



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course Run for Retina Half Marathon

Certificate number ON-2015-019-DRY Distance 21.0975 km Race date April 10, 2016

City London Province Ontario

Race contact name Kim and Paul Spriet Race contact email kjspriet@gmail.com

Course Information

Start elevation 234 m Finish elevation 234 m

Elevation change 0 m/km Percent separation 0%

Measurer Information

Measurer name Bernard Conway

Measurement date November 18, 2015 Expiry date December 31, 2025

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Signature of certifier



Date

December 4, 2015

Any inquiries regarding this certificate should be directed to coursemeasurement@athletics.ca

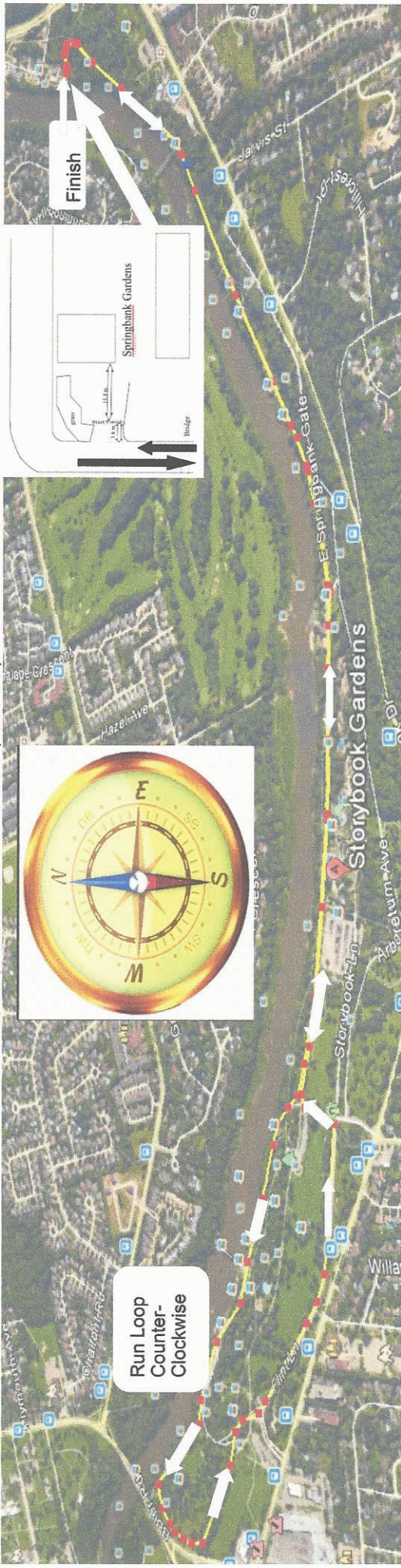


Run for Retina Half Marathon (Regular Route)

Athletics Canada Certified
ON-2015-019-DRY
Certification Expires Dec. 31, 2025



Top Map – first section of the race (Out/Back)



Bottom Map – second section of the race (Loop Course)

Start – is on path coming from behind the buildings in Springbank Gardens, 3.8 m E of the main north-south bikepath.. Runners enter the main path and turn right (north) and follow the bikepath as it bends right (east) and passes the Canoe Club, and continues onto the bike path through Saturn Park. After exiting Greenway Park the bike path goes through the Greg Curno Tunnel and then onto the bike path to Riverview Ave. and then onto the bike path by the Children's Museum. Runners then continue on the bike path under the Wharmcliffe Bridge Park to the turnaround, across the King St. Pedestrian Bridge and follow the bike path north along the river into Harris Park. From there they follow the bike along the river into Gibbons Washrooms.

Turnaround - is 30.37 m east of the washrooms in Gibbons Park west of the pool. Runners then retrace their path back to Wonderland Gardens. From there the runners proceed to the Maurice Chapman Walkway and into Springbank Park making a counter-clockwise loop at the west end of Springbank Park and then retrace their path to the finish in Springbank Gardens.

Finish -same as the start.