



# ATHLETICS CANADA

## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course \_\_\_\_\_

Certificate number \_\_\_\_\_ Distance \_\_\_\_\_ Race date \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

Race contact name \_\_\_\_\_ Race contact email \_\_\_\_\_

### Course Information

Start elevation \_\_\_\_\_ Finish elevation \_\_\_\_\_

Elevation change \_\_\_\_\_ Percent separation \_\_\_\_\_

### Measurer Information

Measurer name \_\_\_\_\_

Measurement date \_\_\_\_\_ Expiry date \_\_\_\_\_

### Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

### Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

### As Nationally Certified by

\_\_\_\_\_  
Signature of certifier

\_\_\_\_\_  
Date

Any inquiries regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)



# Marathon Quebec 5K 2022

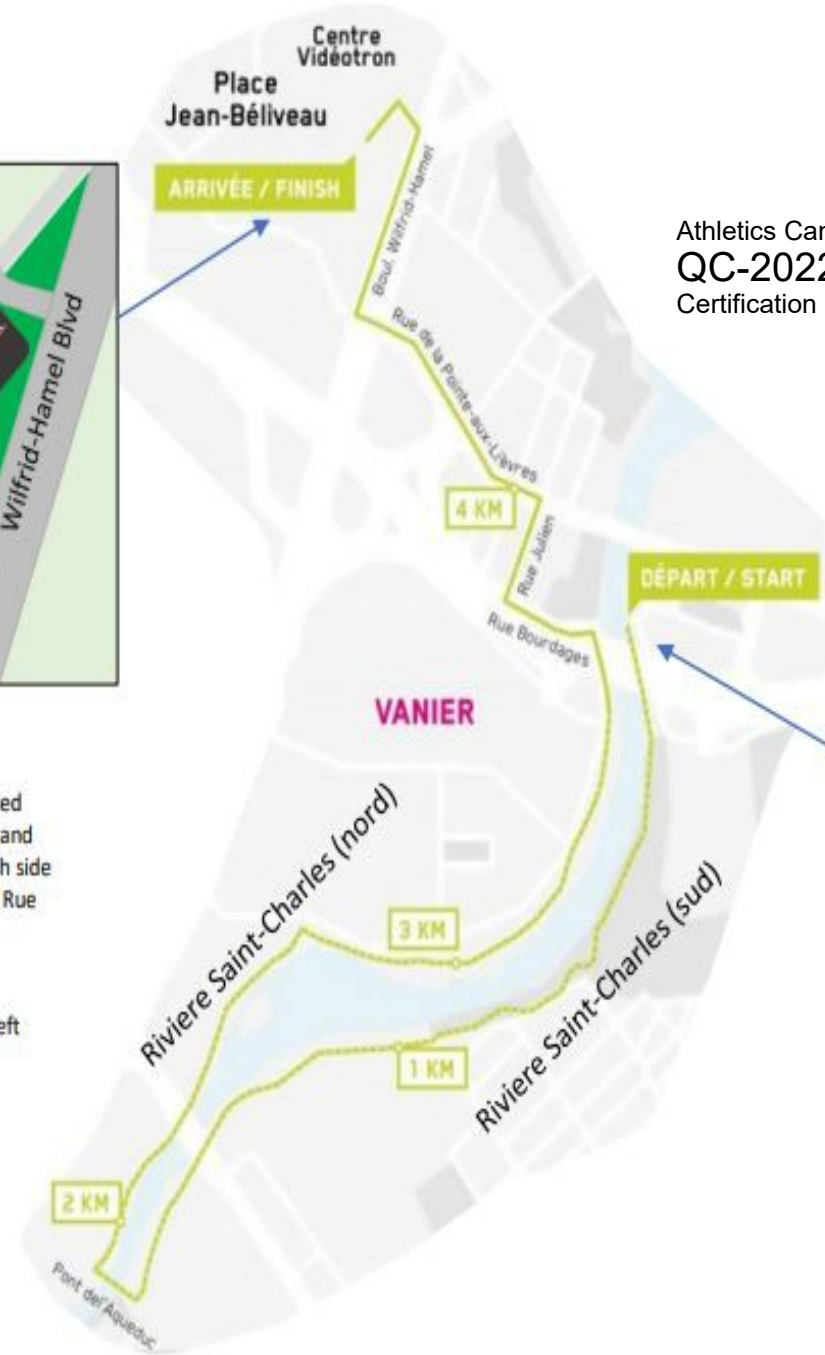
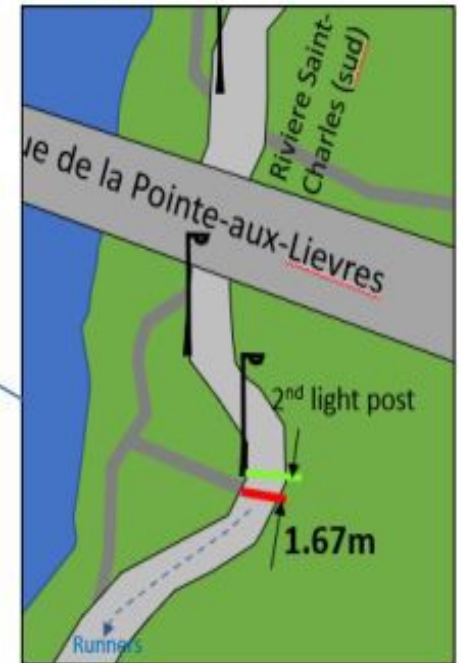


Athletics Canada Certified  
**QC-2022-045-BDC**  
 Certification Expires Dec 31/2031

Finish detail



Start detail



Notes:

- Runners have full access to road surface unless noted
- Runners always have access to all of the Bike Path surfaces used
- Runners start on Rivières Saint-Charles south shore bike path and stay on it until Pont de l'Aqueduc where they cross to the north side
- Runners leave the bike path at Rue Irma-Levasseu and run on Rue Bourdages
- On Rue Bourdages runners have NB lanes only (right side)
- On Pointe-aux-Lievres runners only use NB lane (right side)
- On Boul. Wilfrid-Hamel runners only have curb side SB lane (left side)



John Halvorsen 613-447-9106	<b>Race Measurement</b> <b>TTAWA</b>
Aug 29, 2022	