



Athletics Canada/Run Canada Measurement Certificate

Name of the course Emilie's Run Half Marathon Distance 21.0975 km
Location (city) Ottawa (province) Ontario
Type of course: road race calibration track Configuration: Loop
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 65 m Finish 61 m Highest 65 m Lowest 48 m
Straight line distance between start & finish 220 m Drop 0.2 m/km Separation 1 %
Measured by (name, address, phone & e-mail) Dave Yaeger 1254 Albany Drive
Ottawa, Ontario, K2C 2L5 613-738-4160 x5287
Race contact (name, address & phone) Terry McKinty 411 Lefebvre Way
Ottawa, Ontario, K1E 2W5 613-834-0656
Measuring Methods: bicycle steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: June 15/2014
Race date: June 21/2014 Course paperwork submission date: June 19/2014
Expires: Dec. 31/2023 (if applicable) Certification code: ON-2014-054-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2023

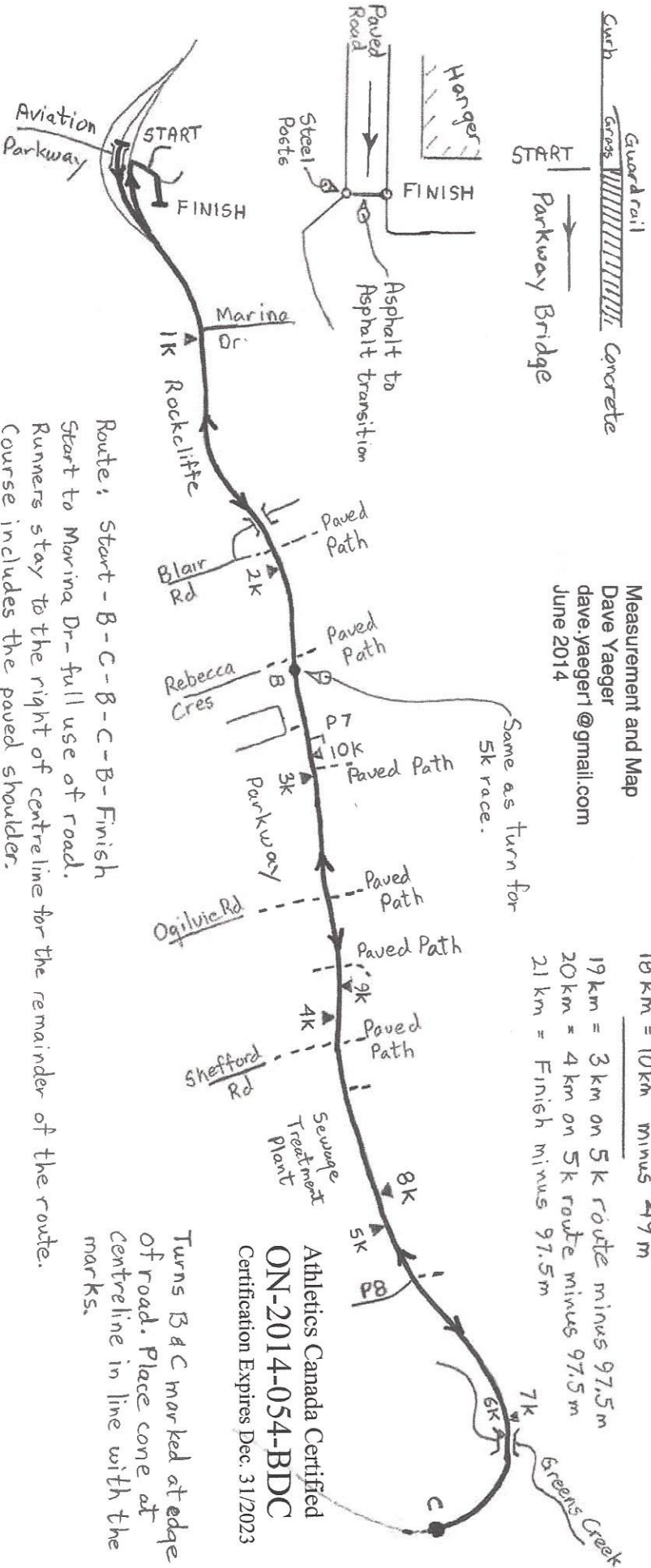
AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: June 22/2014
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

EMILIE'S RUN - HALF-MARATHON - OTTAWA, ONTARIO

- Start West end of Rockcliffe Parkway Bridge over the Aviation Parkway. See detail.
- 1 km Rockcliffe Parkway – S side 115m E of Marina Dr signpost on N side.
- 2 km Rockcliffe Parkway – S side 76m E of paved path to Blair Rd..
- 3 km Rockcliffe Parkway – S side 28m E of paved path to River. Path is located E of P7 on N side.
- 4 km Rockcliffe Parkway – S side 132m W of paved path to Shefford Rd.
- 5 km Rockcliffe Parkway – S side E of Sewage Treatment Plant office building. 218m W of P8 entrance.
- 6 km Rockcliffe Parkway – S side 2m E of expansion joint at W end of Greens Creek bridge
- Turn C Rockcliffe Parkway – S side 4.6m W of anchor block at W end of Guiderail located E of Greens Creek bridge. PK Nail 0.3m from edge of pavement.
- 7 km Rockcliffe Parkway – N side 60m W of paved path at W end of Greens Creek bridge.
- 8 km Rockcliffe Parkway – N side 139m E of E end of Guiderail W of P8. Where Parkway is right beside the River.
- 9 km Rockcliffe Parkway – N side 89m E of paved path to River. Path located W of Shefford Rd path.
- 10 km Rockcliffe Parkway – N side 58m W of paved path to River. Path located E of P7.
- Turn B Rockcliffe Parkway – S side 10.7m E of E side of paved path to Rebecca Cres. PK Nail 0.3m from edge of pavement. (Same as Turn for 5km Run)
- Return to Turn C; back to B and continue on to the Finish.
- Finish On paved road in front of Aviation Museum Hanger. See detail.



Measurement and Map
 Dave Yaeger
 dave.yaeger1@gmail.com
 June 2014

Same as turn for
 5k race.

11 km = 3 km minus 49 m
 10 km = 10 km minus 49 m
 19 km = 3 km on 5k route minus 97.5 m
 20 km = 4 km on 5k route minus 97.5 m
 21 km = Finish minus 97.5 m

Athletics Canada Certified
 ON-2014-054-BDC
 Certification Expires Dec. 31/2023

Route: Start - B - C - B - C - B - C - B - Finish
 Start to Marina Dr - full use of road.
 Runners stay to the right of centreline for the remainder of the route.
 Course includes the paved shoulder.

Turns B & C marked at edge of road. Place cone at centreline in line with the marks.