



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course	Brain Injury Association of Waterloo Wellington's Heel & Wheel 5k				
Certificate number	ON-2015-013-BDC	Distance	5 km	Race date	June 7/2015
City	Kitchener	Province	ON		
Race contact name	Douglas Wetherill	Race contact email	doug@atherapy.ca		

Course Information

Start elevation	321 m	Finish elevation	321 m
Elevation change	0 m/km	Percent separation	0

Measurer Information

Measurer name	Lloyd Schmidt		
Measurement date	May 21/2015	Expiry date	Dec. 31/2024


Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Signature of certifier  Date June 9, 2015

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca



Brain Injury Association of Waterloo Wellington's Heel & Wheels 5K

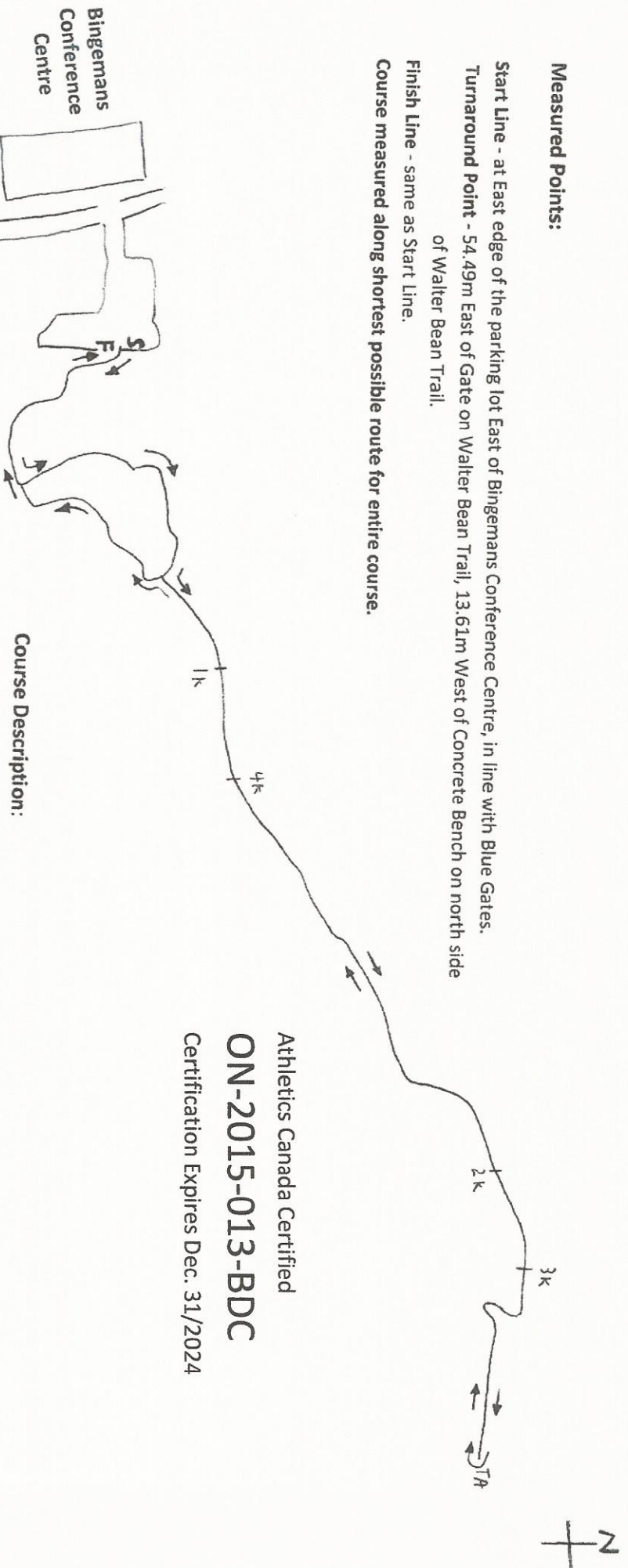
Measured Points:

Start Line - at East edge of the parking lot East of Bingemans Conference Centre, in line with Blue Gates.

Turnaround Point - 54.49m East of Gate on Walter Bean Trail, 13.61m West of Concrete Bench on north side of Walter Bean Trail.

Finish Line - same as Start Line.

Course measured along shortest possible route for entire course.



Course Description:

- Start Line is at East edge of the parking lot East of Bingemans Conference Centre, in line with the Blue Gates.
- Head East along paved road.
- Turn left onto first gravel road.
- Follow gravel road to the trail head gates of the Walter Bean Trail. Turn left onto the trail.
- Follow Walter Bean Trail to turnaround point.
- Turnaround and follow same trail back to the trail head gates of the Walter Bean Trail.
- Turn left onto gravel road.
- Turn right onto paved road and head west to Finish Line (same as Start Line).

Athletics Canada Certified
ON-2015-013-BDC
Certification Expires Dec. 31/2024

BINGEMANS CENTRE DRIVE
KITCHENER, ONTARIO