



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____

Certificate number _____ Distance _____ Race date _____

City _____ Province _____

Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____

Elevation change (m/km) _____ Percent separation _____

Measurer Information

Measurer name _____

Measurement date _____ Expiry date _____

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course which results in a course that is less than the stated distance, this certification becomes void, and the course must then be re-certified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Signature of certifier

Date

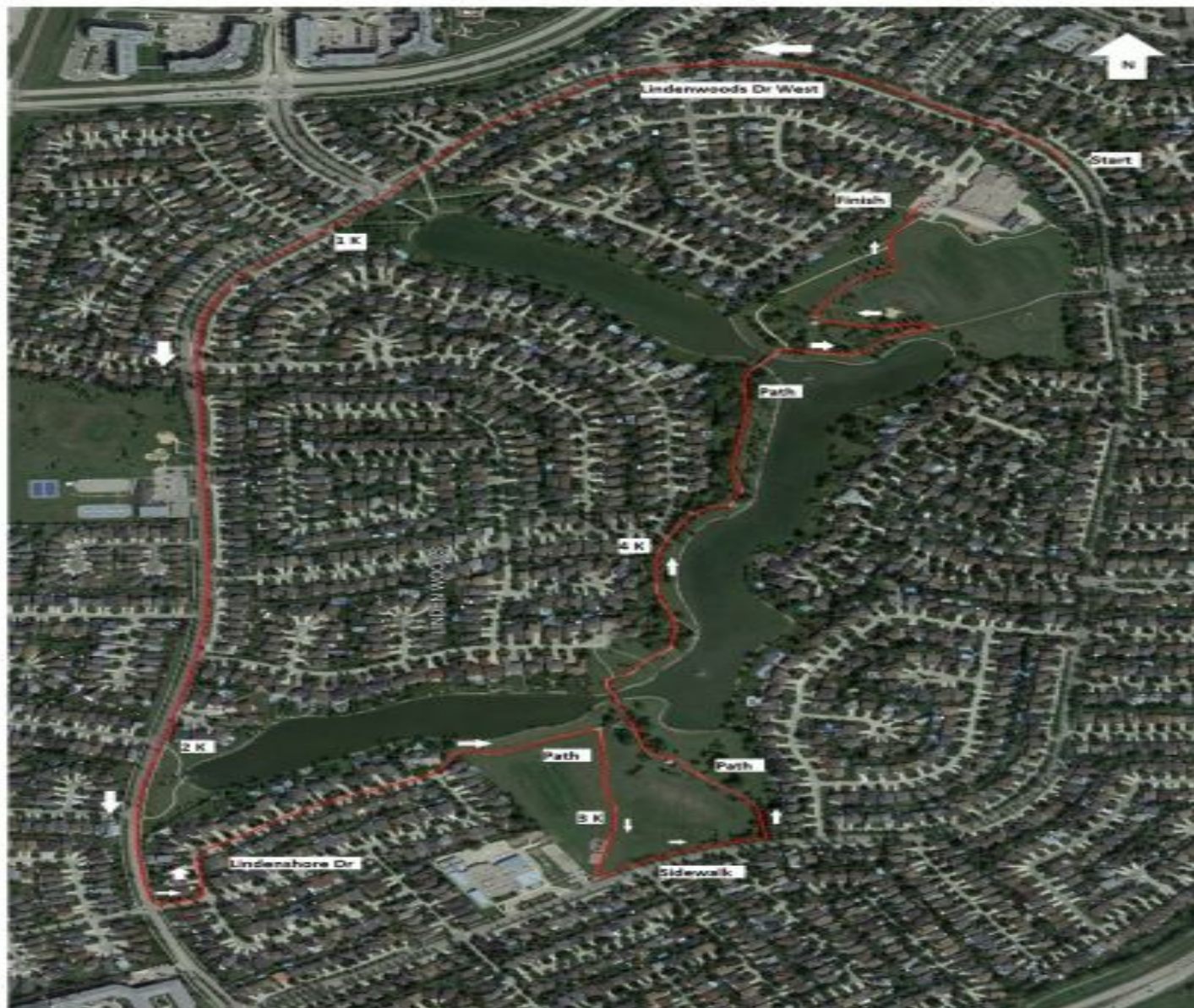
Any inquiries regarding this certificate should be directed to coursemeasurement@athletics.ca



Lindenwoods Fall Classic 5 Km

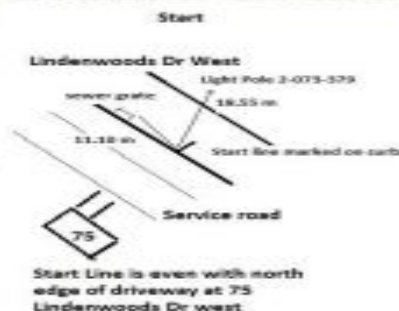
Winnipeg, Mb

Athletics Canada Certified
MB-2023-008-BDC
 Certification Expires Dec 31/2032



Course:
 Lindenwoods Dr West is coned to restrict runners to the left curb lane from start to Lindenshore Dr.
 Rest of course is SPR.
 Start on Lindenwoods Dr West heading North west.
 Continue on Lindenwoods (west then south)
 Turn left at Lindenshore Dr (East, North then East).
 Move onto path heading east and turning southward.
 Left turn onto sidewalk (East)
 Left turn onto path (North)
 Continue on main path north and North east to finish line in parking lot

Km Splits:
 1K: At 307 Lindenwoods address sign
 2K: 22 m north of tall green electrical box near park
 3k: 155 m south of trail intersection
 4k: 14 m south of trail spur at 171 Shoreline



Course:

Lindenwoods Dr West is coned to restrict runners to the left curb lane from start to Lindenshore Dr.
 Rest of course is SPR.
 Start on Lindenwoods Dr West heading North west.
 Continue on Lindenwoods (west then south)
 Turn left at Lindenshore Dr (East, North then East).
 Move onto path heading east and turning southward.
 Left turn onto sidewalk (East)
 Left turn onto path (North)
 Continue on main path north and North east to finish line in parking lot

Km Splits:

1K: At 307 Lindenwoods address sign
 2K: 22 m north of tall green electrical box near park
 3k: 155 m south of trail intersection
 4k: 14 m south of trail spur at 171 Shoreline