



# ATHLETICS CANADA

## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course Islendingadagurinn 5 km  
Certificate number MB-2023-003-LJJL Distance 5 km Race date August 6, 2023  
City Gimli Province Manitoba  
Race contact name Brett Lamoureux Race contact email ifmrunning@gmail.com

### Course Information

Start elevation 220 m Finish elevation 219 m  
Elevation change -0.2 m/km Percent separation 2.3%

### Measurer Information

Measurer name Murray Rose. mvrose@shaw.ca  
Measurement date May 20, 2023 Expiry date December 31, 2033


## Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

### Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

### As Nationally Certified by

Signature of certifier  May 23, 2023  
Date

Any inquires regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)





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## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course \_\_\_\_\_

Certificate number \_\_\_\_\_ Distance \_\_\_\_\_ Race date \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

Race contact name \_\_\_\_\_ Race contact email \_\_\_\_\_

### Course Information

Start elevation \_\_\_\_\_ Finish elevation \_\_\_\_\_

Elevation change \_\_\_\_\_ Percent separation \_\_\_\_\_

### Measurer Information

Measurer name \_\_\_\_\_

Measurement date \_\_\_\_\_ Expiry date \_\_\_\_\_

### Official Notice

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#### As Nationally Certified by

\_\_\_\_\_  
*Laurent Gauthier*  
 Signature of certifier \_\_\_\_\_ Date \_\_\_\_\_

**Any inquires regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)**

