



# ATHLETICS CANADA

## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course \_\_\_\_\_  
Certificate number \_\_\_\_\_ Distance \_\_\_\_\_ Race date \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_  
Race contact name \_\_\_\_\_ Race contact email \_\_\_\_\_

### Course Information

Start elevation \_\_\_\_\_ Finish elevation \_\_\_\_\_  
Elevation change \_\_\_\_\_ Percent separation \_\_\_\_\_

### Measurer Information

Measurer name \_\_\_\_\_  
Measurement date \_\_\_\_\_ Expiry date \_\_\_\_\_

### Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

### Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

### As Nationally Certified by

\_\_\_\_\_  
  
Signature of certifier \_\_\_\_\_ Date \_\_\_\_\_

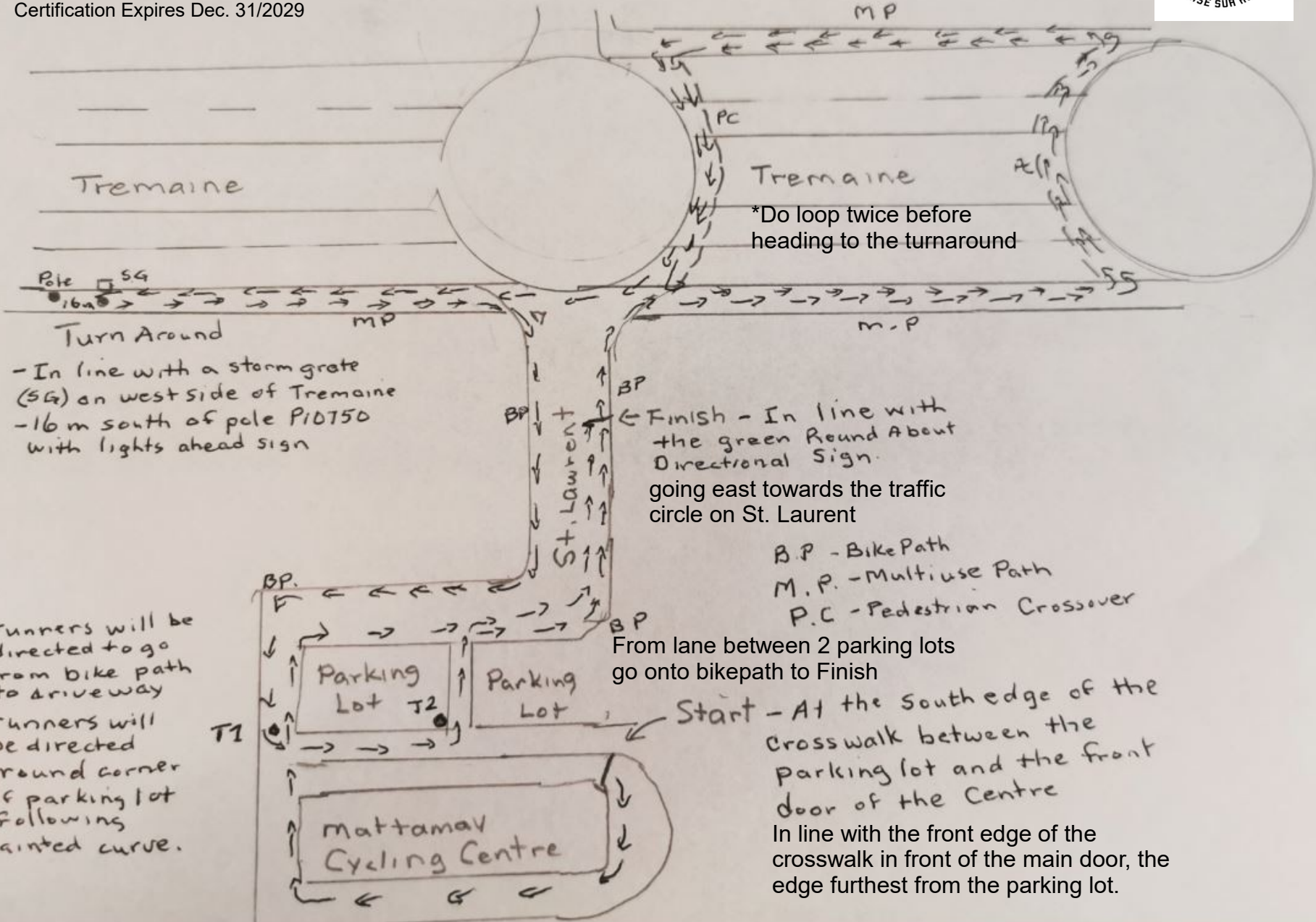
Any inquiries regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)



# Keeping The Distance 10K - Milton



Athletics Canada Certified  
**ON-2020-008-BDC**  
 Certification Expires Dec. 31/2029



\*Do loop twice before heading to the turnaround

Turn Around  
 - In line with a storm grate (SG) on west side of Tremaine  
 - 16 m south of pole P10750 with lights ahead sign

Finish - In line with the green Round About Directional Sign.  
 going east towards the traffic circle on St. Laurent

B.P. - Bike Path  
 M.P. - Multiuse Path  
 P.C. - Pedestrian Crossover

From lane between 2 parking lots go onto bikepath to Finish

Start - At the south edge of the crosswalk between the parking lot and the front door of the Centre  
 In line with the front edge of the crosswalk in front of the main door, the edge furthest from the parking lot.

runners will be directed to go from bike path to driveway  
 2 - runners will be directed around corner of parking lot - following painted curve.

