



# ATHLETICS CANADA

## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course VFAC Summerfast 10km

Certificate number BC-2025-020-LJJL Distance 10 km Race date July 5, 2025

City Vancouver Province British Columbia

Race contact name Kyle Kimura Race contact email racedirector@vfac.ca

### Course Information

Start elevation 4 m Finish elevation 4 m

Elevation change 0 m/km Percent separation 0.9%

### Measurer Information

Measurer name Paul Adams, ptbadams@gmail.com

Measurement date June 11, 2025 Expiry date December 31, 2034

### Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

### Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

### As Nationally Certified by

Signature of certifier  June 16, 2025

Date

Any inquiries regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)

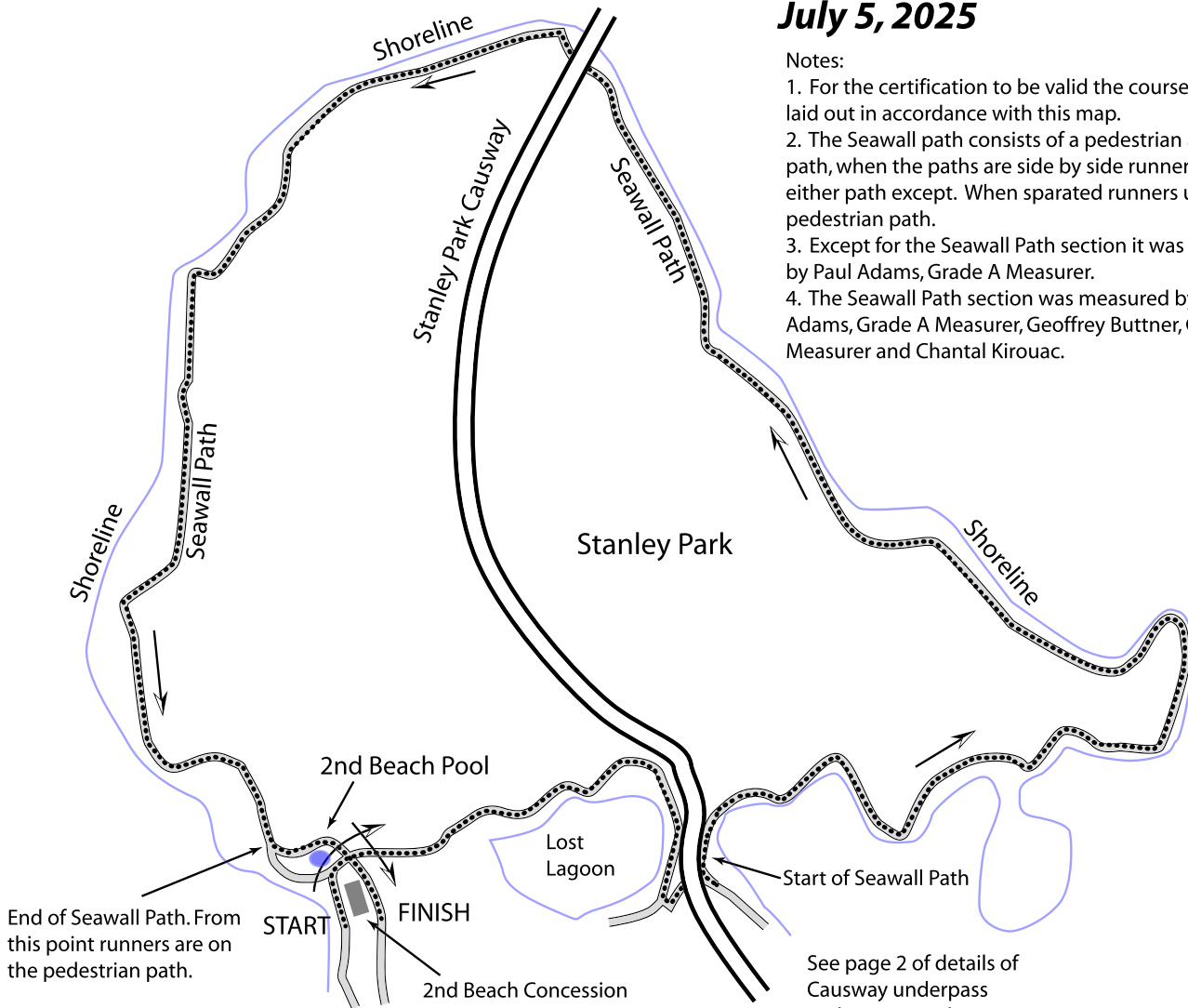


# VFAC Summerfast 10km Stanley Park, Vancouver July 5, 2025

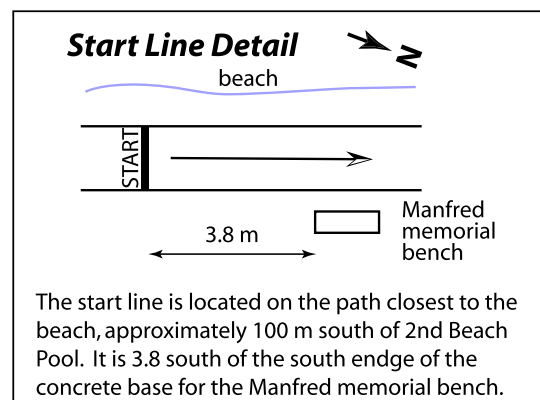
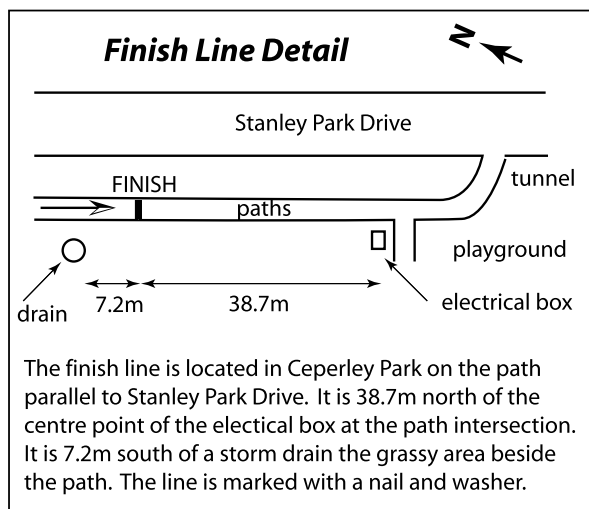


## Notes:

1. For the certification to be valid the course must be laid out in accordance with this map.
2. The Seawall path consists of a pedestrian and bicycle path, when the paths are side by side runners can use either path except. When separated runners use the pedestrian path.
3. Except for the Seawall Path section it was measured by Paul Adams, Grade A Measurer.
4. The Seawall Path section was measured by Paul Adams, Grade A Measurer, Geoffrey Buttner, Grade B Measurer and Chantal Kirouac.



See page 2 of details of Causway underpass and turnaround.

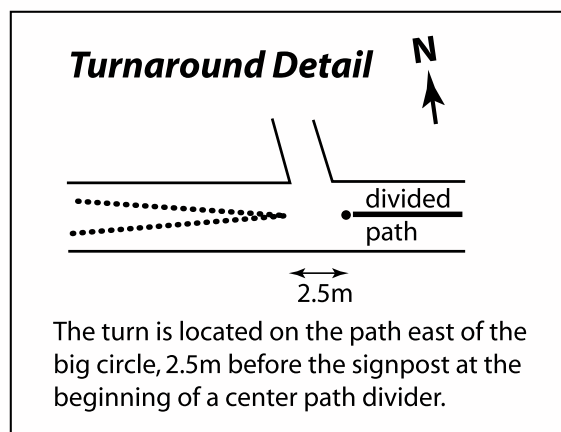
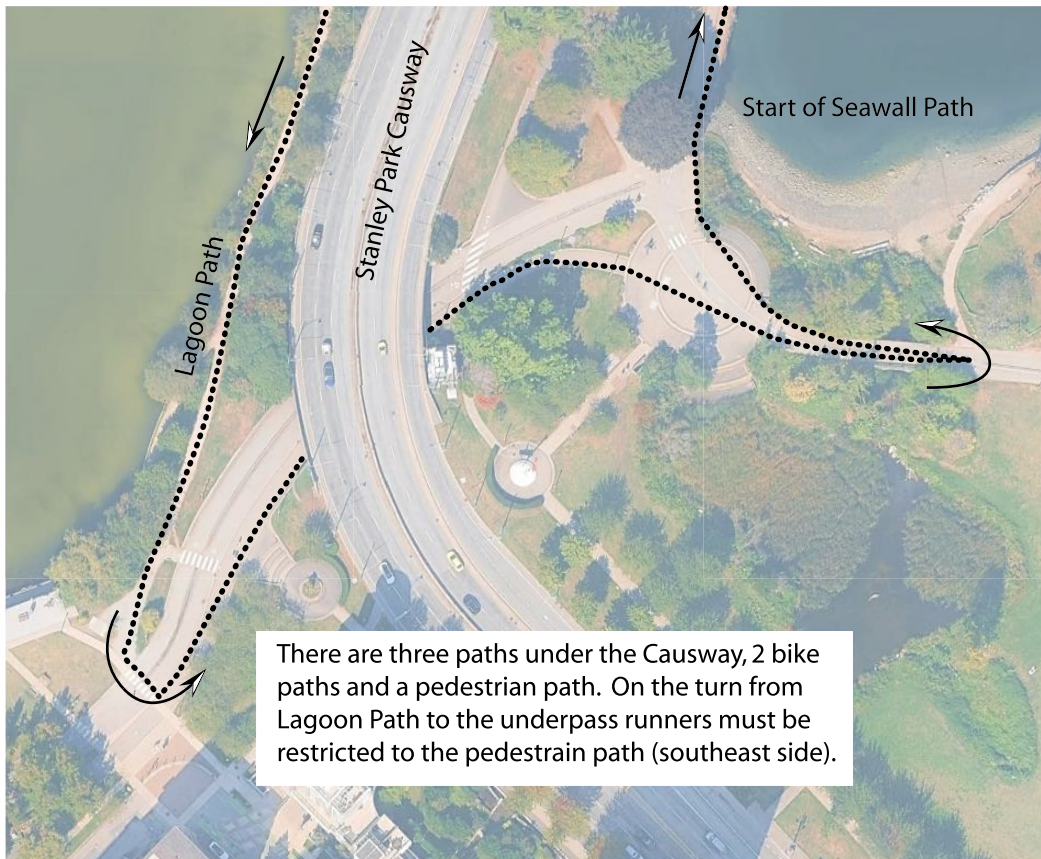


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ON-2025-20-LJJL

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**VFAC Summerfast 10km  
Stanley Park, Vancouver  
July 5, 2025**

**Stanley Park Causway Underpass  
and Turnaround area**



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# Stanley Park Seawall 7819.0 m



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Certification Expires 2031-12-31



The end was measured to the corner.



The start was measured to the pavement joint, near the wall, but the lamp would be an equal distance.

**VFAC Summerfast 10km  
Stanley Park, Vancouver  
July 5, 2025**



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