



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course Sheila Poole 10K

Certificate number NS-2018-009-DRY Distance 10 km Race date July 21, 2018

City Yarmouth Province NS

Race contact name Nancy Bishara 902-749-8359 Race contact email davidbishara@eastlink.ca

Course Information

Start elevation 5 m Finish elevation 5 m

Elevation change 0.0 m/km Percent separation 1.8%

Measurer Information

Measurer name Perry Abriel 902-865-4665 pabriel@eastlink.ca

Measurement date May 17, 2018 Expiry date December 31, 2027

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Signature of certifier

Dave Jaeger

Date

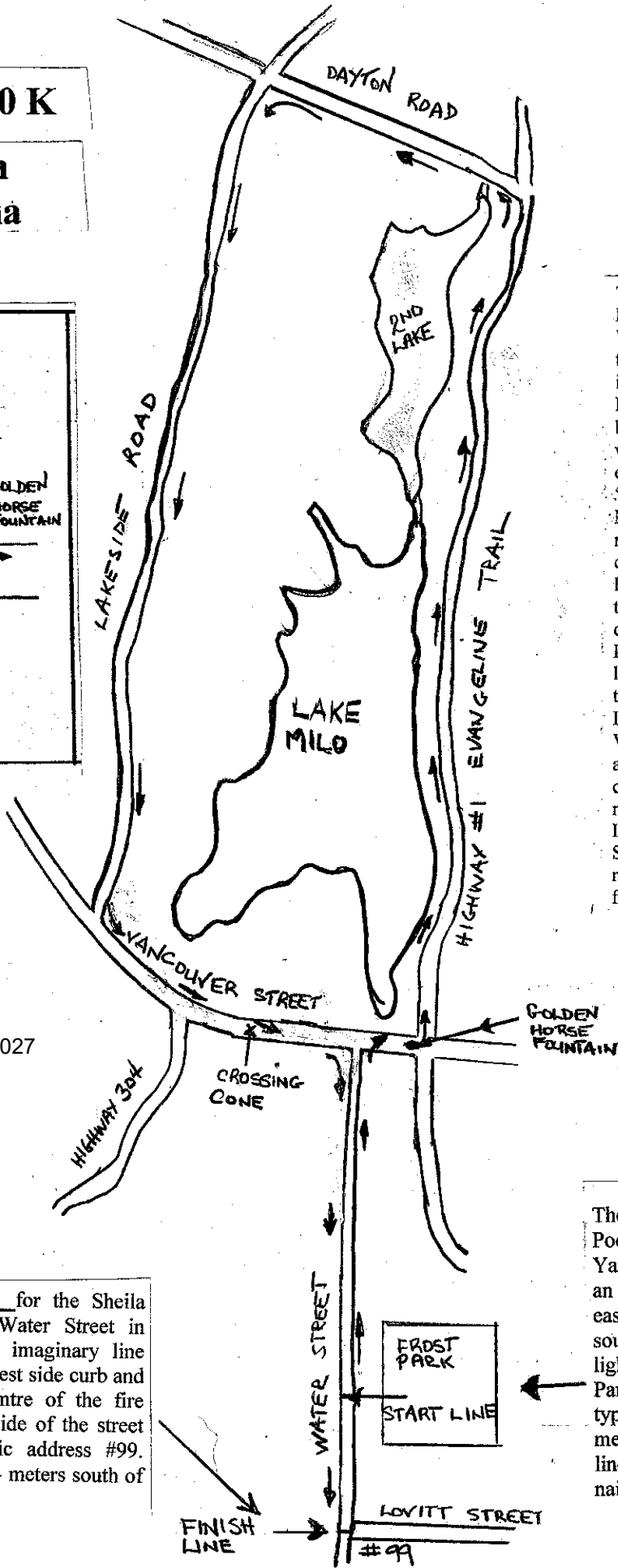
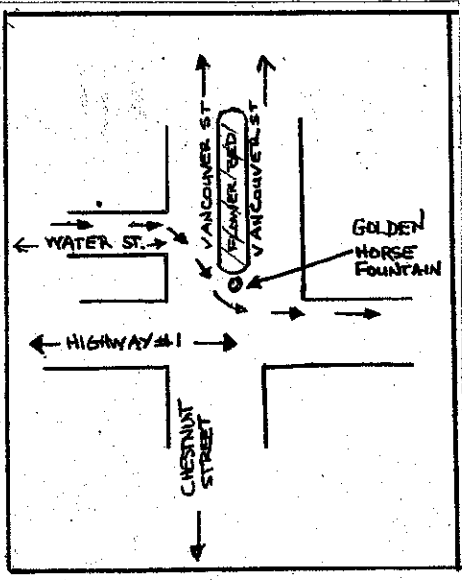
May 26, 2018

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca



Sheila Poole 10 K

Yarmouth Nova Scotia



The runners leave the Start Line at Frost Park on Water Street and head north up Water Street with a police escort. They turn right onto Vancouver Street and almost immediately make a left onto the Evangeline trail.(Hwy1). There is a small boulevard/flower bed on Vancouver Street where it intersects with Highway #1. At the east end of the boulevard there is a small "Golden Horse Monument". Course Marshals and the RCMP will guide the runners as they turn right onto Vancouver, cross diagonally to the end and then turned left in front of the Golden Horse Monument to the left side of Highway #1 and they continue northbound and turn left onto Dayton Road from Hwy 1 and then another left onto Lakeside Road from Dayton. They turn left onto Vancouver Street from Lakeside and run on the left side of Vancouver and are guided diagonally across Vancouver by course marshals. A cone marks the crossing point. They then make a right onto Water Street to the Finish Line across from civic address #99 Water Street. Other than the crossing areas the runners will run on the left side of the road facing oncoming traffic.

Athletics Canada Certified
NS-2018-009-DRY
Certification Expires Dec 31, 2027



The **FINISH LINE** for the Sheila Poole 10 K is on Water Street in Yarmouth. It is an imaginary line perpendicular to the west side curb and is marked by the centre of the fire hydrant on the west side of the street directly opposite civic address #99. The Finish Line is 184 meters south of the Start Line.

The **START LINE** for the Sheila Poole 10 K is on Water Street in Yarmouth adjacent to Frost Park. It is an imaginary line perpendicular to the east sidewalk. It is located 1.53 meters south of the centre line of the street light pole on the south side of Frost Park.. The pole has a decorative lamp type street light. The Start Line is 184 meters north of the Finish Line. The line location is marked by two PK nails and orange market paint.

