



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course Longest Day 5K
Certificate number BC-2016-053-BDC Distance 5 km Race date June 10/2016
City Vancouver Province BC
Race contact name Graeme Fell Race contact email runner@intergate.ca

Course Information

Start elevation 85 m Finish elevation 88 m
Elevation change +0.6 m/km Percent separation 1.6

Measurer Information

Measurer name Geoffrey Buttner
Measurement date May 8/2016 Expiry date Dec. 31/2025

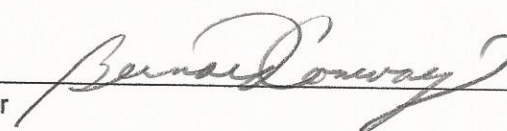
Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Signature of certifier  Date June 8/2016

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca



Notes:

- Runners have the entire road from the start line until East Mall. On East Mall they have both lanes initially but will be reduced to the south (curb) lane before turn to West 16th. Then in the curb lane closest to the stadium until the traffic circle at Stadium Dr. and West Mall.
- On West Mall, restriction is use of the northbound lane only until Stores Rd. which then becomes full access.
- The traffic circle at Stadium Dr. and West Mall has a roundabout that the runners must run around in the normal direction. It has a raised apron between its center and the street surface to facilitate the movement of larger vehicles through the intersection. The runners must stay on the road and not up on this apron. This must be set up with tape and marked accordingly.
- Main Mall, Main Mall Greenway, Memorial Rd., and Agricultural Rd. are pedestrian-only pathways.
- Excluding the above restrictions participants have full use of the pedestrian pathway as set out in this map.
- The certification is not valid if the course is not set out in accordance with this map.
- Map and detail areas not drawn to scale.

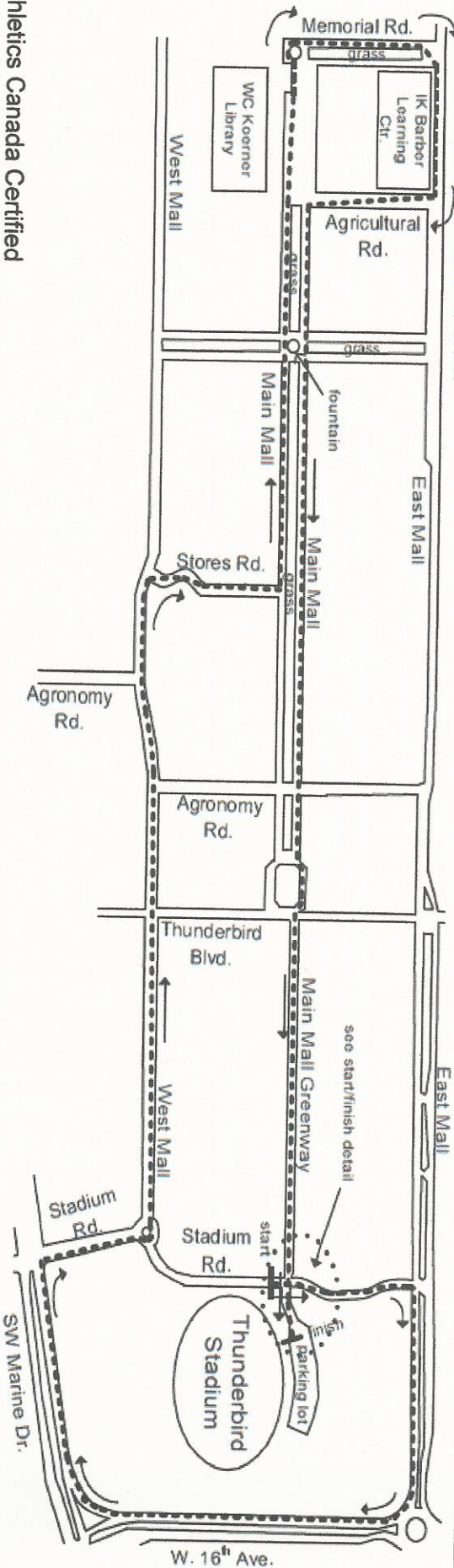
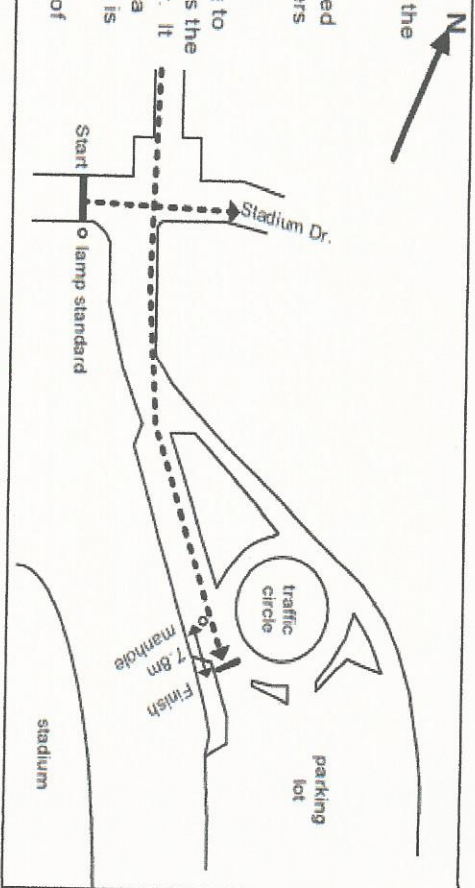


Longest Day 5K

Start/Finish detail

The start line is on Stadium Drive at the first lamp standard just south of the parking lot entrance to Thunderbird Stadium. The lamp standard is located on the south side of the road. Runners proceed north from the start line.

The finish line is on the drive leading to the parking lot for the Stadium across the intersection and south of Stadium Dr. It is located adjacent to (and south) of a large grass-covered traffic circle and is 7.8m south of the center point of a manhole cover located in the center of the road approaching the finish line.



Athletics Canada Certified
BC-2016-053-BDC
 Certification Expires Dec. 31/2025