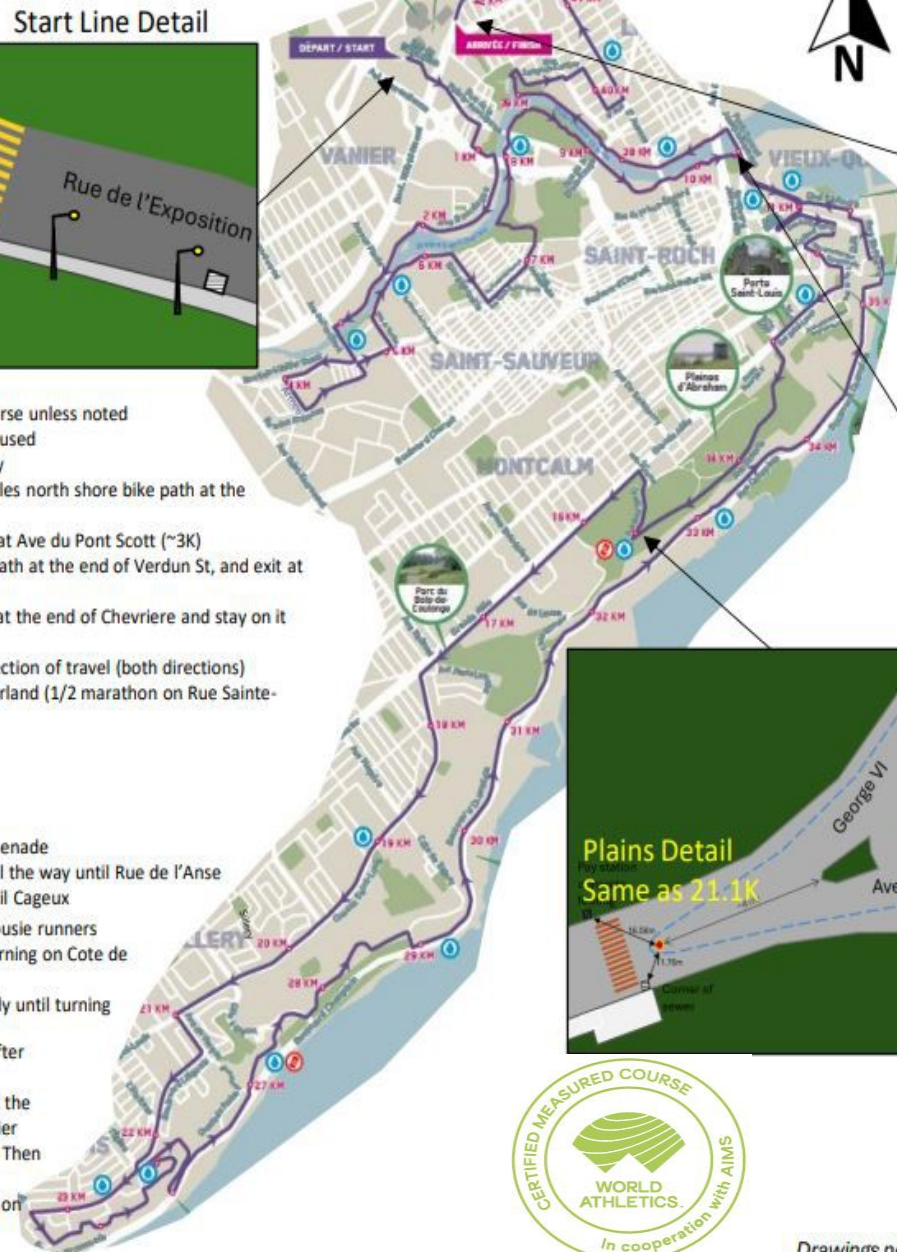
# JE Cours QC – 42.2K 2025

Start Line Detail

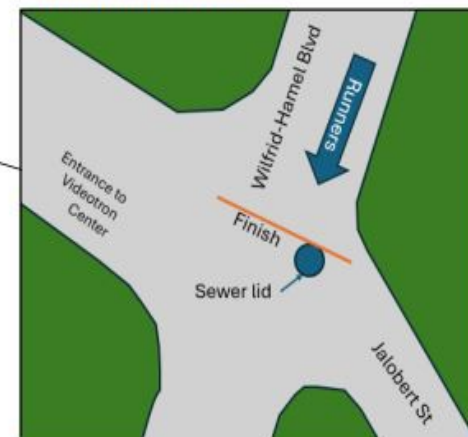


## Notes:

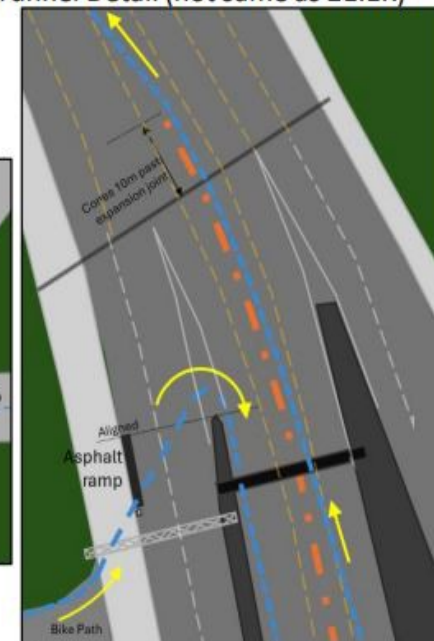
- Runners have full access to road surface giving shortest course unless noted
- Runners always have access to all of the Bike Path surfaces used
- On Rue de la Pointe-aux-Lievres runners are in SB lanes only
- Runners leave Rue Bourdages and go on Rivières Saint-Charles north shore bike path at the Passerelle des Trois-Sœurs (~2km)
- Runners leave Rivières Saint-Charles north shore bike path at Ave du Pont Scott (~3K)
- Runners enter the Rivières Saint-Charles south shore bike path at the end of Verdun St, and exit at Bigaouette.
- Runners enter Rivières Saint-Charles south shore bike path at the end of Chevière and stay on it until Blv Jean-Lesage and the Joseph Samson Tunnel
- In tunnel runners have one and a half lane in the normal direction of travel (both directions)
- From Rue des Remparts, the marathon turns right on Rue Ferland (1/2 marathon on Rue Sainte-Famille )
- On Grande Allée runners have NB (left side) lanes only
- On Chem Saint-Louis runners have SB (right side)lanes only
- On Av du Verger runners have NB lanes (left side) only
- On Blv Liegeois runners have SB lanes (right side) only
- Runners enter CN rail bike path at Rt. L'Eglise until Rue Promenade
- On Rue Promenade runners have SB lanes only (right side) all the way until Rue de l'Anse
- Runners again join CN rail path at l'Eglise now going east until Cageux
- On Blv d'Champlain, rue du March-Champlain and Rue Dalhousie runners only have single left lane (SB curb lane) in all sections until turning on Cote de la Montagne then right on Rue Saint-Pierre
- On Corridor du Littoral runners have WB lanes (right side) only until turning right on Cote Dinan and into the Joseph Samson Tunnel
- Runners go on Rivières Saint-Charles north shore bike path after Samson bridge
- Runners leave Rivières Saint-Charles north shore bike path at the Parc Cartier-Brebeuf and go to rue Cadillac, rue Jacques-Cartier
- Runners cross 1re Ave onto 10e Rue turning right on 2e Ave. Then left on 6e Rue and left again on 3e Ave going north
- At 18e Rue runners turn left , then right on 1re Ave, then left on Rue Boisclerc and then left on Wilfrid-Hamel to the finish



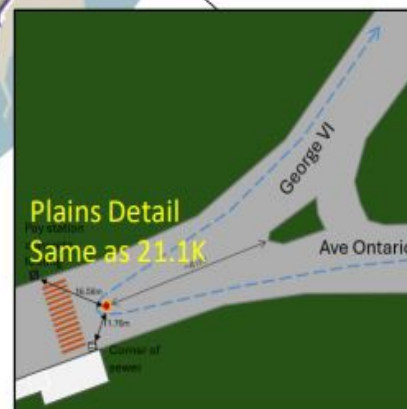
Finish Line Detail



Tunnel Detail (not same as 21.1K)



Plains Detail  
Same as 21.1K



Drawings not to scale

John Halvorsen  
613-447-9106  
jhrun01@gmail.com

Sept xx, 2025



WA & AIMS Certified  
**CAN-2025-135**  
Certification Expires Dec 31/2029