



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____
Certificate number _____ Distance _____ Race date _____
City _____ Province _____
Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____
Elevation change _____ Percent separation _____

Measurer Information

Measurer name _____
Measurement date _____ Expiry date _____

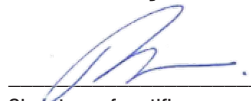
Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

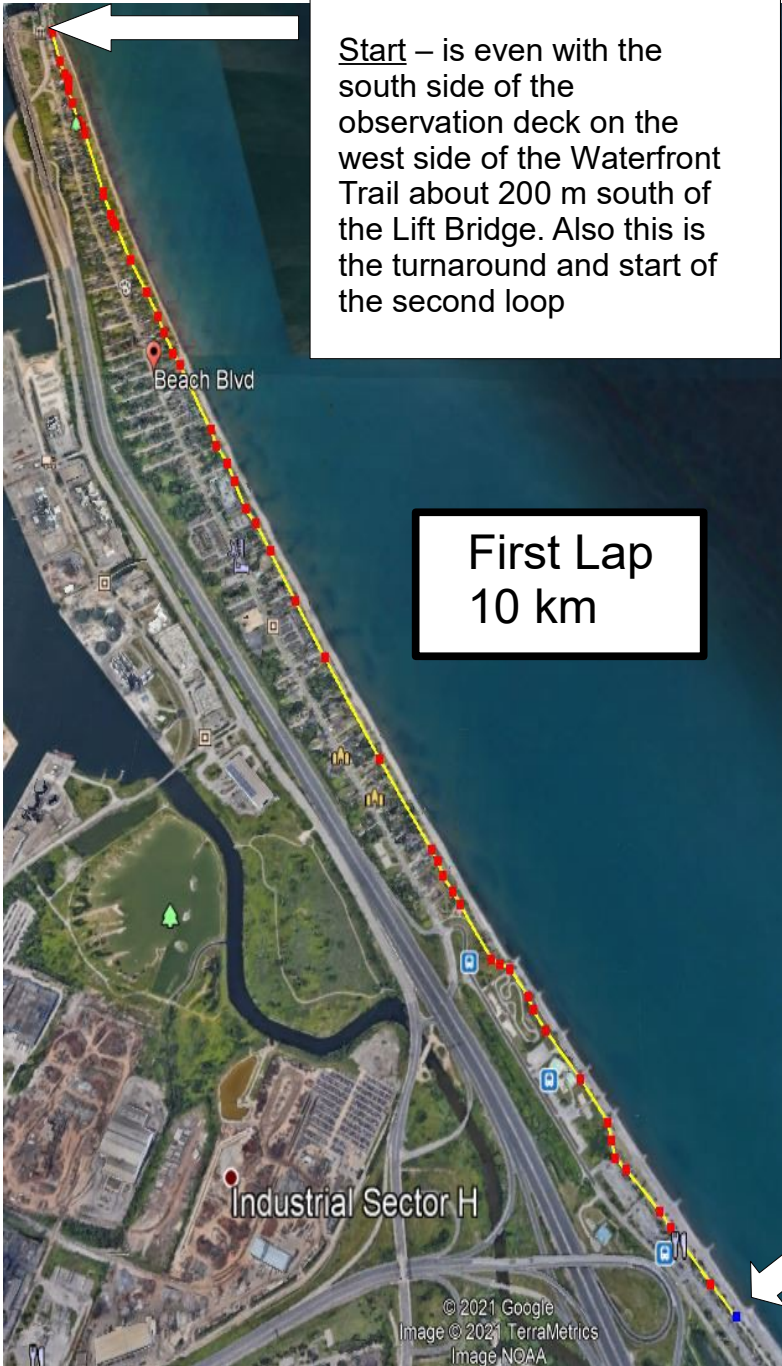
As Nationally Certified by

 Paul T.B. Adams
Signature of certifier _____ Date _____

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca



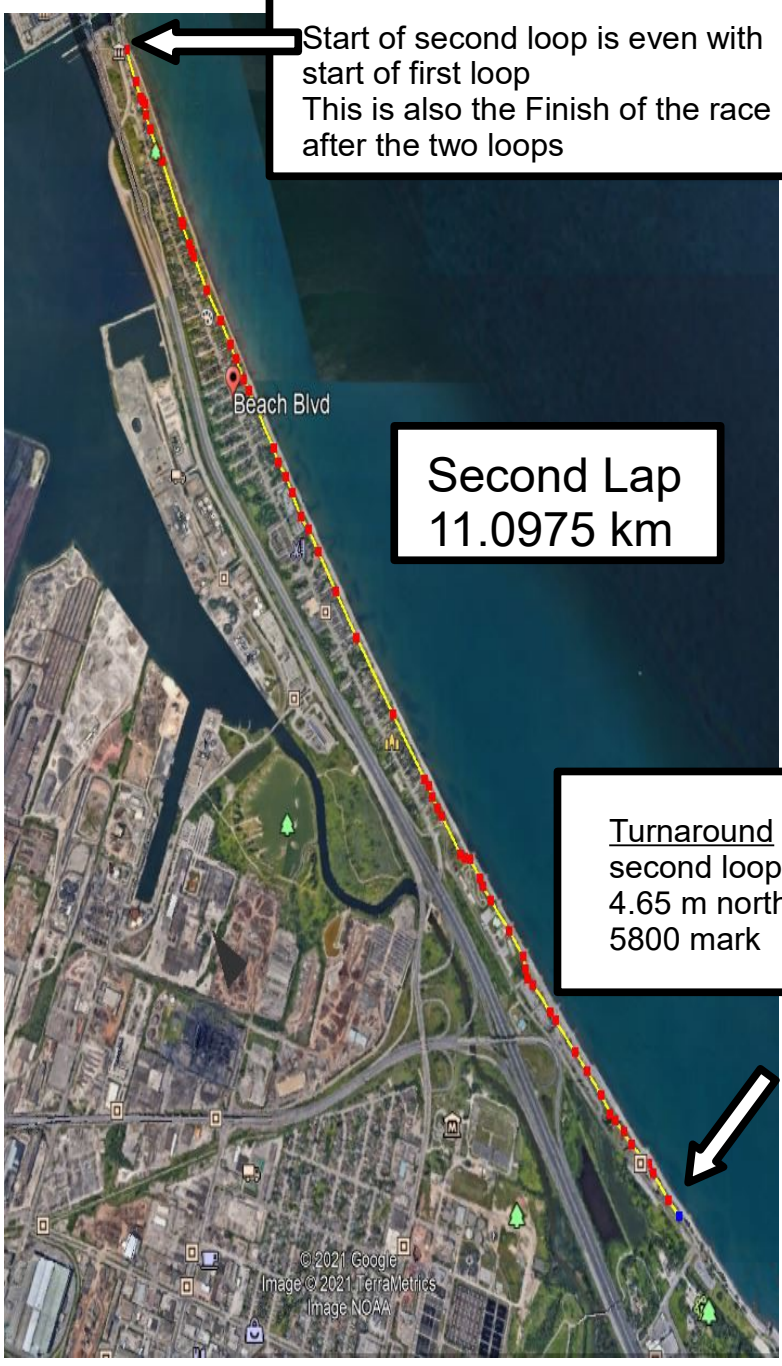
Half in the Hammer Half Marathon



Start – is even with the south side of the observation deck on the west side of the Waterfront Trail about 200 m south of the Lift Bridge. Also this is the turnaround and start of the second loop

First Lap
10 km

Turnaround – of first loop is 36.6 m south of the 5200 m mark, 3.44 m south of the south side of the large concrete square by the parking lot south of Hitch's restaurant, 2.85 m north of sign "Keep Off the Ice Mounds"



Start of second loop is even with start of first loop
This is also the Finish of the race after the two loops

Second Lap
11.0975 km

Turnaround of second loop is 4.65 m north of 5800 mark