



# ATHLETICS CANADA

## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course MEC Race Five

Certificate number ON-2017-001-BDC Distance 5 km Race date Oct. 21/2017

City London Province ON

Race contact name Alethia Hazaras Race contact email alethia.hazaras@mec.ca

### Course Information

Start elevation 239 m Finish elevation 239 m

Elevation change 0 m/km Percent separation 0

### Measurer Information

Measurer name Bill Wheeler bgwheels@gmail.com 519-873-0488

Measurement date Oct. 20/2016 Expiry date Dec. 31/2026

### Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

### Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

### As Nationally Certified by

 Jan. 5/2017  
Signature of certifier Date

Any inquires regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)



# MEC Race Five

5 km

**Start/Finish:** 4.2M north (up river) from concrete pad for Murdoch bench south of Victoria St. Parking Lot or 39.1M South of intersection of bike path and path to Victoria St. Parking Lot.

**2.5K (5K turnaround):** 1.15M upriver from the directly under the upriver edge of the Dundas St. overpass (Kensington Bridge).

Support



Athletics Canada Certified  
**ON-2017-001-BDC**  
Certification Expires Dec. 31/2026