



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____
Certificate number _____ Distance _____ Race date _____
City _____ Province _____
Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____
Elevation change (m/km) _____ Percent separation _____

Measurer Information

Measurer name _____
Measurement date _____ Expiry date _____

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course which results in a course that is less than the stated distance, this certification becomes void, and the course must then be re-certified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Signature of certifier

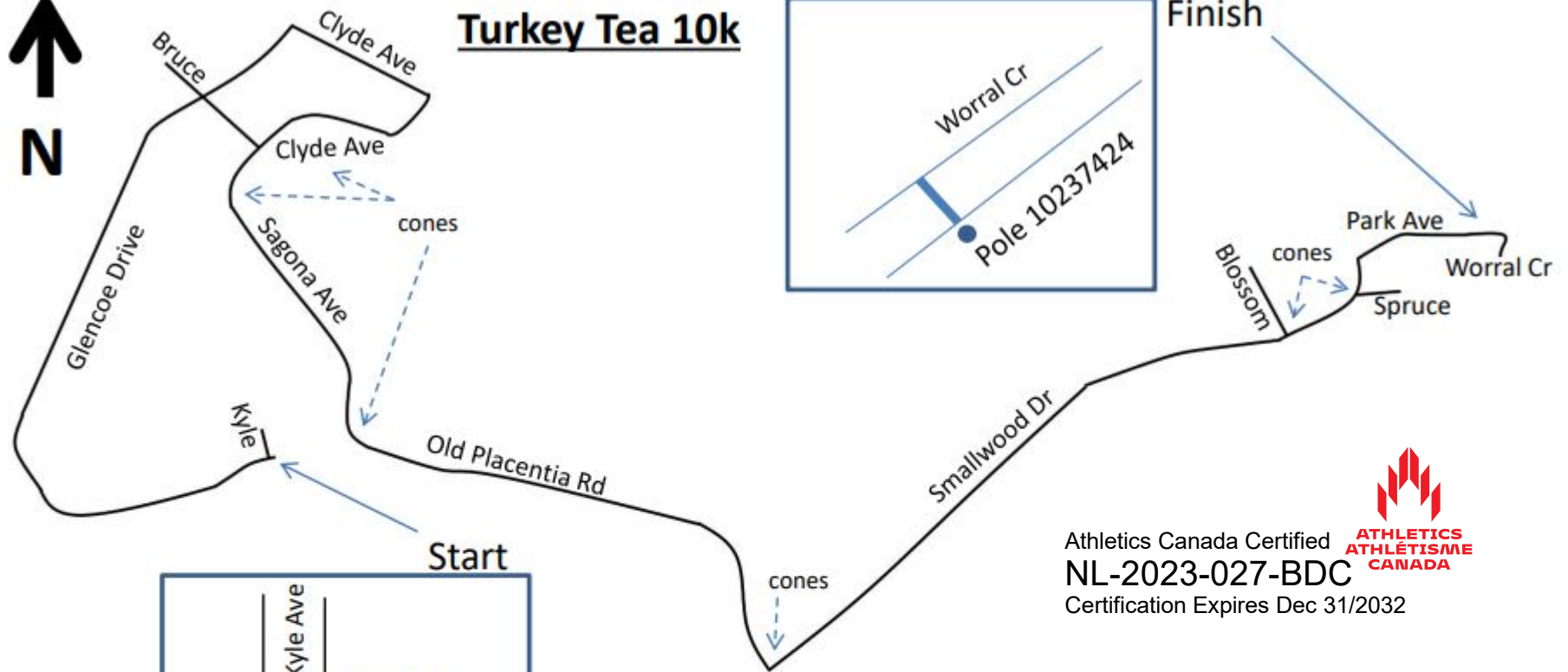
Date

Any inquiries regarding this certificate should be directed to coursemeasurement@athletics.ca





Turkey Tea 10k



Athletics Canada Certified
NL-2023-027-BDC
Certification Expires Dec 31/2032



1. In general, roads are closed in the curb lane in the direction of the runners. Runners are allowed to use the space between the curb and the centre line (or lane line) of the road.
2. Cones are placed on all leftward trending road curves to keep runners to the right hand side of the centre or lane line:
 - a. Clyde before Bruce
 - b. Clyde onto Sagona
 - c. Sagona onto Old Placentia
 - d. Left hand turn from Old Placentia onto Smallwood
 - e. Smallwood near Blossom Avenue
 - f. Smallwood near Spruce Avenue
3. The left-hand turn at the intersection of Old Placentia and Smallwood is controlled with cones down the lane line Old Placentia, right up to the turning point in the intersection. The cones resume at the lane line of Smallwood, so that runners are not able to cut the corner.

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Starting line is on Glencoe Dr near the intersection with Kyle Ave. Head west, then north on Glencoe until Clyde Ave and turn right. Stay on Clyde until a left-hand merge into Sagona Ave. Stay on Sagona until a left-hand merge into Old Placentia Road.

Follow Old Placentia as far as Smallwood Dr and turn left. Follow Smallwood to Park Avenue and turn right. Follow Park and turn right into Worrall Crescent and the finish line.

Start – 85'9" East of Fire Hydrant across from intersection with Kyle

1k - 1'6" North of Pole # 9091851, across from #124 Glencoe

2k - 22'3" East of fire hydrant across from #68 Glencoe

3k - 35'0" South of fire hydrant in front of #14 Clyde

4k - 55'9" East of Pole # 9849464 across from Irving Station on Clyde

5k - 18'9" North of Pole # 9778333 in front of 50 Sagona

6k - 14'0" South-east of nearest edge of storm sewer at edge of western entry to Ultramar on Old Placentia

7k - 52'0" East of Pole # 9746710 on Smallwood, near intersection with Old Placentia

8k - 49'0" East of Pole # 8889453 on Smallwood, near intersection with Commonwealth

9k - 57'8" West of Pole # 6376461 in front of #47 Smallwood

10k - In line with Pole # 9-4 in front of #35 Worrall Crescent