



Athletics Canada/Run Canada
Measurement Certificate

Name of the course La Valse des Coureurs Distance 10 km
Location (city) Laval (province) Québec
Type of course: road race calibration track Configuration: Loop
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 24 m Finish 26 m Highest 26 m Lowest 16 m
Straight line distance between start & finish 125 m Drop -0.2 m/km Separation 1.25 %
Measured by (name, address, phone & e-mail) Michel Brochu 11911 Poincare
Montréal, QC, H3L 3L6 and Louis Carry
Race contact (name, address & phone) Lyne Carry 12 rue Charpentier
Laval, QC, H7B 1A2 450-666-4330
Measuring Methods: bicycle steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: Aug. 9/2014
Race date: Aug. 24/2014 Course paperwork submission date: Nov. 11/2014
Expires: Dec. 31/2023 (if applicable) Certification code: QC-2014-138-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

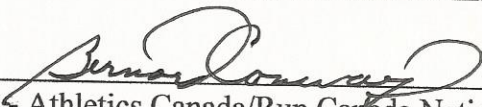
Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2023

AS NATIONALLY CERTIFIED BY:


Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: Nov. 27/2014

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Athletics Canada Certified

QC-2014-138-BDC

Certification Expires Dec. 31/2023

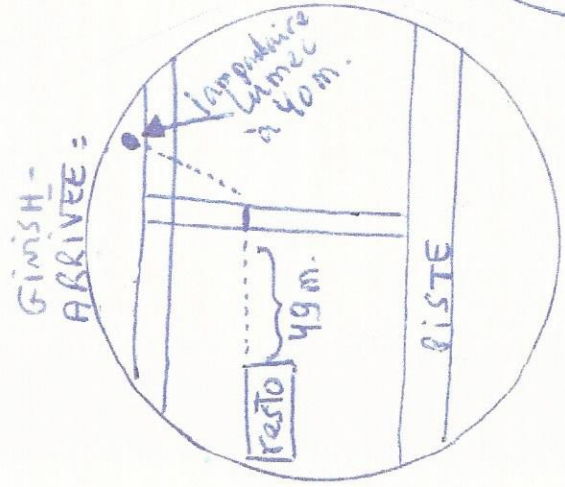
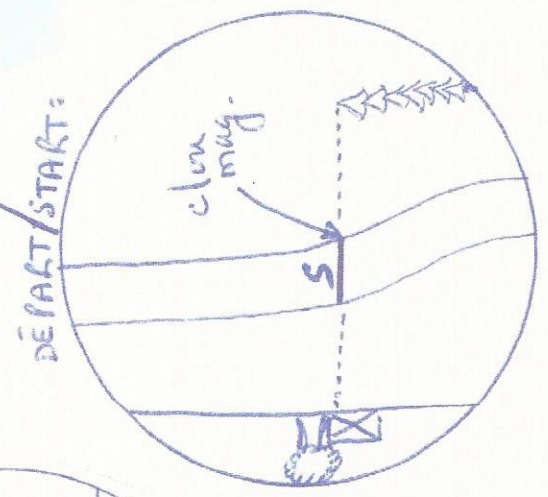


LA VALSE DES COUREURS

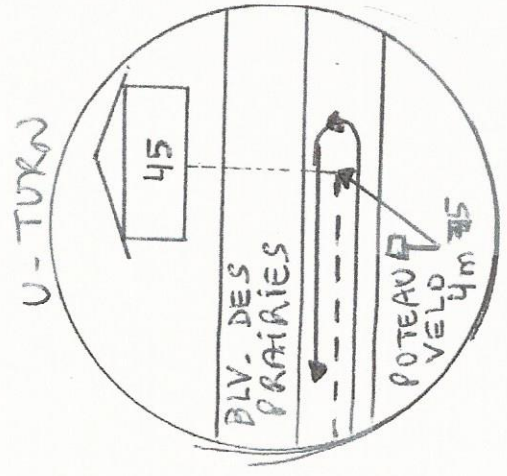
PARCOURS DU 10 KM

- Blv. Des Prairies:**
 1 M 50 de large vers l'est.
 1 M 50 de large vers l'ouest.
 1 voie pour les voitures.
- Rue Léo-Lacombe:**
 1 M 50 de large vers le nord.
 1 M 50 de large vers le Sud.
 1 voie pour les voitures.
- Rue Ampère:**
 Piste cyclable:
 1 voie vers le Sud.
 1 voie vers le Nord.

NOTE :



Mesuré par:
 Michel Brochu
 et Louis Carry
 Date: 9 AOÛT 2014



U-TURN:
 DEVANT le 350
 rue Ampère