



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____

Certificate number _____ Distance _____ Race date _____

City _____ Province _____

Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____

Elevation change _____ Percent separation _____

Measurer Information

Measurer name _____

Measurement date _____ Expiry date _____


Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

 Paul T.B. Adams

Signature of certifier _____

Date

Any inquiries regarding this certificate should be directed to coursemeasurement@athletics.ca



0 900 m

Uniformed Services Run - 10k Course Map

Roads are closed in the curb lane in the direction of the runners. Runners are allowed between the curb and the centre line (or lane line) of the road.

Runners have full use of Park Road in Bowring Park from edge to edge.

All left hand turns at intersections are controlled with cones down the centre line of the road, right up to the turning point in the intersection.

