



# ATHLETICS CANADA

## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course CAR 10K Ottawa  
Certificate number ON-2017-008-DRY Distance 10 km Race date September 17, 2017  
City Ottawa Province ON  
Race contact name John Halvorsen Race contact email halvorsen@runottawa.ca

### Course Information

Start elevation 67 m Finish elevation 67 m  
Elevation change 0 m/km Percent separation 0%

### Measurer Information

Measurer name John Halvorsen halvorsen@runottawa.ca 613-447-9106  
Measurement date August 13, 2017 Expiry date December 31, 2026

### Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

### Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

### As Nationally Certified by

\_\_\_\_\_  
Signature of certifier  \_\_\_\_\_  
September 8, 2017  
Date

Any inquires regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)



# CAR 10K

Notes:

1. Runners have access to full road surface unless noted
2. At start runners are in NB Elgin lanes ONLY until Queen St where they switch to SB Elgin lanes (west side of memorial)
3. On Wellington runners have access to WB lanes only until turn, and EB only on return
4. On Mackenzie one SB lane is coned off to permit cars exiting from Chateau north side parking
5. On Sussex runners use WB lanes going out to GG/MackKay and EB lanes returning to St.Patrick.
6. Runners use all of Sussex between St.Patrick and Rideau, then ONLY SB lanes on CBY until Daly
7. At Daly intersection runners are restricted to SB lane only, once past Daly they have all of CBY
8. Traffic management lanes may be set up not impacting shortest possible route



	John Halvorsen
	August 23, 2017
	(613)447-9106

Athletics Canada Certified
   
 ON-2017-008-DRY
   
 Certification expires Dec 31, 2026