



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____
Certificate number _____ Distance _____ Race date _____
City _____ Province _____
Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____
Elevation change _____ Percent separation _____

Measurer Information

Measurer name _____
Measurement date _____ Expiry date _____

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Signature of certifier

Date

Any inquiries regarding this certificate should be directed to coursemeasurement@athletics.ca



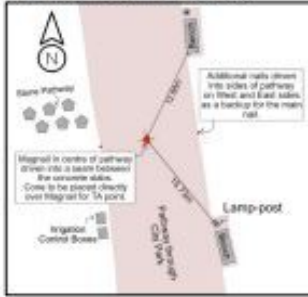
Midsummer 8k Course Certification Map

Prepared by Joshua Wyatt on 29th June 2022

KM 4 - Turnaround Point: City Park

GPS: 49.883536N 119.504016W. 348m
 The turnaround point is marked with a **MAG nail** in the centre of the pathway where a cone will be placed.

1. LP – Concrete base of Light Post on east side of pathway in Kelowna City Park and north of public washrooms on beach. The base of the light post is south of the turnaround point and 15.73m from MAG nail.
2. BB – Black metal park bench on east side of pathway adjacent and west of playground. The SW leg of park bench is north of the turnaround point and 12.88m from MAG nail.



General Points of Note:

1. Roadways will not be closed during this event.
2. This is an out and back course and runners will be running along the west side of the road in both directions.
3. The majority of the course runs along streets with defined cycle lanes so these will constitute the route.
4. Where cycle lanes are not defined, runners will keep to the west side of the road, with cones to define the pathway where necessary. The three areas where this is required are defined on the map along with positioning of the cones.

Bridge over Mill Creek
 Small bridge is a potential busy area for runners. Marshall and extra signage to warn other pathway users.

KM3 / KM5
 49.877568°N 119.496929°W
 347m
 Marked by nail in pathway w/ red paint

Abbott St. by Strathcona Park
 Water station on west side of pathway at 2.5km

Abbott St. and Christleton Ave.
 Roadway narrows significantly but there is a defined cycle lane. Runners to stay in the cycle lane on the west side of the road. Extra signage used to warn drivers.

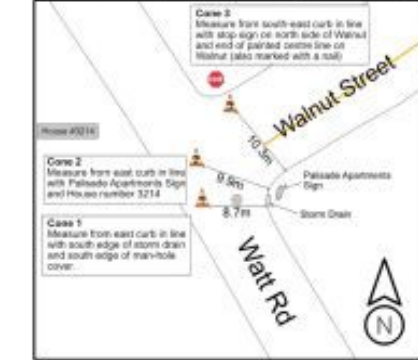
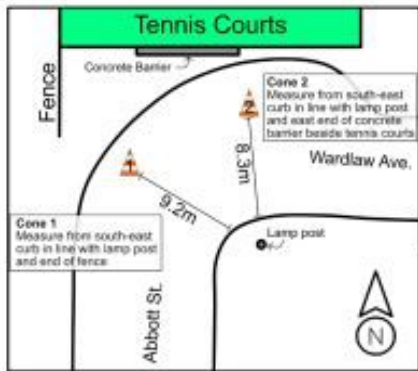
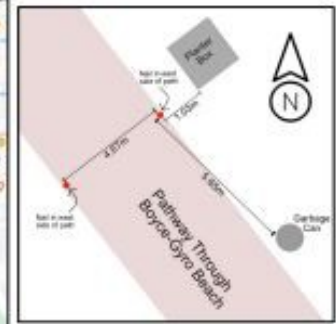
KM2 / KM6
 49.869621°N 119.494492°W
 346m
 Marked by nail in road w/ red paint

Abbott St. and Wardlaw
 Wide, open bend. Cones required to keep runners on west side of roadway and out of traffic lane

Start/Finish: Gyro Beach (3400 Lakeshore Road)

GPS: 49.854210°N, 119.490148°W. 348m
 Start/Finish line spans the main pathway through Gyro beach. It is marked by **nails on either side of the pathway**.

1. PB – SW corner of the most southernly of 3 concrete tree planter boxes. Planter box is 1.5m W x 1.5m L x 0.2m H. Distance from SW corner of box to nail on east side of path at start/finish line is 1.03m.
2. The distance between the west and east nails in path at start/finish line is 4.67m.
3. GC - Black metal garbage can holder is 5.65m south of the nail on east side of path at the start/finish line. The garbage can is 0.6m OD and 0.9m HT.



Walnut Street and Meikle Ave.
 Cones required to keep runners to west side of roadway at bend.

KM1 / KM7
 49.861627°N 119.493507°W
 347m
 Marked by nail in road w/ red paint

Watt Rd. and Walnut Street
 Cones required to keep runners to west side of roadway at bend.

