



# ATHLETICS CANADA

## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course West Van Run 10K  
Certificate number BC-2016-006-BDC Distance 10 km Race date March 05/2016  
City West Vancouver Province BC  
Race contact name Kirill Solovyev Race contact email krillsolovyev@hotmail.com

### Course Information

Start elevation 12 m Finish elevation 3 m  
Elevation change -0.9 m/km Percent separation 2

### Measurer Information

Measurer name Geoffrey Buttner and Kirill Solovyev  
Measurement date Jan. 23/2016 Expiry date Dec. 31/2025

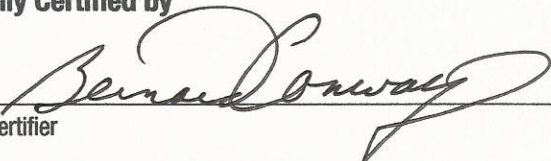
### Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

### Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

### As Nationally Certified by

  
Signature of certifier

March 2, 2016  
Date

Any inquires regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)



# West Van Run 10K

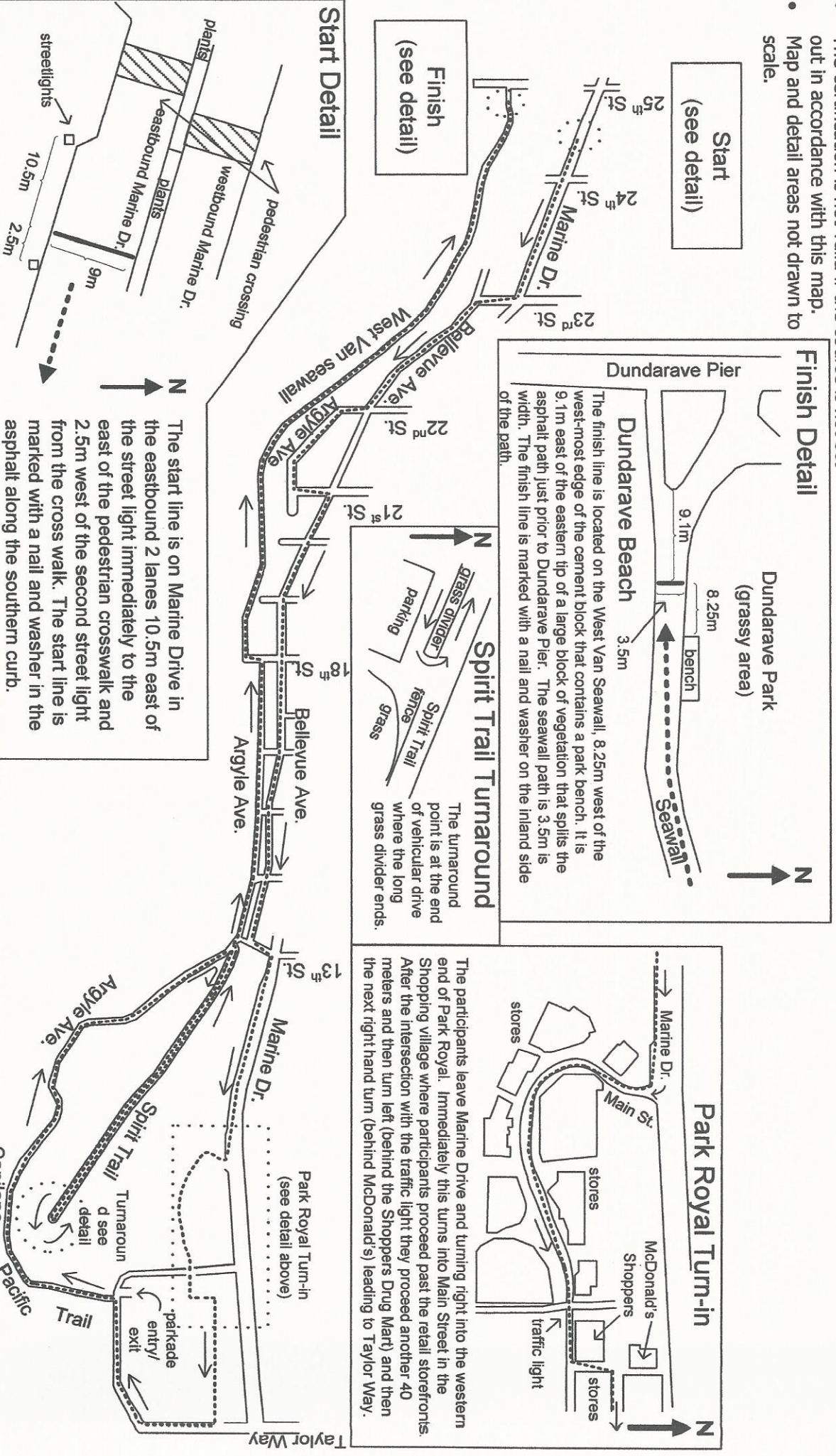
Athletics Canada Certified

BC-2016-006-BDC

Certification Expires Dec. 31/2025

**Notes:**

- Participants are to be restricted to the eastbound two traffic lanes from the start until the right turn on 23<sup>rd</sup> St.
- Participants to be restricted to right lane on Marine Dr. between 13<sup>th</sup> St and the turn-in to Park Royal. Excluding the above restrictions, participants have full use of the streets, trails, and the seawall as set out in this map
- The certification is not valid if the course is not set out in accordance with this map.
- Map and detail areas not drawn to scale.



The start line is on Marine Drive in the eastbound 2 lanes 10.5m east of the street light immediately to the east of the pedestrian crosswalk and 2.5m west of the second street light from the cross walk. The start line is marked with a nail and washer in the asphalt along the southern curb.

The finish line is located on the West Van Seawall, 8.25m west of the west-most edge of the cement block that contains a park bench. It is 9.1m east of the eastern tip of a large block of vegetation that splits the asphalt path just prior to Dunderave Pier. The seawall path is 3.5m is width. The finish line is marked with a nail and washer on the inland side of the path.

The turnaround point is at the end of vehicular drive where the long grass divider ends.

The participants leave Marine Drive and turning right into the western end of Park Royal. Immediately this turns into Main Street in the Shopping village where participants proceed past the retail storefronts. After the intersection with the traffic light they proceed another 40 meters and then turn left (behind the Shoppers Drug Mart) and then the next right hand turn (behind McDonald's) leading to Taylor Way.

Start Detail

Start  
(see detail)

Finish Detail

Spirit Trail Turnaround

Park Royal Turn-in

Finish  
(see detail)

Parkade entry/exit  
Capilano Trail