



# ATHLETICS CANADA

## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course \_\_\_\_\_  
Certificate number \_\_\_\_\_ Distance \_\_\_\_\_ Race date \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_  
Race contact name \_\_\_\_\_ Race contact email \_\_\_\_\_

### Course Information

Start elevation \_\_\_\_\_ Finish elevation \_\_\_\_\_  
Elevation change \_\_\_\_\_ Percent separation \_\_\_\_\_

### Measurer Information

Measurer name \_\_\_\_\_  
Measurement date \_\_\_\_\_ Expiry date \_\_\_\_\_

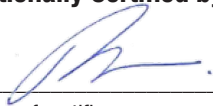
### Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

### Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

### As Nationally Certified by

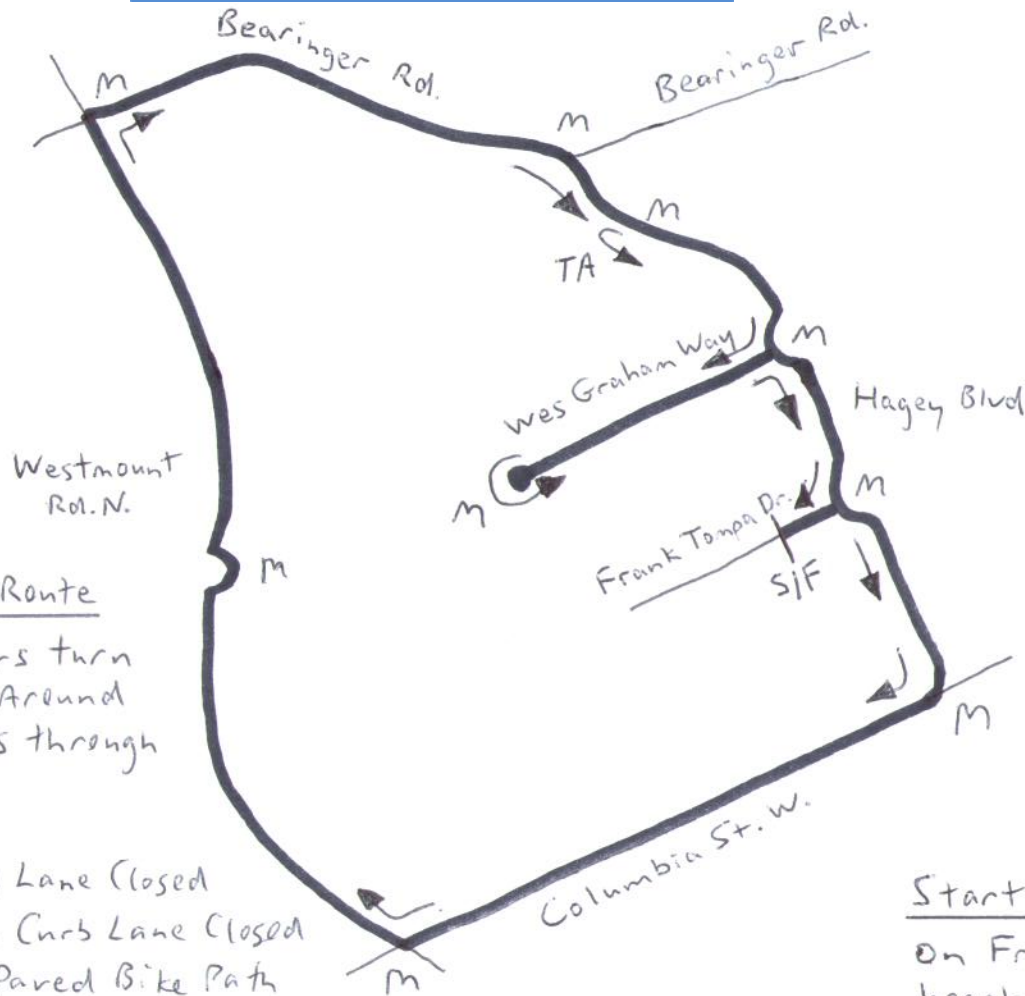
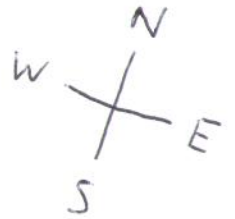
 Paul T.B. Adams  
\_\_\_\_\_  
Signature of certifier \_\_\_\_\_ Date \_\_\_\_\_

Any inquires regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)



Re-Fridgee-Eighter 8 km  
Waterloo, ON

Athletics Canada Certified  
ON-2022-042-PTBA  
Certification Expires 2032-12-31



### RUNNERS PATH - Shortest Route

At start of race, runners turn North on Hagey to Turn Around Point, then follow Arrows through Frank Tampa.

- Frank Tampa - Closed
- Hagey Blvd - Southbound Lane Closed
- Columbia St. - Westbound Curb Lane Closed
- Westmount Rd - run on Paved Bike Path
- Bearinger Rd - run on Paved Bike Path
- Wes Graham Way - Closed

M = Marshall

### Start / Finish Line

On Frank Tampa Dr., 2.707m West of East Edge of Drain at Entrance to Gravel Parking Lot.

### Turn Around Point

On Hagey Blvd., 2.2277m North of Fire Hydrant at Hydro Tower South of Bearinger Rd.