



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____
Certificate number _____ Distance _____ Race date _____
City _____ Province _____
Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____
Elevation change _____ Percent separation _____

Measurer Information

Measurer name _____
Measurement date _____ Expiry date _____


Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

 Paul T.B. Adams _____
Signature of certifier _____ Date _____

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca

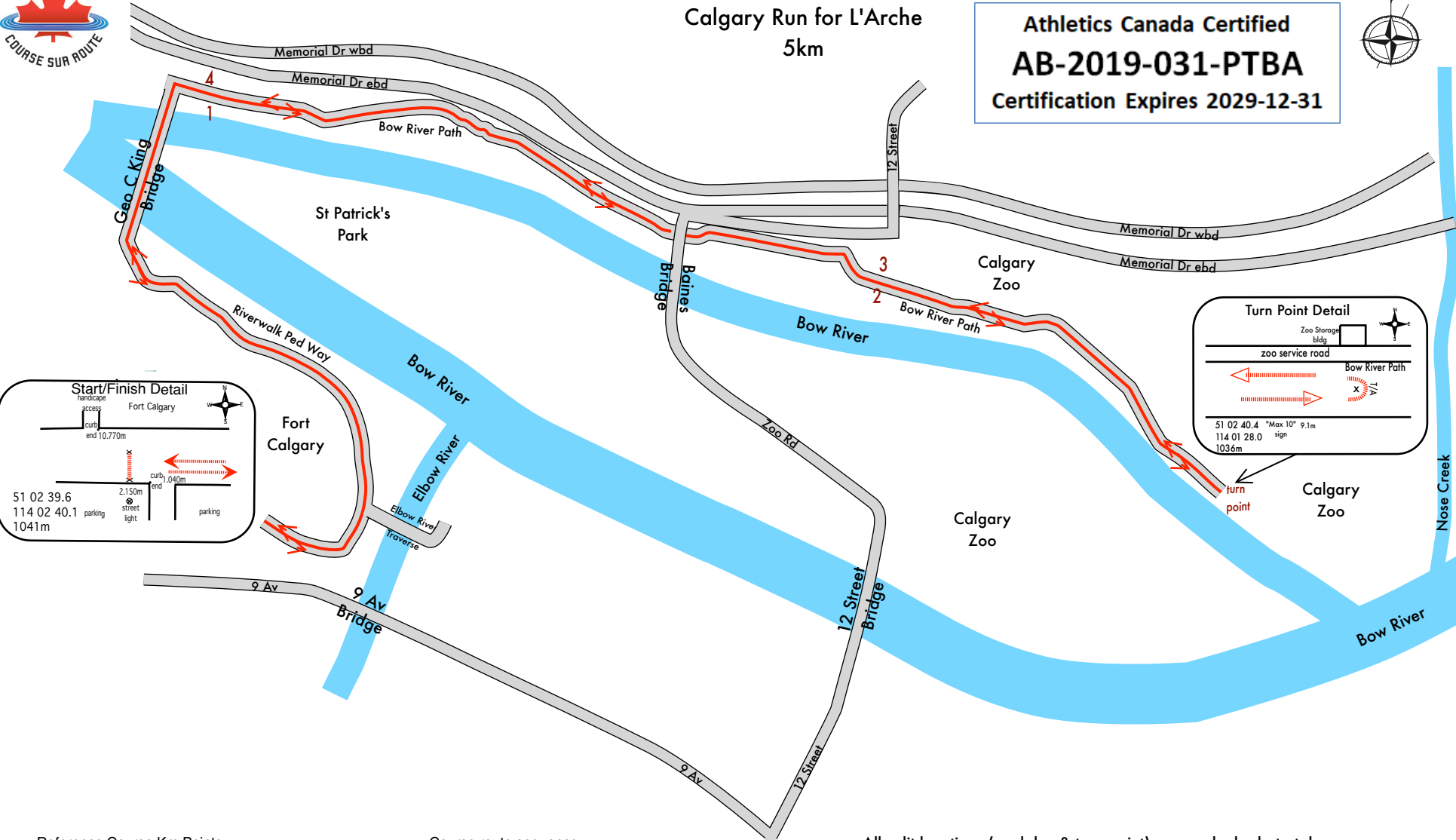
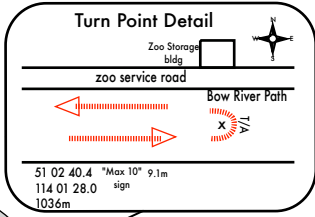
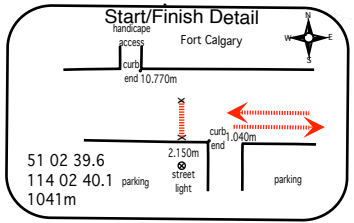




Athletics Canada Certified
AB-2019-031-PTBA
 Certification Expires 2029-12-31



Calgary Run for L'Arche 5km



Reference Course Km Points for detailed layouts			
start	Fort Calgary		
	51 02 39.6	114 02 40.1	1041m
1 km	51 02 56.1	114 02 38.1	1041m
2 km	51 02 48.2	114 01 49.9	1041m
T/A	51 02 40.4	114 01 28.0	1036m
3 km	51 02 48.2	114 01 50.0	1041m
4 km	51 02 56.1	114 02 38.2	1041m
finish	Fort Calgary		
	51 02 39.6	114 02 40.1	1041m

Course route sequence
 Fort Calgary - ER
 Riverwalk Ped Way - ROC
 Geo C King Bridge - ROC
 Bow River Path - ROC
 turn point
 Bow River Path - ROC
 Geo C King Bridge - ROC
 Riverwalk Ped Way - ROC
 Fort Calgary - ER

All split locations (each km & turn point) are marked, photo taken, GPS referenced and measured to a permanent object where available.

From start line at Fort Calgary Interpretive Centre to the finish line at the same location all corners are to be coned and marshalled.

This course is measured to the guidelines defined by the Athletics Canada governing body.

Course Measurer: Marcel LaMontagne 403.874.1185

Course Measured: September 16, 2019