



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course Squamish Days 10 km
Certificate number BC-2015-040-BDC Distance 10 km Race date Aug. 2/2015
City Vancouver Province BC
Race contact name Alma Lewis Race contact email arlewis@shaw.ca

Course Information

Start elevation 7 m Finish elevation 6 m
Elevation change -0.1 m/km Percent separation 3

Measurer Information

Measurer name Paul Adams
Measurement date May 6/2015 Expiry date Dec. 31/2024

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Bernard Conway
Signature of certifier

Oct. 27, 2015
Date

Any inquires regarding this certificate should be directed to coursemeasurement@athletics.ca





Squamish Days 10 km Run - 2015

Certified by Athletics Canada:

Measured by: Paul Adams, AIMS/IAAF "A" Measurer

Athletics Canada Certified

BC-2015-040-BDC

Certification Expires Dec. 31/2024



Notes:

1. The race must be laid out as detailed in this map or the certification is void.
2. The route is measured using the full right lane for 0.5 km and then the shoulder, or where the the shoulder is less than 1.5 m, the right 1.5 m of the roadway.
3. Runners must constrained to the right side of the road from the start through to the crossover, at Industrial Way (at about 8.7 km). From there runners must be constrained to the left side. This can be easily done by using traffic cones on the curves.

