



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____
Certificate number _____ Distance _____ Race date _____
City _____ Province _____
Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____
Elevation change _____ Percent separation _____

Measurer Information

Measurer name _____
Measurement date _____ Expiry date _____

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

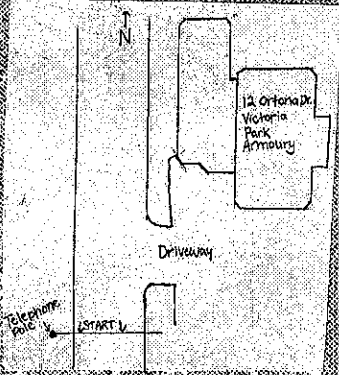
Signature of certifier Paul T.B. Adams _____
Date _____

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca



Cape Breton Fiddlers 10K Run
Sydney, NS
Sept. 8, 2019

Start/Finish
 The start/finish line is an imaginary line running across Esplanade/Ortona perpendicularly from the center of the first telephone pole that is south of the driveway of civic #12 Ortona Drive (Victoria Park Armoury).



Westmou

START / FINISH
 ARROWS
 SHOW RUNNER
 PATH

10K Course Description
The Start

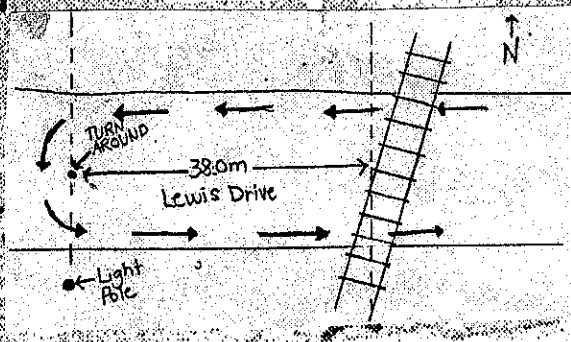
The start/finish line of the race is perpendicular to the first telephone pole on the south side of the driveway of 12 Ortona Drive. The runners head south down Ortona which turns into Esplanade. The road is closed to traffic from the start to the corner of Esplanade and Dorchester St. After this the runners are to stay on the right side of the road. The runners continue down Esplanade which then becomes Kings Rd. At the corner of Kings and Townsend the road widens to two lanes. The runners continue on the right-hand side of Kings Rd. and make a right turn onto Lewis Drive. They keep to the right of this road, where the paving is somewhat rough and uncurbed and contains gravel/sand.

The Turnaround
 The runners now proceed toward the turnaround, which is marked by a PK nail exactly 38 meters west of the railway and is in line with a light pole on the south side of the road. After the turn, they now stay to the right of the road and proceed up Lewis Drive back toward Kings Rd. They turn left onto Kings Rd., but will be marshalled toward the double yellow center line of the road on the same side. They will keep to this side, facing would-be oncoming traffic until the lanes go back to a single lane (at Dorchester) and continue along the inside of the center line of Kings Rd., to Esplanade, to Ortona and to the finish.

Note: the entire side of the road where the participants will be running will be closed to traffic for the duration of the race.
 The race was measured no more than 1 meter from the side of the road heading out and the line of the road after the turn back onto Kings Rd.

Athletics Canada Certified
NS-2019-026-PTBA
Certification Expires 2028-12-31

Turnaround Point
 The 10K turnaround is marked by a PK nail in the center of Lewis Drive exactly 38 meters west of the railway. It is in line with a light pole that is on the south side of the road.



TURN HERE

Sydney Drive