



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____

Certificate number _____ Distance _____ Race date _____

City _____ Province _____

Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____

Elevation change (m/km) _____ Percent separation _____

Measurer Information

Measurer name _____

Measurement date _____ Expiry date _____

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course which results in a course that is less than the stated distance, this certification becomes void, and the course must then be re-certified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Signature of certifier

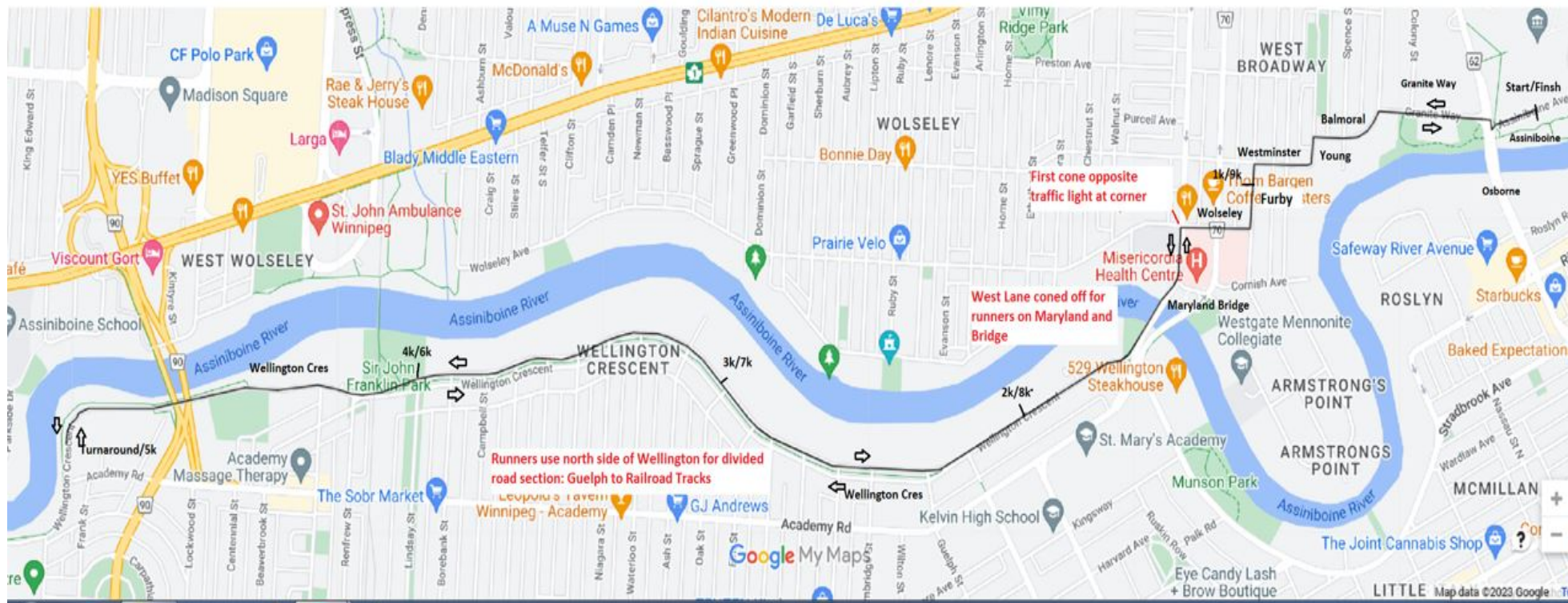
Date

Any inquiries regarding this certificate should be directed to coursemeasurement@athletics.ca



Winnipeg 10&10: 10 Km

Winnipeg, Mb



Course Description
 Course is out and back, Shortest route except where noted on Maryland and Wellington :
 Start on Assiniboine West bound.
 Turn right on Osborne to PED crossing and turn left (West)
 Continue west on Granite Way
 Turn left on Balmoral (South then West)
 Turn left on Young (South)
 Turn right on Westminster (West)
 Turn left on Furby (South)
 Turn right on Wolseley (West)
 Turn left on Maryland. West side lane coned off for runners (South)
 Turn right on Wellington at yield (West)
 Continue west on Wellington keeping to the right at median beginning near Guelph. This is the north side of the road.
 Continue west to turnaround point, around the cone and back eastward.
 Continue east keeping to the left of the median beginning near railway tracks. Again on the north side of road.
 Turn left onto Maryland at yield (North)
 Turn right at Wolseley (East)
 Turn left at Furby (North)
 Turn right at Westminster (East)
 Turn left at Young (North)
 Turn right on Balmoral (East then North)
 Turn right at Granite Way (East)
 Cross Osborne at Ped crossline and turn right (South)

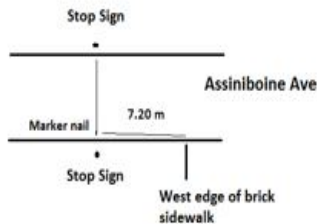
Course splits:
 Start/Finish: At double stop signs. 7.20 m west of start of brick sidewalk.
 1k/9k: At 74 address sign on house on Furby
 2k/8k: 1 m east of driveway at 703 Wellington
 3k/7k: East edge of driveway at 1021 Wellington
 4k/6k: West edge of griveway at 1345 Wellington
 5k: Turnaround: .55 m west of driveway at 1620 Wellington. 7.24 m east of lamp post 2-054-339



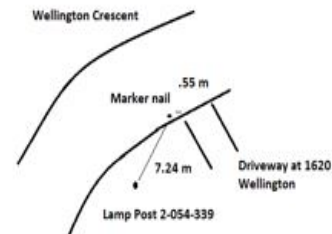
Athletics Canada Certified
MB-2023-022-BDC
 Certification Expires Dec 31/2032

Start/Finish Line

Line runs between the two stop signs on north and south side of Assiniboine



Turnaround and 5 Km



Maryland and Bridge

First cone placed across from stop light

