



# ATHLETICS CANADA

## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course \_\_\_\_\_

Certificate number \_\_\_\_\_ Distance \_\_\_\_\_ Race date \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

Race contact name \_\_\_\_\_ Race contact email \_\_\_\_\_

### Course Information

Start elevation \_\_\_\_\_ Finish elevation \_\_\_\_\_

Elevation change (m/km) \_\_\_\_\_ Percent separation \_\_\_\_\_

### Measurer Information

Measurer name \_\_\_\_\_

Measurement date \_\_\_\_\_ Expiry date \_\_\_\_\_

### Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course which results in a course that is less than the stated distance, this certification becomes void, and the course must then be re-certified.

### Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

### As Nationally Certified by

Signature of certifier

Date

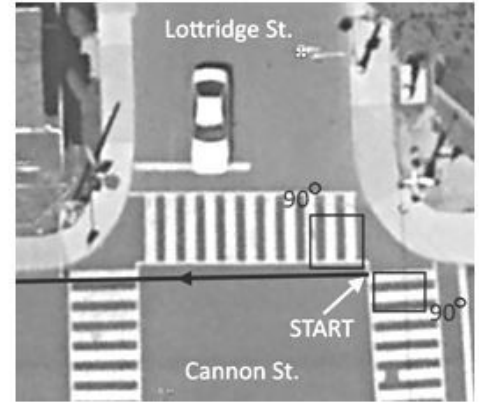
Any inquiries regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)



# Route Map for 2024 Around The Bay



Athletics Canada Certified  
**ON-2024-002-BDC**  
 Certification Expires Dec 31/2033



## 30 Km. Route



- **Start** at west side of intersection of Cannon St. and Lottridge St., and go west westbound curb lane to
- **Birch Ave.** and go north in northbound curb lane to
- **Burlington St. East** and go east in the lane nearest the south side of road that continues east and turns in to
- **Nicola Tesla Blvd.** - continue eastward and taking lane to the right that loops up and to the right up to
- **Woodward Ave.** - turn right and go east in curb lane and turn right in to curb lane of
- **Beach Blvd.** - and continue northwards in curb lane and taking the tangent to
- **North Shore Blvd. East** - turn left (west) into to westbound curb lane and continue east and then north to
- **Plains Rd. North** - turn left in curb lane which at times incorporates the bike lane, and continue west to
- **Spring Gardens Rd.** - turn left and stay in curb lane to lane that leads across the bridge and through the tunnel to
- **Valley Lane Rd.** and go up the long hill to
- **York Blvd.** and turn south in to curb lane of road (and bike lane) to
- **a gravel In.** before Inchbury St. and go north on lane to exit at
- **Tecumseh St.** - turn right and using entire road got to
- **Locke St. North** - and using entire road go to

- **Barton St. West** and turn left (east) and stay in curb lane to
- **Queen St. North** and turn left in to southbound curb lane and continue northwards to
- **Stuart St.** and continue in curb lane north then eastwards to the northbound lane of
- **Bay St. North** and go north in the southbound curb lane to
- **Burlington St. West** and continue in the curb lane to
- **Burlington St. East** and go east in the eastbound curb lane to the Finish

**FINISH Line** - located about 45 metres east of Wilfred Street, across from North Star Technical bldg.



# START

5 km. - on Nicola Tesla Blvd.(overpass) – about 150 east of Kenilworth Ave. N. (below bridge) metres – 3.5 metres west of tall streetlamp pole



20 km. – on North Shore Blvd. – distance from manhole cover to 20 km. point is 13 metres



25 km. – on York Blvd. – across fro, central entrance to Hamilton Cemetery



Around the Bay