



# ATHLETICS CANADA

## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course \_\_\_\_\_

Certificate number \_\_\_\_\_ Distance \_\_\_\_\_ Race date \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

Race contact name \_\_\_\_\_ Race contact email \_\_\_\_\_

### Course Information

Start elevation \_\_\_\_\_ Finish elevation \_\_\_\_\_

Elevation change \_\_\_\_\_ Percent separation \_\_\_\_\_

### Measurer Information

Measurer name \_\_\_\_\_

Measurement date \_\_\_\_\_ Expiry date \_\_\_\_\_

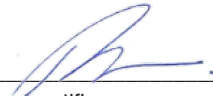
### Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

### Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

### As Nationally Certified by

  
\_\_\_\_\_  
Signature of certifier

Paul T.B. Adams

\_\_\_\_\_  
Date

Any inquires regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)





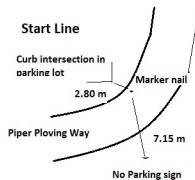
#### Course:

Start on Piper Ploving Way (Southwest)  
Veer right (West then south)  
Turn right on 1st (North)  
Turn left on 9th (West)  
Turn left on Point (South)  
Turn right on 6th (West)  
Turn left on 3rd (South)  
Turn right on 5th (West)  
Turn left on 4th (South)  
Turn left on 1st Ave (East)  
Turn left on Grand Beach Rd (North)  
U-turn onto Hwy 12 (South)  
Follow Hwy 12 in traffic circle moving to north bound lane (North)  
Merge onto Piper Ploving way (North) And follow to parking lot  
Turn left at parking lot and head straight to start of path located at the end of Dunes (North)  
Turn left after clearing Dunes and straight line to flagpole located at the west beach and the finish line (West)

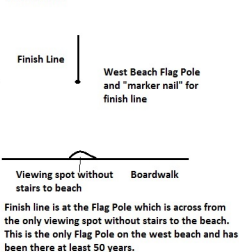
#### Km Splits

1 Km: At South edge of grey shed by path  
2 Km: 20 m east of 3rd st stop sign  
3 Km: Even with west edge of tennis courts  
4 Km: .8 m north of south edge of garbage stand in parking lot near start of path to beach

#### Start Line



#### Finish Line



Viewing spot without Boardwalk stairs to beach

Finish Line is at the Flag Pole which is across from the only viewing spot without stairs to the beach. This is the only Flag Pole on the west beach and has been there at least 50 years.