



# INTERNATIONAL MEASUREMENT CERTIFICATE

Name of Race  
**TC 10K**

Distance  
**10 km**

Location  
**Victoria, BC**

Country  
**Canada**

Date of Race  
**Apr 27/2025**

Date of Measurement  
**Jul 6/2024**

Elevation Change  
**-0.20 m/km**

Separation  
**2.99**  
% of race distance

Name(s) of the measurer(s)  
**Gary Duncan**

World Athletics – AIMS Grade  
**A**

Country  
**Canada**  
Certificate Number  
**CAN-2024-226**

Expiry Date  
**Dec 31/2029**

International Measurement Administrator  
**Bernard Conway**

Registered On  
**Apr 1/2025**

Signed

In cooperation with

This certificate certifies that the length of the above road race has been established by an accredited World Athletics – AIMS Grade A or B measurer employing the method of a bicycle calibrated with a “Jones Counter”. It remains valid for 5 years subject to the course defined in the full measurement report submitted by the measurer being unchanged in any way. Any modifications to the course, however minimal, will nullify this Certificate and require a new measurement to be undertaken. Possession of this certificate does not indicate any sanction of the race by World Athletics or membership of AIMS.





WA & AIMS Certified  
**CAN-2024-226**

Certification Expires Dec 31/2029

## FINISH

#470 Belleville St;  
aligned with lamp post  
in front of Steamship bldg;  
marked with nail & washer  
2.67m from N curb;

## START

Menzies St aligned with 2nd utility  
pole N of Superior St on W opposite  
#401 heritage garages; marked with  
nail & washer 1.5m from W curb;  
3.31m NNW to inside rim corner of large  
Shaw cover in W boulevard;  
4.74m S to water cover in W lane;

**TC10K 2025**  
**Victoria BC**

Measured: 2024 July 6

by Gary Duncan

Altitude: Start: 8m, High: 25m

Finish: 6m, Low: 3m

Separation: 299m

## TURNAROUND

#105 Cook St; ~10m N of Faithful St  
about where centre line starts splitting;  
marked with nail & washer on centre line;  
5.85m SW to water cover in W lane (~4.9m S);  
9.58m SSE to 30km/h sign on E (~5.1m S);  
8.72m to square box off E curb (~3.8m S);



**Route:** Starting just north of Superior by the legislature grounds, the course heads: south & east through James Bay on Menzies and Niagara; loops north around Beacon Hill Park along Douglas, Southgate, Heywood, & Park; south on Cook to a turnaround just before Faithful and back two blocks; east across Fairfield on May; south on Memorial to Ross Bay; westerly on Dallas; then north & east on the waterfront roads to a finish on Belleville in front of the Steamship building before Menzies.

**Restrictions:** Runners have use of the full width of all roads, except along Cook St where they are restricted right of centre.

The course is measured along the shortest possible path keeping at least 0.3m from curbs, etc. Cones or other restricting devices are required along the centre of Cook St and recommended on the curbs at inside corners where runners might shortcut across the sidewalks. Highlighting devices are suggested at islands, bump outs, bike lane barrier ends, and speed humps for safety.