

# ATHLETICS CANADA ROAD RACE MEASUREMENT CERTIFICATE

#### **Race Information**

Name of the course				
Certificate number	Distance _	Race date		
City		Province		
Race contact name	Race contact email			
Course Information				
Start elevation		Finish elevation		
Elevation change		Percent separation		
Measurer Information				
Measurer name				
Measurement date		Expiry date		
	Offici	al Notice		
Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the <b>Road Running Technical Council</b> . If any changes are made to the course, this certification becomes void, and the course must then be recertified.				
Validation of Course In the event a National Open Record is set on this course, or at the discretion of Athletics Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.				
As Nationally Certified by	orway			
Signature of certifier		Date		

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca



### Leading Edge Physiotherapy RunWild 10 km 10 km Route

#### 10 Km Turnaround @ JJ Nearing School

Turnaround is located 6 cm to the west of the sidewalk joint where the city sidewalk joins the school entry sidewalk



## Athletics Canada Certified AB-2018-027-BDC Certification Expires Dec. 31/2028

#### Start and Finish Descriptions

The start for the 10 km, Half Marathon – Trails and Half Marathon – Flood is the same, those three races start at a crosswalk line on St. Anne Street, in front of St. Albert Place. The start line for the 5 km race is moved 34 metres south of the other start lines. The reason for two distinct start lines, is because the 5 km race is a true loop race, with no opportunity to change the route length between the start/finish lines. The other races have opportunities to extend using minor turnarounds to obtain the correct distance.

The finish line for all four events is in a parking lot directly behind the St. Albert Curling Club on Sir Winston Churchill Avenue.





#### 10 Km Route Description

Start on St. Anne Street
Left on Perron Street
Left on Mission Avenue
Left on McKenney Avenue
Right on Trails on left side of Lacombe Park Lake
Cross Giroux Rd northbound
Left on to sidewalk in front of JJ Nearing School

Turnaround in front of JJ Nearing School Cross Giroux Rd southbound

Cross McKenney Avenue, turn left on sidewalk Right on trails

Right onto Children's Footbridge Right on trails

Left on trails paralleling railway tracks

180° left onto Sir Winston Churchill Avenue

Left towards finish line

Km to/from (approx.)	Surface type	Runners Direction	JCEB measurement
Start - 2.5	Road/Asphalt	Contra flow to traffic	30 cm from curb
2.5 - 9.7	Trail/Asphalt	With foot traffic	SPR
9.7 - finish	Road/Asphalt	Contra flow to traffic	30 cm from curb



Finish line is a yellow parking stall line next to a crack in the curb, in line with the back door of the curling club. (Parked vehicle in photo blocks the view)