

Race Information

Name of the course			
Certificate number	Distance		Race date
City		Province	
Race contact name		Race contact email	
Course Information			

Start elevation	Finish elevation
Elevation change	Percent separation

Measurer Information

Measurer name	
Measurement date	Expiry date

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Paul T.B. Adams

Signature of certifier

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca



Date



Bayfront Entrance 10K & Coolsaet GO 50 km

1 lap of loop is 10 km 5 laps of loop is 50 km

<u>Start & Finish</u> – is even with the south side of the observation deck on the west side of the Waterfront Trail about 200 m south of the Lift Bridge

Certified Splits

- 5 km 1.355 m S of turnaround T2,
 4.15 m W of sign "Notice tics may be found in this area",
 1.9 m N of N side of concrete square base near parking lot,
 0 m/km Elevation Change 50% separation
- 8 km 7.55 m N of 2200 m mark 0 m/km Elevation Change 20% separation
- 5 mile is 46.72 m N of 8 km mark, Is 38.8 m S of 2200 m mark On Waterfront Trail) m/km Elevation Change 19.5% separation
- * Runners are to keep right of centre

<u>Turnaround (T2)</u> – is on the Waterfront Trail,36.6 m south of 5200 m mark, approximately 144 m south of Hutch's Restaurant..

Athletics Canada Certified ON-2021-002-PTBA Certification Expires 2030-12-31