## ATHLETICS CANADA ROAD RACE MEASUREMENT CERTIFICATE

### **Race Information**

nado information		
Name of the course Road2Hope 5K		
ON 2022 022 DDV	Distance 5.0 km	Race date Nov 4, 2023
City Hamilton	Province ON	
Race contact name Dan Pauls		dtohope@runnersden.com
Course Information		
Start elevation 78 m	78 m Finish elevation 78 m	
Elevation change (m/km) 0 m/km	Percent separation0%	
Measurer Information		
Measurer name Bernie Conway measure	@rogers.com 519-641-	6889
Measurement date Sep 12, 2023	Expiry dateDec 31,	2032
	Official Notice	
Based on examination of data provided by the above named me accurate in measurement according to the standards adopted by becomes void, and the course must then be recertified.		
	Validation of Course	
In the event a <b>National Open Record</b> is set on this course, or at the a qualified measurer. If such a remeasurement shows the course t		
As Nationally Certified by		
Dave	Toeger	Oct 5, 2023
Signature of certifier		Date

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca





# 5K Route

Description: The 5K route is a loop Location: Confederation Park around the waterfront.

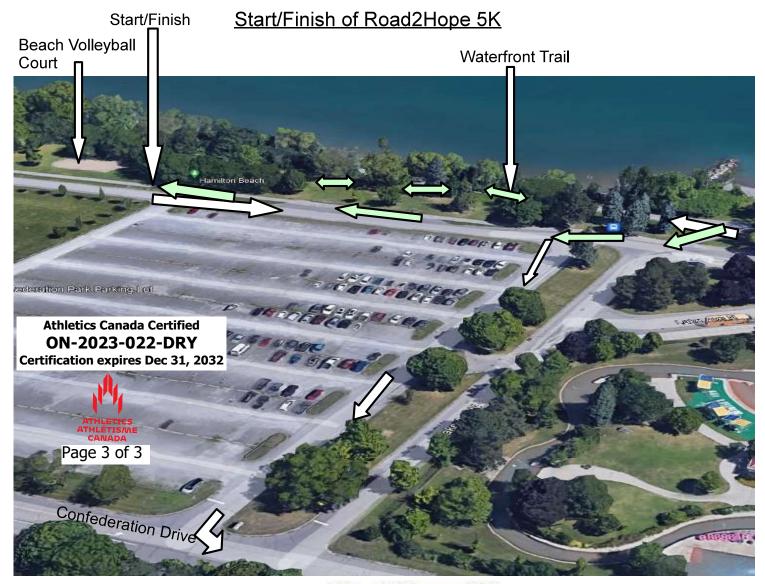
- km marker



O - aid/water station

WA & AIMS Grade A Measurer Measured by Bernie Conway





## Road2Hope 5K

Start-Finish

- is on the paved road to the north of the parking lot west of Wild Waterworks Park.
- 31.0 m E of centre of poles holding the net for the Beach Volleyball area
- 10.92 m W of the west most road in the parking lot
- inline with the post holding the 2 garbage pails along the north side of the paved road north of the parking lot
- 1 km 1.5 m W of the yellow line of the access road from the North Service Road to the Jenny Florence Parker Sports Complex. The 1 km mark is between the 2 gates on Confederation Drive.
  From Start to Confederation Drive And on to Waterfront Trail
- 2 km 8 m E of sign "Turtle Nesting Area",
  - 27 m E of sign for Picnic Area #1 & #2.
  - east of Emergency Gate 8

- To turnaround and back on Waterfront Trail
- 3 km 4 m west of 6600 mark on bike path on the Waterfront Trail.
- Turnaround 20.4 m SE of 6 km post on Waterfront Trail 3.1 m SE of sign "Poison Ivy"

To the Finish from Waterfront Trail after turnaround (out and back)

4 km - 66.4 m SE of sign for picnic area #2 & #3

- 58.1 m SE of 6500 mark on bikepath on the Waterfront Trail