



# ATHLETICS CANADA

## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course The Bread Run 5K  
Certificate number NS-2016-023-BDC Distance 5 km Race date May 14/2016  
City Brooklyn, Hants County Province NS  
Race contact name Sarah White Race contact email sarahjo100@hotmail.com

### Course Information

Start elevation 10 m Finish elevation 10 m  
Elevation change 0 m/km Percent separation 2

### Measurer Information

Measurer name Perry Abriel  
Measurement date April 14/2016 Expiry date Dec. 31/2025

### Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

### Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

### As Nationally Certified by

Bernard Conway  
Signature of certifier

May 7/2016  
Date

Any inquires regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)

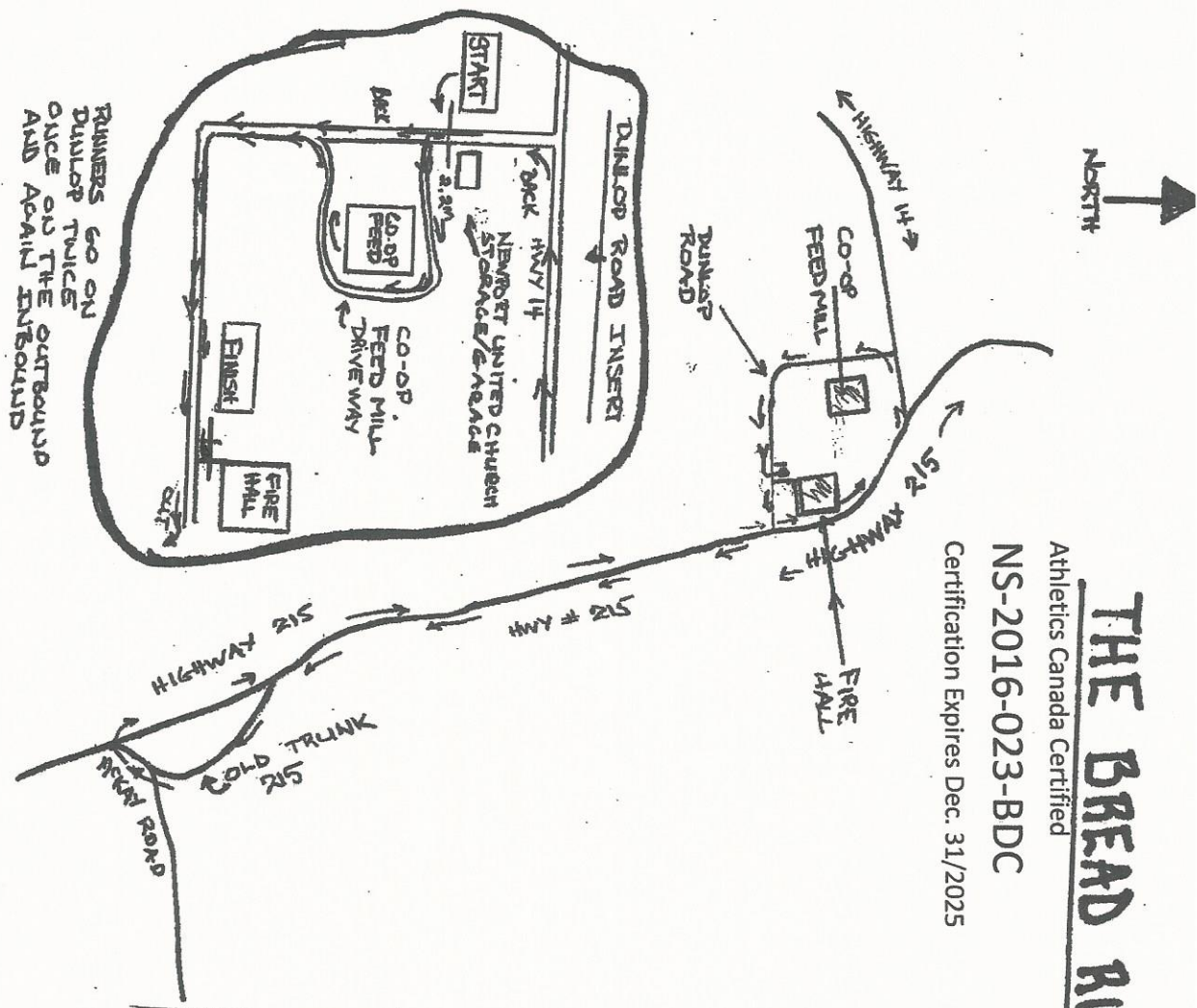


# THE BREAD RUN 5K

Athletics Canada Certified

NS-2016-023-BDC

Certification Expires Dec. 31/2025



THE BREAD RUN 5K

BROOKLYN, HANTS Co. Nova Scotia

**The Start**

The Brooklyn 5 K Bread Run starts on the north end Dunlop Rd. The START LINE is 2.2 meters south of the back wall of the garage/storage shed of the Newport United Church. It is also in line with the back yard fence of the Property #119 Dunlop Rd. The Start Line is marked with PK nails and orange spray paint on both sides of Dunlop Rd.

From the start the runners run south on Dunlop and almost immediately they will be turned into the north driveway of the Co-Op Feed Mill, around the mill and out the south driveway turning left back onto Dunlop and they follow Dunlop until they reach Highway 215. They cross Highway 215 while turning right and then run south (outbound) and on the left hand side of Highway 215 facing oncoming traffic.

At approximately 1.8 Km they will veer left onto Old Trunk 215 for a very short distance and then will turn right onto Mckay Road and then right side facing oncoming traffic. The runners are now on the inbound direction. They continue on highway 215 and turn left onto Highway #14 at the intersection in Brooklyn. After a very short distance (less than 100 m) on Highway #14 they turn left back onto Dunlop Road where they will run to the back driveway of the Brooklyn Volunteer Fire Department and turn left into this driveway.

**The Finish**

The FINISH LINE is a line across the driveway of the fire hall and it located exactly where the concrete curb starts on the right side of the driveway from entering. It is 7 metres from the edge of Dunlop Road.