



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course Spring Run-Off Vancouver 8k
Certificate number BC-2016-004-BDC Distance 8 km Race date March 20/2016
City Vancouver Province BC
Race contact name Clifton Cunningham Race contact email clifton@canadarunningseries.com

Course Information

Start elevation 20 m Finish elevation 20 m
Elevation change 0 m/km Percent separation 0

Measurer Information

Measurer name Tom Skinner and Clifton Cunningham
Measurement date Feb. 8/2016 Expiry date Dec. 31/2025

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

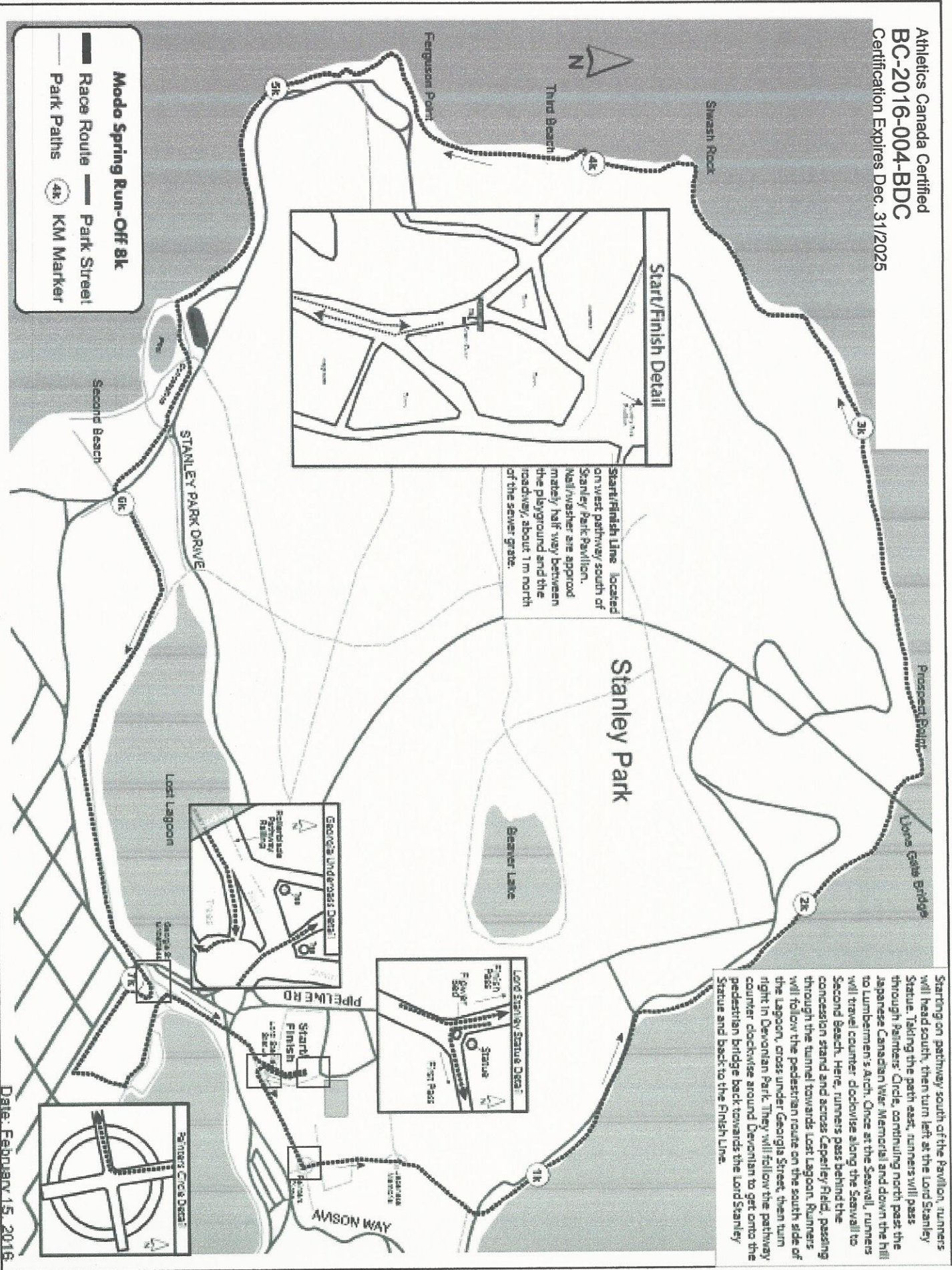
In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Bernard Conway Feb. 20, 2016
Signature of certifier Date

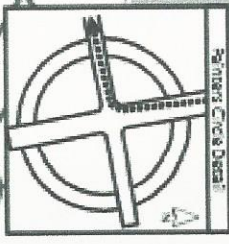
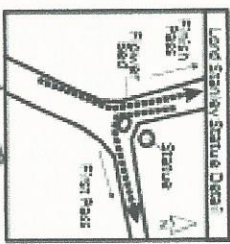
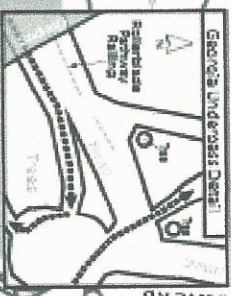
Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca





Start/Finish Line located on west pathway south of Stanley Park Pavilion. Mail/washer are approx. midway, half way between the playground and the roadway, about 1m north of the sewer grate.

Starting on pathway south of the Pavilion, runners will head south, then turn left at the Lord Stanley Statue. Taking the path east, runners will pass through Painters' Circle, continuing north past the Japanese Canadian War Memorial and down the hill to Lumbermen's Arch. Once at the Seawall, runners will travel counter-clockwise along the Seawall to Second Beach. Here, runners pass behind the concession stand and across Capelley Field, passing through the tunnel towards Lost Lagoon. Runners will follow the pedestrian route on the south side of the Lagoon, cross under Georgia Street, then turn right in Devonian Park. They will follow the pathway counter-clockwise around Devonian to get onto the pedestrian bridge back towards the Lord Stanley Statue and back to the Finish Line.



Date: February 15, 2016