



*Athletics Canada/Run Canada*  
**Measurement Certificate**

Name of the course Meech Lake Rd. 300 m Calibration Course Distance 300 m  
Location (city) Gatineau Park (province) Québec  
Type of course: road race calibration ☒ track Configuration: Point to Point  
Type of surface: paved ☒ dirt \_\_\_\_\_ gravel \_\_\_\_\_ grass \_\_\_\_\_ track \_\_\_\_\_  
Elevation (meters above sea level) 150 m  
Straight line distance between start & finish 300 m Drop 0 m/km Separation 100 %  
Measured by (name, address, phone & e-mail) Dave Yaeger 1254 Albany Drive  
Ottawa, ON, K2C 2L5 and Chris Chapman  
Contact (name, address & phone) \_\_\_\_\_

Measuring Methods: steel tape ☒ electronic distance meter  
Number of measurements of entire course: two Date(s) when course measured: Sept. 27/2014  
Course paperwork submission date: Oct. 21/2014  
Replaces: \_\_\_\_\_ (if applicable) Certification code: \_\_\_\_\_

**QC-2014-124-BDC**

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

**AS NATIONALLY CERTIFIED BY:**

Bernard Conway Date: Oct. 28/2014  
Bernard Conway - Athletics Canada/Run Canada National Certifier  
- IAAF/AIMS Grade A Measurer  
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

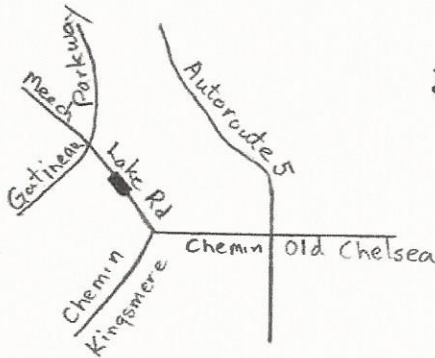
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: [measurer@rogers.com](mailto:measurer@rogers.com)

# CALIBRATION COURSE

## MEECH LAKE ROAD

### GATINEAU PARK, QUEBEC

300.00 m



KEY PLAN



Athletics Canada Certified

QC-2014-124-BDC

Prepared by:  
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