



# ATHLETICS CANADA

## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course The Dam Hill Run 100 mi  
Certificate number ON-2022-011-DRY Distance 100 mi Race date Sep 18, 2022  
City London Province ON  
Race contact name Leo DeSumma Race contact email leodesumma@gmail.com

### Course Information

Start elevation 243 m Finish elevation 237 m  
Elevation change (m/km) -0.04 m/km Percent separation 0.5%

### Measurer Information

Measurer name Bernard Conway measurer@rogers.com 519-641-6889  
Measurement date Apr 05, 2022 Expiry date Dec 31, 2031

### Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

### Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

### As Nationally Certified by

Signature of certifier

June 2, 2022

Date

Any inquires regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)



**The Dam Hill Run 100 mile (West Loop of Springbank Park)**



Start - is 20.20 m E of E wall of Stone Cottage

Athletics Canada Certified  
ON-2022-011-DRY  
Certification expires Dec 31, 2031



Finish - is 8.65 m N of drain at W end of Springbank Park, opposite signpost with Boles Rd & Kains Mill

Runners run 71 laps and on the 72<sup>nd</sup> lap they go to the Finish