



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____
Certificate number _____ Distance _____ Race date _____
City _____ Province _____
Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____
Elevation change _____ Percent separation _____

Measurer Information

Measurer name _____
Measurement date _____ Expiry date _____

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by


Signature of certifier _____ Date _____

Any inquiries regarding this certificate should be directed to coursemeasurement@athletics.ca



MEC DAD'S DAY DASH – 5 KM

Start At Fire Hydrant West of Arena.

1/4 km Carp Rd – E side at centre of Juanita Ave.

2/3 km Craig Side Rd – N side across from Hydro Pole A250. 2nd Hydro Pole W of Carp Rd.

2.5 km Turnaround – Craig Side Rd – N side 1.9m E of the last post at the E end of the guardrail on S side before the culvert crossing. Nail 0.3 m from edge of pavement.

Measurement and Map
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RESTRICTIONS:

Carp Rd – 1m width on East side of road. Used for both out and back.

Craig Side Rd – runners stay to the right of the centre of the road in each direction.