



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course Cedar 12K
Certificate number BC-2018-003-BDC Distance 12 km Race date Feb. 04/2018
City Cedar Province BC
Race contact name Jim Rutherford Race contact email racedirector@bastionrunclub.ca

Course Information

Start elevation 45 m Finish elevation 47 m
Elevation change +0.17 Percent separation 1.6

Measurer Information

Measurer name Gary Duncan gary.duncan@telus.net 250-721-2912 & Elaine Galbraith
Measurement date Jan. 14/2018 Expiry date Dec. 31/2027

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

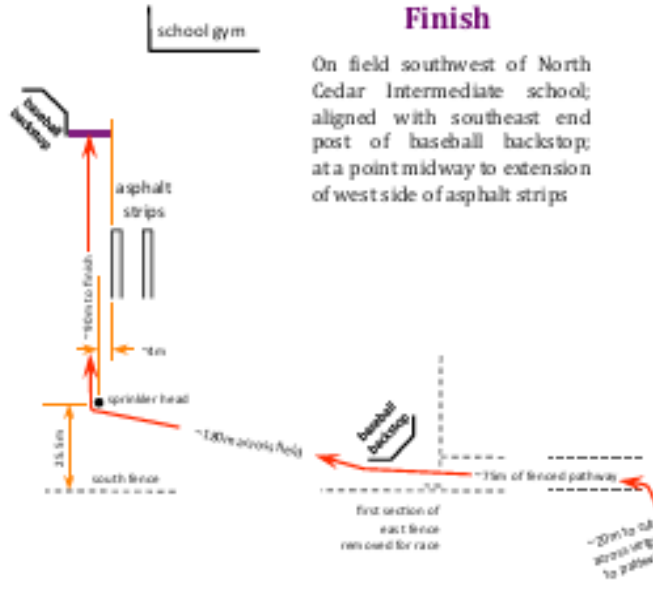
 March 2/2018
Signature of certifier Date

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca





Athletics Canada Certified
BC-2018-003-BDC
 Certification Expires Dec. 31/2027



The ~365m soft finish route comes off Cedar Road across a verge to a short pathway, through a removed section of fence, across the grass school field to a tight (0.3m) turn round a sprinkler head 25.5m from the south fence and ~4m west of a pair of asphalt strips, and then straight north to the finish. The turn radius can be increased by moving the turn centre such that distance is maintained.



Cedar 12K

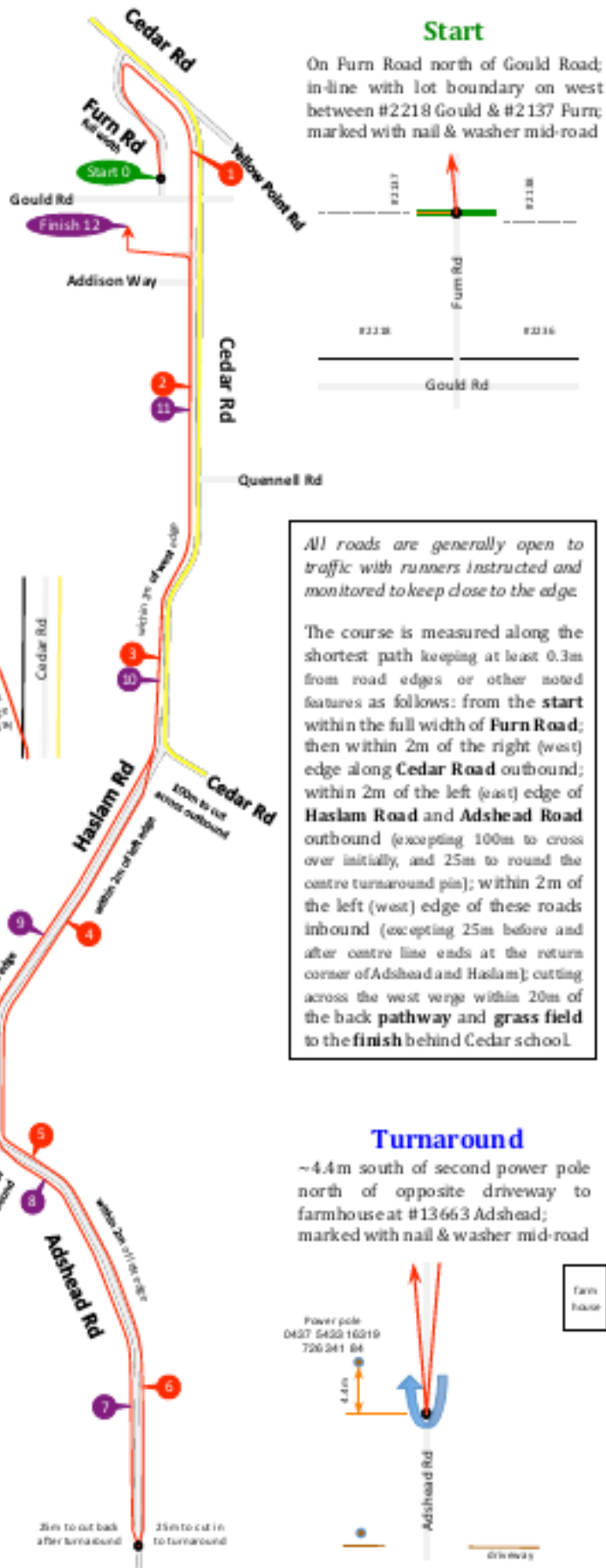
Cedar BC

Measured: 2018 January 14
 by Gary Duncan
 & Elaine Galbraith

Altitude: Start: 45m, High: 60m
 Turn: 35m, Low: 24m
 Finish: 47m

Separation: 190m

Gary Duncan, AIMS/IAAF "B" Measurer

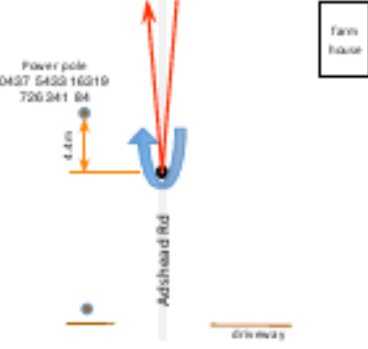


Start
 On Furn Road north of Gould Road; in-line with lot boundary on west between #2218 Gould & #2137 Furn; marked with nail & washer mid-road

All roads are generally open to traffic with runners instructed and monitored to keep close to the edge.

The course is measured along the shortest path keeping at least 0.3m from road edges or other noted features as follows: from the **start** within the full width of **Furn Road**; then within 2m of the right (west) edge along **Cedar Road** outbound; within 2m of the left (east) edge of **Haslam Road** and **Adshhead Road** outbound (excepting 100m to cross over initially, and 25m to round the centre turnaround pin); within 2m of the left (west) edge of these roads inbound (excepting 25m before and after centre line ends at the return corner of Adshhead and Haslam); cutting across the west verge within 20m of the back pathway and grass field to the **finish** behind Cedar school.

Turnaround
 ~4.4m south of second power pole north of opposite driveway to farmhouse at #13663 Adshhead; marked with nail & washer mid-road



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