

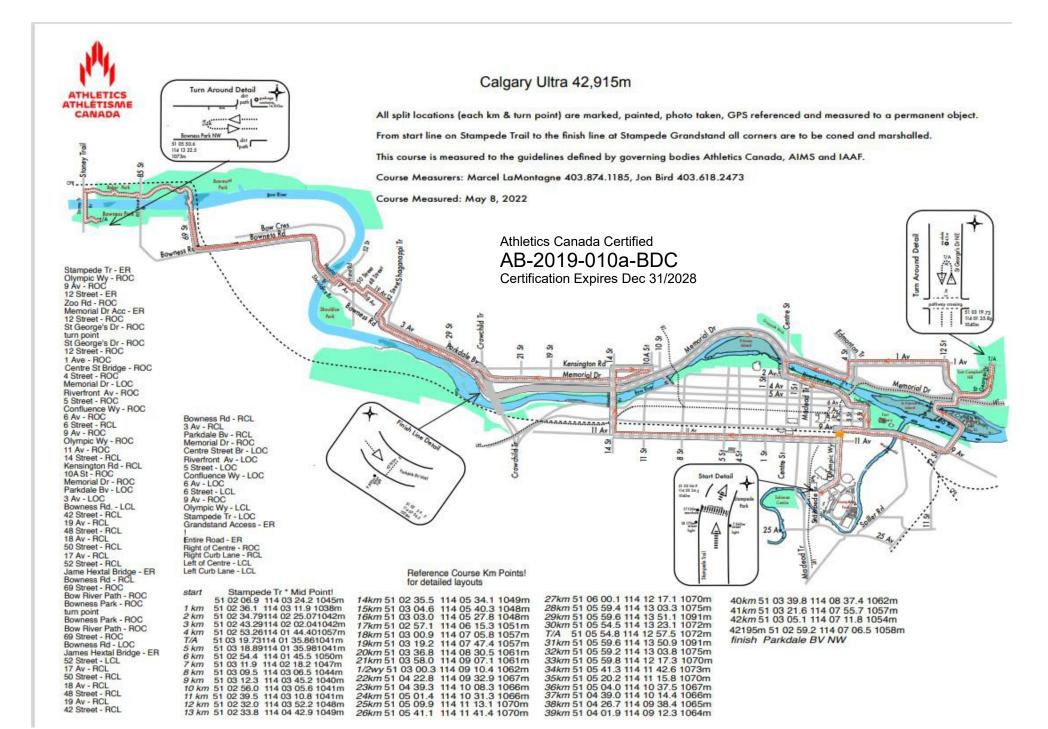
ATHLETICS CANADA ROAD RACE MEASUREMENT CERTIFICATE

Race Information

| Name of the course | | |
|---|------------------|--|
| Certificate number | Distance _ | Race date |
| City | | Province |
| Race contact name | | Race contact email |
| Course Information | | |
| Start elevation | | Finish elevation |
| Elevation change | | Percent separation |
| Measurer Information | | |
| Measurer name | | |
| Measurement date | | Expiry date |
| | | |
| | Offici | al Notice |
| • | | course described above and in the map attached is hereby certified as reasonably unning Technical Council. If any changes are made to the course, this certification |
| | the discretion o | on of Course f Athletics Canada, a validation remeasurement may be required to be performed by men all pending records will be rejected and the course certification will be cancelled. |
| As Nationally Certified by | orway | |
| Signature of certifier | | Date |

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca





Ultra 50km

| Start Line | 51 02 06.9 114 03 24.2 1045m | Stampede Tr, south side of crosswalk to Big 4 bldg. 7.360m from street light to the south, east side, 18.170m rom street light to the west, west side, 17.120m from manhole to the west, west side. |
|----------------------|--------------------------------------|---|
| 1 km | 51 02 36.1 114 03 11.9 1038m | Olympic Wy SE, in tunnel linking 4 street. 7.7m from street light, in line with, centre of roadway. |
| 2 km | 51 02 34.79 114 02 25.07 1042m | 9 Ave SE, in line with between #915 & 917, 0.2m from power pole, south side. |
| 3 km | 51 02 43.29 114 02 02.04 1042m | Zoo Road SE, mid point between No Parking signs, 23m from east end No Parking sign. |
| 4 km | 51 02 53.26 114 01 44.40 1057m | St George's Dr NE. 1.7m from 'No Stopping' sign south side of roadway. |
| turn point 4,976m | 51 03 19.73 114 01 35.86 1041m | St George's Dr NE. 5.1m north of pathway crossing, 4.5m from manhole to north on roadway. |
| 5 km | 51 03 18.89 114 01 35.98 1041m | St George's Dr NE. At north entrance to Telus Spark. 1.4m from roadside gutter, 1.3m from hydro pole 38-2 83-79. |
| 6 km | 51 02 54.4 114 01 45.5 1050m | St George's Dr NE, in line with SBD path. 17.2m from street light on south side of roadway. |
| 7 km | 51 03 11.9 114 02 18.2 1047m | 1 Av NE, at alley (east corner) between 9 & 9A Streets, north side. 5.4m from hydro pole to east. |
| 8 km | 51 03 09.5 114 03 06.5 1044m | 4 Street NE, 2.9m from sign 'St Vladimir's Church' right arrow. |
| 9 km | 51 03 12.3 114 03 45.2 1040m | Centre St Bridge * mid point, north span, 35m south, north entrance |
| 10 km | 51 02 56.0 114 03 05.6 1041m | Riverfront Av SE, at 4 St LRT Flyover, east side. 4.3m east of traffic light post on SE corner of intersection. |
| 11 km | 51 02 39.5 114 03 10.8 1041m | 9th Av SE, immediately east of 4th Street. 1.3m from fire hydrant on north side of roadway. |

| 12 km | 51 02 32.0 114 03 52.2 1048m | 11th Av SW, between Centre St & 1st Street SW, in line with #110. 1.3m from Parking Plus unit. |
|-------|------------------------------------|---|
| 13 km | 51 02 33.8 114 04 42.9 1049m | 11th Av SW, immediately east of 7th Street. 15.6m from street light at corner, west side of parking lot access. |
| 14 km | 51 02 35.5 114 05 34.1 1049m | 11th Av SW, in line with #1324. 10.8m from Park Plus unit. |
| 15 km | 51 03 04.6 114 05 40.3 1048m | 14th Street NW, in line with #102. At north access lane to parking lot, 1.3m from roadside gutter to north. |
| 16 km | 51 03 03.0 114 05 28.3 1048m | Memorial Dr, out & back section, 50m east, in line with #1224. |
| 17 km | 51 02 56.9 114 06 16.4 1051m | Memorial Dr &* 19 St NW, 60m east, in line with alley to north. 3.1m from street light. |
| 18 km | 51 03 01.2 114 07 06.5 1057m | Parkdale Bv NW & Crow Tr o/p, 75m west, 19.6m from street light to the west. |
| 19 km | 51 03 19.5 114 07 47.9 1057m | Parkdale Bv NW at 29 St, 5.2m east of crosswalk control light. |
| 20 km | 51 03 37.1 114 08 30.7 1061m | 3 Av * 37 St NW, 40m west. 8.9m east of street light, 4.2m from corner post of pathway fence. |
| 21 km | 51 03 58.1 114 09 07.1 1061m | Bowness Rd at 16 Av NW overpass, west side. 8.5m west of 16 Av overpass bridge support. |
| 22 km | 51 04 22.8 114 09 33.1 1067m | 46 St at 19th Av NW, in line with #4638. |
| 23 km | 51 04 39.3 114 10 08.2 10m | 17 Av * 52 St NW, 60m east, in line with #5228. 10.8m from street light on south side of roadway. |
| 24 km | 51 05 01.3 114 10 31.1 1066m | Bowness Rd NW, 100m west Mary's Store, in line with #6135. West side of driveway, 5.3m from street light. |
| 25 km | 51 05 09.9 114 11 13.1 1070m | Bowness Rd * 67th Street.3.8m from street light on on north side of roadway. In line with #6724. |

| 26 km | 51 05 41.10 114 11 41.41 1070m | 69 Street, in line with #4703. 7.8m demo roadside gutter to south. |
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| Marathon west turn point, ref- erence only | 51 05 44.9 114 11 48.8 1070m | 69 Street at 48 Av, south side.8.2m from sewer manhole to north, 3.8m from water valve to south, 5.1m from roadway gutter, west side. |
| 27 km | 51 06 00.10 114 12 17.14 1070m | Bow River Path WBD, 12m west of gravel path to nw. |
| 28 km | 51 05 59.40 114 13 03.34 1075m | Baker Park Path WBD, east of arc turn to north. 8.1m from park bench on south side of pathway. |
| 29 km | 51 05 59.66 114 13 51.14 1091m | Bow River Path WBD, at junction to temporary path under the bridge construction. 2.3m from corner post |
| 30 km | 51 05 54.46 114 13 21.98 1072m | Bowness Park gravel path EBD. 7m from park bench north side of pathway. In line with side path to north. Changed May 25, 2022. |
| West turn point | 51 05 54.55 114 13 21.22 1072m | Bowness Park gravel path. 11.4m from park bench (same bench as 30km) north side of pathway. Changed May 25, 2022. |
| 31 km | 51 05 58.94 114 13 51.93 1091m | Bow River Path EBD, on temporary path under the Stony Tr bridge construction. 14m from north bridge support piling. Changed May 25, 2022. |
| 32 km | 51 05 59.32 114 13 05.64 1075m | Baker Park Path EBD, at arc turn to north at stone wall. 2.5m from park statue of Leo Mou, Twin Bears, on south side of pathway. Changed May 25, 2022. |
| 33 km | 51 05 59.43 114 12 19.32 1070m | Bowmont Park path, no immediate permanent reference, use GPS coordinates. Changed May 25, 2022. |
| 34 km | 51 05 44.10 114 11 47.71 1073m | 69 Street SBD, in line with #4807. Changed May 25, 2022. |
| 34 km | 51 05 41.33 114 11 42.56 1073m | 69 Street SBD, in line with #4707, 2.1m from sidewalk to house. |
| 35 km | 51 05 20.22 114 11 15.82 1070m | Bowness Rd pathway under CPR tracks, east side. 2.1m from corner of side path to NW. 9.8m from street light to west, north side of pathway. |

| 36 km | 51 05 04.0 114 10 37.5 1067m | Bowness Rd NW, in line with #6216. 3.8m from 'Pedestrian Crossing' sign. |
|---------|------------------------------------|--|
| 37 km | 51 04 39.0 114 10 14.4 1066m | 52 St NW at James Hextal bridge pathway intersection. 3.1m from Telus Comm cabinet. |
| 38 km | 51 04 26.7 114 09 38.4 1065m | 19 Av NW, in line with Silvera Seniors Home, in line with #4729. 3.6m from manhole on roadway. |
| 39 km | 51 04 01.9 114 09 12.3 1064m | Bowness Rd NW, in line with #4204. 2.8m from street light on south side of roadway. |
| 40 km | 51 03 39.8 114 08 37.4 1062m | 3 Av at Point Dr(east)/Veterans Wy NW. 10.3m from street light, south side of roadway. |
| 41 km | 51 03 21.6 114 07 55.7 1057m | Parkdale Bv near 31 Street NW, 15m east. 10.4m from hydro pole on south side of roadway. |
| 42 km | 51 03 05.1 114 07 11.8 1054m | Parkdale Bv, * in line with centre of Lion's condos, centre point. 13.3m from street light to east, south side of roadway. |
| 42,195m | 51 02 59.7 114 07 06.9 1053m | Parkdale Bv, NW, appox. 45m SE large hydro pole, west side roadway. 15.810 from street light to north, east side of roadway. |
| 43 km | 51 02 56.4 114 06 31.1 1054m | Memorial Dr NW, at 21 Street pedestrian overpass. 10.4m from east end post of railing. |
| 44 km | 51 02 57.4 114 05 39.9 1049m | Memorial Dr NW, 14 Street overpass, 8m west. 5.4m from street light to west, south side of roadway. |
| 45 km | 51 03 11.6 114 04 54.8 1046m | Memorial Dr NW, in line with the Frontenac Condo bldg. 8.6m from street light to west, south side of roadway. |
| 46 km | 51 03 26.9 114 04 12.2 1044m | Memorial Dr NW at 3 Street, intersection. 17.3m from street light on centre boulevard. |
| 47 km | 51 03 05.7 114 03 42.1 1043m | Riverfront Av SE, at east end of ramp to underground parking. 7.3m from sign 'Park Zone 1118', 'Loading Zone' & 'No Parking'. |
| 48 km | 51 02 50.9 114 02 56.3 1044m | Confluence Wy SE, at turn to south. 0.5m from concrete pad, 1.8m from street light on south side of roadway. |
| 49 km | 51 02 31.2 114 03 12.4 1042m | Olympic Wy SE, at 11 Av, at manhole in intersection, SW corner. |
| Finish | 51 02 02.7 114 03 16.7 1045m | Stampede Grandstand, In line with staircase mid point into Grandstand. Signage for sections Level 1 North, 106-105, seats 105-121. 12.010m from manhole to west, 13.050m from 2 nd manhole to west. |

All km points marked, painted and referenced to a permanent object. GPS co-ordinates equate to: Latitude, Longitude, Elevation Points 2, 3, 4, east turn point, 5 changed in 2022 Measured May 8, 2022 Marcel Lamontagne Course Measurer, A Athletics Canada/IAAF/AIMS (403) 874-1185 marcel.lamontagne@icloud.com