



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course Forest City Half Marathon Road Race
Certificate number ON-2024-005-DRY Distance 21.0975 km Race date Jun 9, 2024
City London Province ON
Race contact name Arnie Spivey Race contact email spivey.arnie@gmail.com

Course Information

Start elevation 249 m Finish elevation 250 m
Elevation change (m/km) +0.05 m/km Percent separation 1.8%

Measurer Information

Measurer name Bernie Conway measurer@rogers.com 519-641-6889
Measurement date Mar 13 and Apr 7, 2024 Expiry date Dec 31, 2033

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Signature of certifier

April 22, 2024

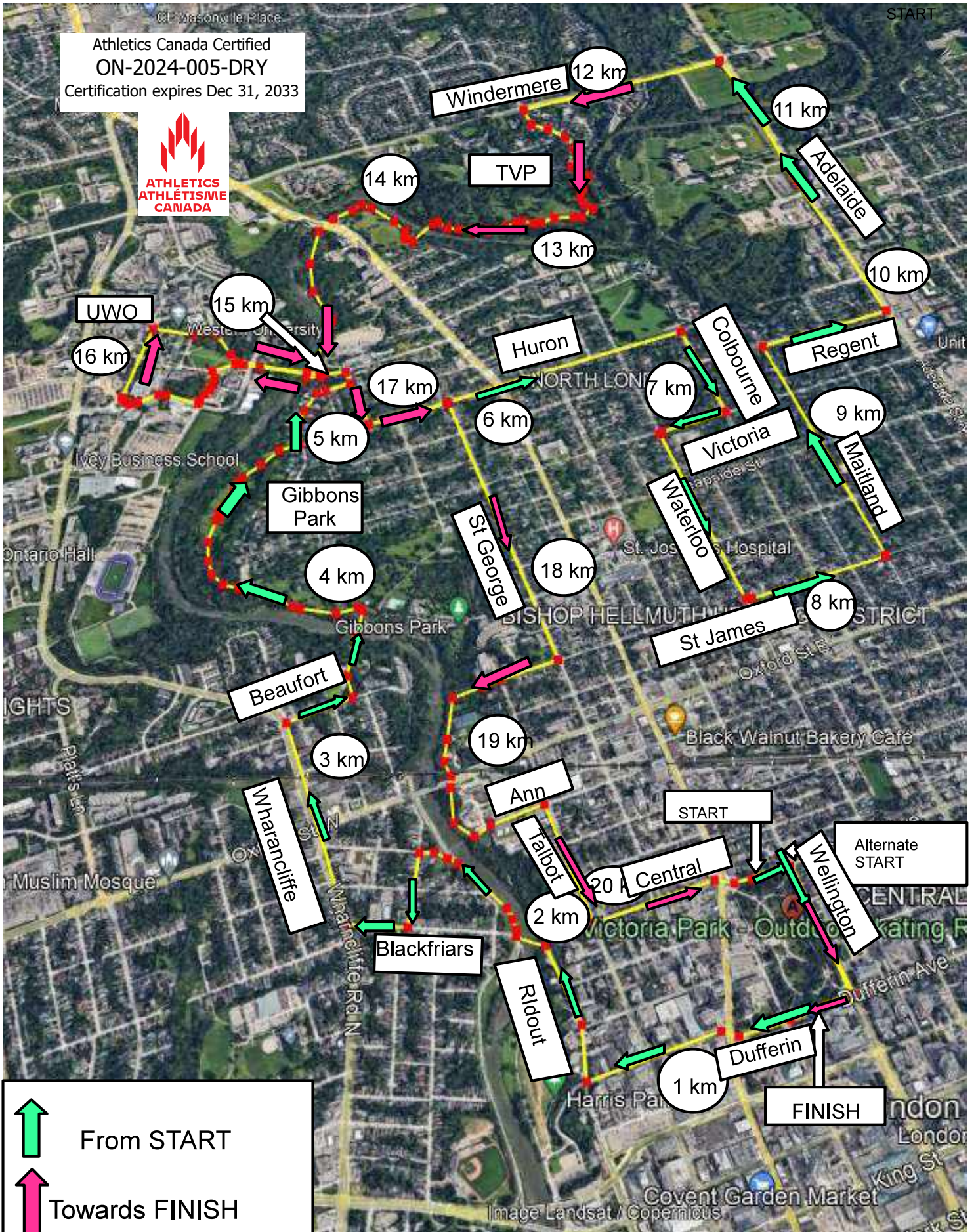
Date

Any inquiries regarding this certificate should be directed to coursemeasurement@athletics.ca



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Forest City Half Marathon

UWO Section

Half Marathon Start
 Start – in line with the third double parking meter E of Richmond St and the fourth double parking meter from Wellington St on the S side of Central Ave just W of the Holly Roller Tank in Victoria Park (N end)

Alternative Start – 1 m N of S side of house at 615 Wynbow St, 30.1 m S of S side of Hyman St, 31.6 m N of N curb of Central Ave

1 km – 1 m W of centre doors of 130 Du Ross Ave, E of Talbot St

2 km – 49 m E of E side of 6 St Patrick St on bike path along Thomas River

3 km – 27 m N of Spauldy St on ~~Victoria Park~~ Rd N

4 km – 11 m N of bench in memory of Jean Bower Murdoch, S of parking lot at N end of Gibbons Park

5 km – 15 m E of house at 4116 The Parkway

6 km – even with the E side of the house at 2527 Huron St, E of Richmond St

7 km – 1 m W of house at 376 Victoria St

8 km – even with the W side of the house at 345 S. James St

9 km – 2 m N of N side of house at 962 Marland St

10 km – middle of intersection on Adelaide St at Huron St

11 km – 10 m N of S expansion joint on Adelaide St, Bridge 5 of Windermere Rd

12 km – 19 m E of sign "645 Windermere Rd"

13 km – 52 m W of first bench on S side of TWP bike path S of "A" in intersection on TWP bike path, leading W to the bridge to Ross Park

14 km – 65 m E of sign for Ross Park just E of Richmond St on TWP bike path or Ross Park

15 km – 5 m W of short bike path leading to University Drive from The Parkway

16 km – 35 m S of the S side of the bus shelter on Oxford Drive

17 km – 22 m S of the Parkway on Sunset Drive

18 km – 100 m E of driveway at 287 St George St

19 km – on TWP bike path S of Gibbons Park, 13 m N of S end of fence of Tennis Courts North building with concrete columns N of Oxford St

20 km – in middle of crosswalk along the E side of Talbot at the turn onto Central Ave

21 km – 30 m W of W curb at Wellington St on ~~Victoria Park~~ Ave

Finish of Half Marathon – on the N side of ~~University Ave~~ even with the W side of the Canada Life Building at the S end of Victoria Park



From Tetherwood to UWO



From UWO towards FINISH

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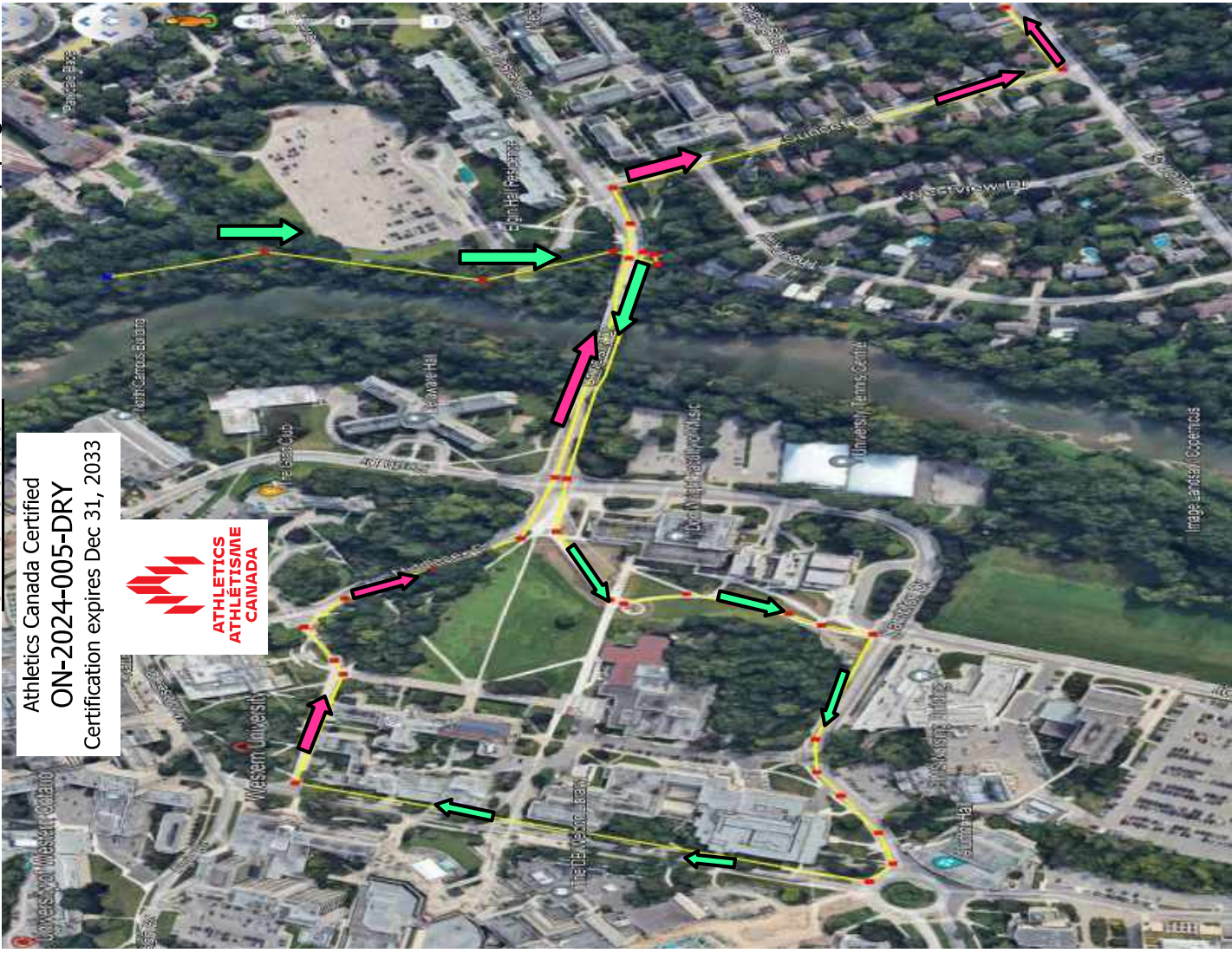


Image Credits: iStock.com



Forest City Half Marathon

Start on Central Ave., west of Wellington St. RCL

Right (South) on Wellington St. RCL

Right (West) on Dufferin Ave. To Dufferin St. RCL left hair

Right (North) on Dufferin St to Blackfriars ER

Left (West) over Blackfriars Bridge to paved path along river ER

Sharp right turn (North) at the end of the bridge onto the paved path ER

Left (West) turn onto St. Patrick's St. LCL

Left (South) turn onto Adelaide ER

Right (West) onto Blackfriars to Wardscliffe ER

Right (North) on Wardscliffe to Beaufort St. RCL

Right (East) to paved bike path on E side of Lawn Bowling Club ER

Left (North) over the bridge into Gibbons Park ER

Left (West) on the TVP bike path to The Parkway ER

Left (North) on The Parkway to Sunset Dr ER

Right (South) on Sunset Dr to Huron St ER

Left (East) on Huron St ER to St George St, then RCL the rest of Huron St

Colborne St

Right (South) on Colborne St to Victoria St RCL RCL – Right Curb Lane

Right (West) on Victoria St to Waterloo St RCL LCL – Left Curb Lane

Left (South) on Waterloo St to St James RCL ER – Entire Road

Left (East) on St. James to Maitland St. RCL

Left (North) on Maitland St to Regent St RCL

Right (East) on Regent to Adelaide St ER

Left (North) on Adelaide St to Windermere LCL

Left (West) on Windermere to Tetherwood Blvd LCL

Left (South) onto TVP bike path between 74 & 78 Tetherwood Blvd. ER

Follow bike path and at the intersection take the right fork, follow the TVP

bike path over the bridge and the turn right into Ross Park ER

Continue on the TVP bike path under the Richmond St. and University Dr bridges ER

Left (North) onto the short bike path between The Parkway and University Dr LCL

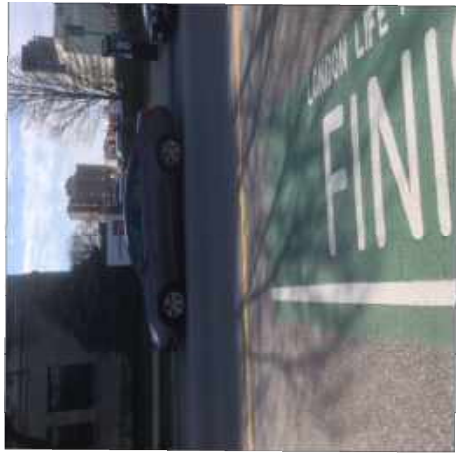
Left (West) on University Dr, cross the University Dr Bridge LCL to the Lambton &

Middlesex intersection LCL

Regular START



Alternate START



FINISH

Straight (North) to the left hand path at the base of UCH Hill ER

Left (West) onto the path before going up the hill and exit onto Lambton Dr ER

Right (North) on Lambton Dr to the roundabout onto Oxford Dr RCL

Right (East) onto Oxford Dr to the road East of Stevenson Hall ER

Right (South) to Kent Dr ER

Left (East) on Kent Dr to bike path on south side of Middlesex Dr ER

Cross Lambton & Middlesex intersection on to University Dr LCL until you

reach the short bike path (between The Parkway and University Dr), to Sunset Dr ER

Right (South) on Sunset to Huron St ER

Left (East) on Huron St to St George St ER

Right (South) on St George St to St James St RCL

Right (West) on St James to TVP ER

Left (South) on TVP to first exit on the left (East) to Ann St ER

Right (East) on Ann St to Talbot St RCL

Right (South) on Talbot St to Central Ave RCL

Left (East) on Central Ave to Wellington St RCL

Right (South) on Wellington St to Dufferin Ave RCL

Right (West) on Dufferin Ave to the Finish

Note: Alternate start on Wellington St. North of Central Ave.

For left turns of RCL to RCL start the turn even with the far side of the painted

edge of the first street and finish the turn even with the near side of the painted

edge on the second street. If no painted stops use the start of the sidewalk of

the second street and the far side of the sidewalk on the first street.

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