

ATHLETICS CANADA ROAD RACE MEASUREMENT CERTIFICATE

Race Information

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Name of the course Forever Young 8 km	
Certificate number BC-2016-007-BDC Distance 8	Race date Sept. 11/2016
City Richmond	Province BC
Race contact name	Race contact email johnlyoung@shaw.ca
Course Information	
Start elevation 3 m	Finish elevation 3 m
Elevation change0 m/km	Percent separation0
Measurer Information	
Measurer namePaul Higginbotham	
Measurement date March 20/2016	Expiry date Dec. 31/2025
Official Notice Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified. Validation of Course In the event a National Open Record is set on this course, or at the discretion of Athletics Canada, a validation remeasurement may be required to be performed by	
As Nationally Certified by March 28/2016 Date	
Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca	



Forever Young 8 km



Turnaround –
is 12.5 m S of
the City of
Richmond 4 km
marker post.
radius of turn is
2.0 m on
bikepath.

Start/Finish – is even with the City of Richmond 0 km marker post in Gary Point Park.

Athletics Canada Certified
BC-2016-007-BDC
Certification Expires Dec. 31/2025

Richmond, BC Measured March 20/2016 By Paul Higginbotham

