



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course Fall Classic Race Walks
Certificate number ON-2023-021-DRY Distance 1.250 km Race date Sep 30, 2023
City Ottawa Province ON
Race contact name Roger Burrows Race contact email roger@bytownwalkers.ca

Course Information

Start elevation 67 m Finish elevation 67 m
Elevation change (m/km) 0 m/km Percent separation 0%

Measurer Information

Measurer name Roger Burrows 613-745-5433; Kyle Taugher; Sandy Archibald
Measurement date Sep 21, 2023 Expiry date December 31, 2032

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Signature of certifier

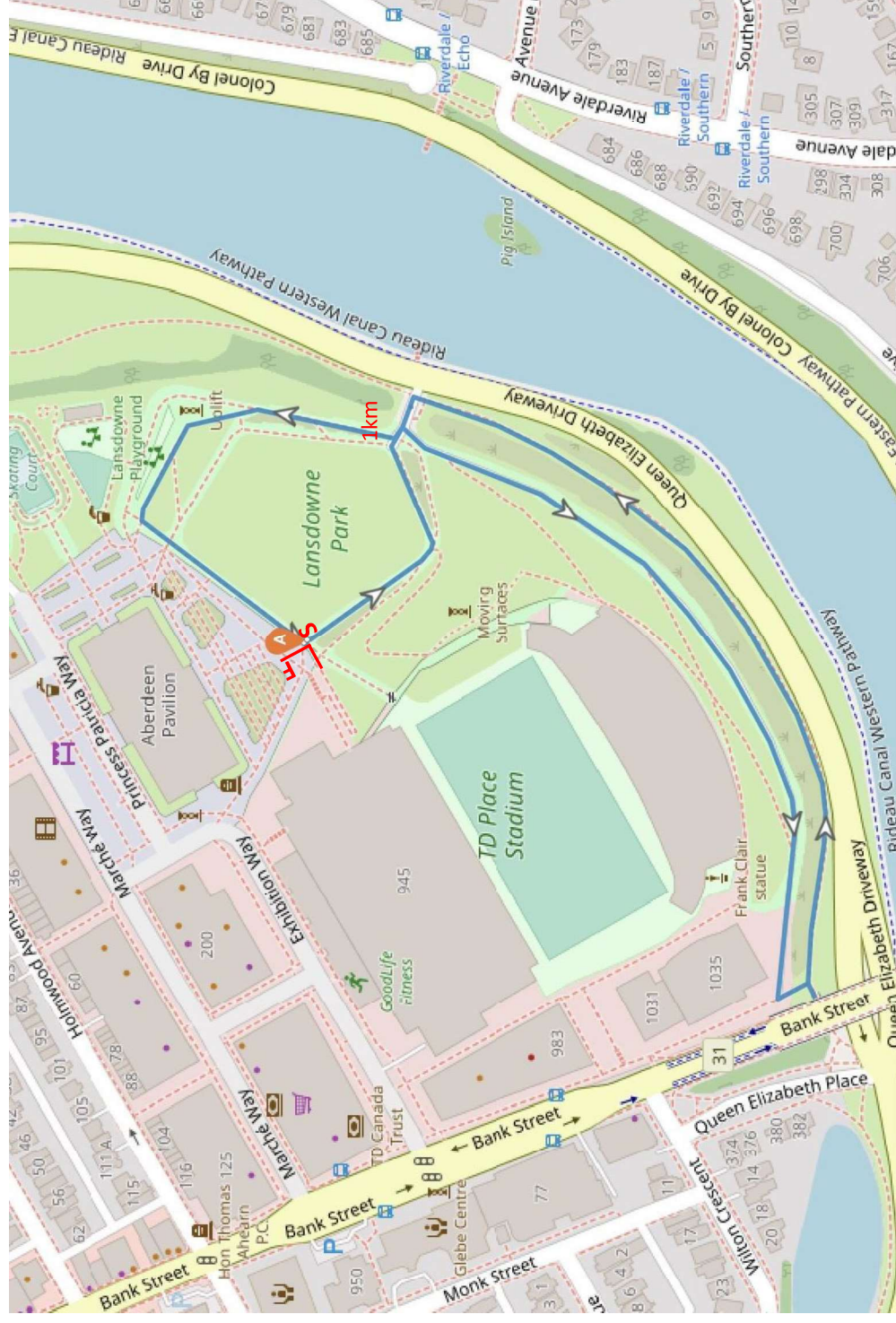
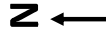
September 27, 2023

Date

Any inquiries regarding this certificate should be directed to coursemeasurement@athletics.ca



"The National Capital Race Walk Course" Lansdowne Park, Ottawa



The lap is 1250m,
giving 4, 8, and 16 laps for
the 5km, 10km and 20km
distances respectively.

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Certification expires 2032-12-31



Key points

(1) Start and Finish

On a lap of regular length, the start and finish lines can be placed in any desired location. For the "Fall Classic" on September 30, 2023, they will be at the southwest corner of the Great Lawn, as shown. The two lines will be at 90 degrees to each other, with the "lap counting point" at their intersection. This allows long straights at both start and finish.

(2) Great Lawn paths

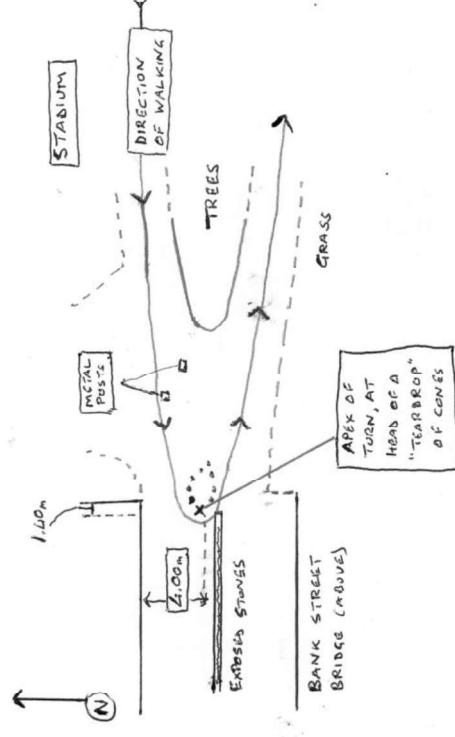
At the end of each lap, walkers re-enter the Great Lawn from Queen Elizabeth Driveway. As the map shows, the Great Lawn has several paths around it. The race route will be marked with cones that will block the paths that are not to be taken. The course was measured as follows:

- (a) immediately after the gate, take the right-hand path. It is the narrower of the two, but it leads directly onto the final curve with no sudden or sharp turns
- (b) around the final (north) curve, take the middle of the three paths. This leads naturally onto the finishing straight.

(3) Turnaround at Bank Street Bridge

The turnaround is basically "at" (not "through") the bridge as walkers approach it. The apex of the turn is under the bridge, but only by 1.40m as measured from the north (lansdowne) edge of the bridge structure. This places it exactly adjacent to the east end of a row of exposed cobble stones extending towards Bank Street. The apex is also 4.00m from the north wall of the bridge. This will allow a turn with a radius of approximately 3m, to be marked by a "teardrop" of cones.

TURNAROUND AT BANK STREET BRIDGE



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